The Blue Star Mothers of America are looking for donations of care package supplies. Please view list below and help out if you can.

Mary Judkins MJudk@aol.com

We would like to add hand and feet warmers now, it is beginning to be winter months there and the troops get pretty cold thanks.

In an effort to help give some comforts of home, we gladly send out care packages to loved ones or entire units. Please email us if there is a way we can help out and give back to our troops.

Our wish list:

Beef Jerky / Slim Jims

Coffee (Ground or whole; instant or drip),

Instant Drink Mixes (Gatorade, Kool-Aid, Crystal Light)

Pumpkin Seeds / Sunflower Seeds

Tuna in foil pouches (no cans)

Protein Powders / Protein Bars / Cliff Bars

Hot Chocolate packets, Herbal teas, Powdered Energy Mixes

Hard Pretzels / Cheetos / Fritos / Chex Mix / Wheat Thins

Gum / Hard Candy (must be individually wrapped in large bags)

Granola Bars / Power Bars / Cereal Bars

Small Packs of Fig Newtons, Oreos, Cheese & Crackers

Trail Mix, Dried Fruit, Granola, Fruit Roll-Ups / Fruit By The Foot / Fruit Gummies

DRY SOUP: (Ramen Noodles / Cup-O-Soup: just add water)

NUTS: Peanuts, Mixed Nuts (salted preferred)

MICROWAVE FOOD (Popcorn, Chef-Boy-R-Dee, Mac'n'Cheese...)

COOKIES / Girl Scout Cookies (with chocolate: Oct. – Feb. only!)

Rice Krispie Treats (Store-bought only)

Hand and Feet Warmers

Items for the K 9 members, Dog treats and toys

Support Our Projects:

Collection of snack items are a great project for school, churches, companies and organizations.

We also accept monetary donations to help support the rising cost of shipping. Please make checks payable to: Blue Star Mothers NY#7 and mail to:

Blue Star Mothers of America, Inc.

Buffalo-Niagara NY #7

PO Box 2074

Buffalo, NY 14231-2074

We thank you in advance for your kindness, generosity and support of our troops and veterans