

Niagara Falls at Grand Island - 1/31/2006

Team Rankings - Through Event 24

Male Team Scores - Junior Varsity Division

Place	School		Points
1	Niagara Falls High School	NFHS	108
2	Grand Island	GI	69
Total			177.00

Male Team Scores - Varsity Division

Place	School		Points
1	Grand Island	GI	96.50
2	Niagara Falls High School	NFHS	88.50
Total			185.00

Niagara Falls at Grand Island - 1/31/2006**Individual Rankings - Through Event 24****Male Individual Scores - Varsity Division**

Place	Name	Year	School	Points
1	Adam Bakula	11	GI	12
2	John Rinker	11	NFHS	10
2	Brian Sawma	09	NFHS	10
2	Chris Duffin	11	NFHS	10
5	Ryan Benninger	11	GI	9
6	Sam Cale	08	NFHS	8
6	Zach Adams	9	GI	8
8	James Sica	10	GI	7
9	Noah Masur	10	NFHS	6
9	Jordan Stickl	11	GI	6
9	Ian O'Rourke	11	GI	6
9	Josh Kaplan	10	GI	6
9	Brendan Waddington	12	GI	6
14	Robert Swartz	11	NFHS	5
14	Thomas Polka	09	NFHS	5
14	Paul Holler	11	GI	5
17	Dave Benko	10	GI	4
18	Mike Soos	10	GI	3
18	Dan Gavidia		NFHS	3
18	Tim Gornbein	11	NFHS	3
21	Jordan Toth	10	GI	2.50
22	Greg Monin	12	NFHS	2
22	Rod Bovanizer	12	NFHS	2
24	Thomas McArdle	10	NFHS	1.50
25	Wesley Dillion	10	NFHS	1
25	Ryan Poole	12	NFHS	1
25	Daniel Boyer	10	NFHS	1

Male Individual Scores - Junior Varsity Division

Place	Name	Year	School	Points
1	Anthony Poupalos	10	GI	12
1	Kory Hozle	10	NFHS	12
3	Brandon Claps	07	NFHS	10
4	Joe Aladeen	9	GI	9
4	Dave Illig	10	NFHS	9
6	Scott Holler	9	GI	8
6	Mike Spacone		NFHS	8
6	Robert Hoy	08	NFHS	8
9	Ben Bakula	8	GI	7
10	Michael Collins	08	NFHS	6
10	Jeff Szczepaniak	9	GI	6
10	Nick D'Angelo	07	NFHS	6
13	Ben Tomkins	7	GI	5
14	Abel Blake	07	NFHS	4
14	Matt Laurrie	07	NFHS	4
14	Nick Miller	07	NFHS	4

Niagara Falls at Grand Island - 1/31/2006**Individual Rankings - Through Event 24**

Place	Name	Year	School	Points
17	Donald Hudson	07	NFHS	3
17	Tim Lewis	9	GI	3
17	Mike Jones	10	NFHS	3
17	Adam Asbach	8	GI	3
17	Michael Moore	07	NFHS	3
22	Vinnie Spada	8	GI	2
23	Kyle McArdle	07	NFHS	1
23	Chad Klender	07	NFHS	1

Niagara Falls at Grand Island - 1/31/2006**Results****Event 1 Men 200 Yard Medley Relay Junior Varsity**

Team	Relay	Finals Time	Points
1 Niagara Falls High School	A	2:15.52	8
1) Nick Miller 07	2) Kory Hozle 10	4) Robert Hoy 08	
35.64	1:13.85 (38.21)	1:45.46 (31.61)	2:15.52 (30.06)
2 Grand Island	B	2:24.89	4
1) Anthony Poupalos 10	2) Adam Asbach 8	4) Vinnie Spada 8	
35.56	1:16.87 (41.31)	1:53.28 (36.41)	2:24.89 (31.61)
3 Niagara Falls High School	B	2:37.45	2
1) Mike Jones 10	2) Nick D'Angelo 07	4) Donald Hudson 07	
42.09	1:27.63 (45.54)	2:06.09 (38.46)	2:37.45 (31.36)
4 Niagara Falls High School	C	2:54.84	
1) Kyle McArdle 07	2) Chad Klender 07	4) Bryan Young	
47.60	1:38.33 (50.73)	2:21.11 (42.78)	2:54.84 (33.73)
--- Grand Island	A	DQ	
1) Ben Tomkins 7	2) Scott Holler 9	4) Jeff Szczepaniak 9	
36.35	1:12.22 (35.87)	1:46.49 (34.27)	DQ (34.57)

Event 2 Men 200 Yard Medley Relay Varsity

Team	Relay	Finals Time	Points
1 Grand Island	A	1:50.20	8
1) Jordan Stickl 11	2) Ryan Benninger 11	4) Paul Holler 11	
26.36	56.95 (30.59)	1:25.42 (28.47)	1:50.20 (24.78)
2 Niagara Falls High School	A	1:55.17	4
1) Robert Swartz 11	2) Noah Masur 10	4) Wesley Dillion 10	
30.78	1:02.87 (32.09)	1:28.95 (26.08)	1:55.17 (26.22)
3 Grand Island	B	2:03.72	2
1) Adam Bakula 11	2) Mike Soos 10	4) James Rayhill 11	
28.75	1:03.85 (35.10)	1:37.20 (33.35)	2:03.72 (26.52)
4 Niagara Falls High School	B	2:16.97	
1) Daniel Boyer 10	2) Greg Monin 12	4) Tim Gornbein 11	
33.73	1:11.96 (38.23)	1:49.65 (37.69)	2:16.97 (27.32)
5 Niagara Falls High School	C	2:33.87	
1) Rod Bovanizer 12	2) Ted Weed 12	4) Dan Gavidia	
37.31	1:16.26 (38.95)	2:03.36 (47.10)	2:33.87 (30.51)

Event 3 Men 200 Yard Freestyle Junior Varsity

Name	Yr	School	Finals Time	Points
1 Dave Illig	10	Niagara Falls High School	2:32.97	6
32.98	1:11.15 (38.17)	1:51.79 (40.64)	2:32.97 (41.18)	
2 Robert Hoy	08	Niagara Falls High School	2:33.72	4
34.89	1:14.17 (39.28)	1:54.68 (40.51)	2:33.72 (39.04)	
3 Donald Hudson	07	Niagara Falls High School	2:39.98	3
37.22	1:18.77 (41.55)	2:00.96 (42.19)	2:39.98 (39.02)	
4 Adam Asbach	8	Grand Island	2:41.14	2
37.16	1:18.61 (41.45)	2:02.52 (43.91)	2:41.14 (38.62)	
5 Ben Tomkins	7	Grand Island	2:41.41	1
35.76	1:17.01 (41.25)	1:59.71 (42.70)	2:41.41 (41.70)	
6 Vinnie Spada	8	Grand Island	2:44.57	
36.14	1:18.75 (42.61)	2:03.15 (44.40)	2:44.57 (41.42)	

Event 4 Men 200 Yard Freestyle Varsity

Name	Yr	School	Finals Time	Points
1 John Rinker	11	Niagara Falls High School	2:04.22	6
28.07	59.87 (31.80)	1:32.78 (32.91)	2:04.22 (31.44)	

Niagara Falls at Grand Island - 1/31/2006**Results****(Event 4 Men 200 Yard Freestyle Varsity)**

	Name	Yr	School	Finals Time	Points
2	Zach Adams	9	Grand Island	2:05.74	4
	29.60	1:01.73 (32.13)	1:34.18 (32.45)	2:05.74 (31.56)	
3	James Sica	10	Grand Island	2:06.91	3
	28.93	1:01.31 (32.38)	1:34.28 (32.97)	2:06.91 (32.63)	
4	Sam Cale	08	Niagara Falls High School	2:09.21	2
	29.14	1:01.67 (32.53)	1:35.65 (33.98)	2:09.21 (33.56)	
5	Jordan Toth	10	Grand Island	2:14.37	.50
	30.31	1:04.46 (34.15)	1:40.17 (35.71)	2:14.37 (34.20)	
5	Thomas McArdle	10	Niagara Falls High School	2:14.37	.50
	29.31	1:02.59 (33.28)	1:38.51 (35.92)	2:14.37 (35.86)	

Event 5 Men 200 Yard IM Junior Varsity

	Name	Yr	School	Finals Time	Points
1	Anthony Poupalos	10	Grand Island	2:39.92	6
	37.42	1:17.86 (40.44)	2:04.25 (46.39)	2:39.92 (35.67)	
2	Ben Bakula	8	Grand Island	2:49.80	4
	37.33	1:20.43 (43.10)	2:09.88 (49.45)	2:49.80 (39.92)	
3	Nick D'Angelo	07	Niagara Falls High School	3:05.59	3
	42.48	1:32.37 (49.89)	2:25.60 (53.23)	3:05.59 (39.99)	
4	Michael Collins	08	Niagara Falls High School	3:06.95	2
	39.26	1:26.83 (47.57)	2:25.42 (58.59)	3:06.95 (41.53)	

Event 6 Men 200 Yard IM Varsity

	Name	Yr	School	Finals Time	Points
1	Adam Bakula	11	Grand Island	2:16.93	6
	28.82	1:02.37 (33.55)	1:45.01 (42.64)	2:16.93 (31.92)	
2	Brian Sawma	09	Niagara Falls High School	2:21.18	4
	29.03	1:05.18 (36.15)	1:46.72 (41.54)	2:21.18 (34.46)	
3	Ryan Benninger	11	Grand Island	2:25.08	3
	31.01	1:08.21 (37.20)	1:50.71 (42.50)	2:25.08 (34.37)	
4	Brendan Waddington	12	Grand Island	2:38.89	2
	37.52	1:17.73 (40.21)	2:04.52 (46.79)	2:38.89 (34.37)	
5	Greg Monin	12	Niagara Falls High School	2:46.86	1
	37.30	1:20.77 (43.47)	2:07.21 (46.44)	2:46.86 (39.65)	
6	Luke Brundage	09	Niagara Falls High School	2:55.78	
	39.59	1:25.17 (45.58)	2:15.99 (50.82)	2:55.78 (39.79)	

Event 7 Men 50 Yard Freestyle Junior Varsity

	Name	Yr	School	Finals Time	Points
1	Brandon Claps	07	Niagara Falls High School	27.32	6
2	Scott Holler	9	Grand Island	27.38	4
3	Joe Aladeen	9	Grand Island	29.41	3
4	Mike Spacone		Niagara Falls High School	29.54	2
5	Nick Miller	07	Niagara Falls High School	30.30	1
6	Jeff Szczepaniak	9	Grand Island	35.16	

Event 8 Men 50 Yard Freestyle Varsity

	Name	Yr	School	Finals Time	Points
1	Jordan Stickl	11	Grand Island	22.92	6
2	Chris Duffin	11	Niagara Falls High School	24.52	4
3	Paul Holler	11	Grand Island	25.71	3
4	Thomas Polka	09	Niagara Falls High School	26.08	2
5	Wesley Dillion	10	Niagara Falls High School	26.36	1

Niagara Falls at Grand Island - 1/31/2006**Results****(Event 8 Men 50 Yard Freestyle Varsity)**

Name	Yr	School	Finals Time	Points
6 James Rayhill	11	Grand Island	27.08	

Event 9 Men 1 mtr Diving Junior Varsity

Name	Yr	School	Finals Score	Points
1 Jeff Szczepaniak	9	Grand Island	116.40	6
2 Abel Blake	07	Niagara Falls High School	113.40	4
3 Michael Moore	07	Niagara Falls High School	89.75	3

Event 10 Men 1 mtr Diving Varsity

Name	Yr	School	Finals Score	Points
1 Ian O'Rourke	11	Grand Island	283.10	6
2 Dave Benko	10	Grand Island	143.55	4
3 Dan Gavidia		Niagara Falls High School	139.70	3
4 Rod Bovanizer	12	Niagara Falls High School	111.20	2

Event 11 Men 100 Yard Butterfly Junior Varsity

Name	Yr	School	Finals Time	Points
1 Anthony Poupalos	10	Grand Island	1:18.13	6
36.76		1:18.13 (41.37)		
2 Michael Collins	08	Niagara Falls High School	1:26.89	4
41.40		1:26.89 (45.49)		
3 Ben Bakula	8	Grand Island	1:27.92	3
39.18		1:27.92 (48.74)		
4 Matt Laurrie	07	Niagara Falls High School	1:28.55	2
41.10		1:28.55 (47.45)		
5 Tim Lewis	9	Grand Island	1:40.82	1
45.65		1:40.82 (55.17)		
6 Chad Klender	07	Niagara Falls High School	1:48.65	
49.95		1:48.65 (58.70)		

Event 12 Men 100 Yard Butterfly Varsity

Name	Yr	School	Finals Time	Points
1 Brian Sawma	09	Niagara Falls High School	1:00.04	6
27.28		1:00.04 (32.76)		
2 Josh Kaplan	10	Grand Island	1:02.98	4
29.70		1:02.98 (33.28)		
3 Thomas Polka	09	Niagara Falls High School	1:08.27	3
29.97		1:08.27 (38.30)		
4 Paul Holler	11	Grand Island	1:11.32	2
32.19		1:11.32 (39.13)		
5 Ryan Poole	12	Niagara Falls High School	1:47.54	1
49.45		1:47.54 (58.09)		

Event 13 Men 100 Yard Freestyle Junior Varsity

Name	Yr	School	Finals Time	Points
1 Mike Spacone		Niagara Falls High School	1:06.35	6
31.33		1:06.35 (35.02)		
2 Brandon Claps	07	Niagara Falls High School	1:07.09	4
31.36		1:07.09 (35.73)		
3 Mike Jones	10	Niagara Falls High School	1:12.10	3
35.29		1:12.10 (36.81)		

Niagara Falls at Grand Island - 1/31/2006**Results****Event 14 Men 100 Yard Freestyle Varsity**

	Name	Yr	School	Finals Time	Points
1	Chris Duffin	11	Niagara Falls High School	54.65	6
	25.78	54.65 (28.87)			
2	Zach Adams	9	Grand Island	57.39	4
	27.67	57.39 (29.72)			
3	Noah Masur	10	Niagara Falls High School	58.40	3
	26.76	58.40 (31.64)			
4	Robert Swartz	11	Niagara Falls High School	59.20	2
	28.32	59.20 (30.88)			
5	Mike Soos	10	Grand Island	1:02.98	1
	30.35	1:02.98 (32.63)			

Event 15 Men 500 Yard Freestyle Junior Varsity

	Name	Yr	School	Finals Time	Points
1	Kory Hozle	10	Niagara Falls High School	6:56.76	6
	33.19	1:12.18 (38.99)	1:53.73 (41.55)	2:35.91 (42.18)	
	3:18.77 (42.86)	4:03.60 (44.83)	4:48.02 (44.42)	5:32.47 (44.45)	
	6:17.06 (44.59)	6:56.76 (39.70)			
2	Robert Hoy	08	Niagara Falls High School	6:58.00	4
	34.87	1:15.57 (40.70)	2:41.80 (1:26.23)	3:26.38 (44.58)	
	4:09.55 (43.17)	5:37.88 (1:28.33)	6:20.16 (42.28)	6:58.02 (37.86)	
	6:58.00 ()				
3	Dave Illig	10	Niagara Falls High School	7:12.00	3
	34.92	1:14.48 (39.56)	1:57.13 (42.65)	2:41.40 (44.27)	
	4:57.23 (2:15.83)	5:42.71 (45.48)	6:28.40 (45.69)	7:11.61 (43.21)	
	7:50.84 (39.23)	7:12.00 ()			
4	Vinnie Spada	8	Grand Island	7:13.93	2
	36.95	1:18.89 (41.94)	2:02.83 (43.94)	2:47.35 (44.52)	
	3:31.62 (44.27)	4:17.25 (45.63)	5:02.51 (45.26)	5:47.69 (45.18)	
	6:32.34 (44.65)	7:13.93 (41.59)			
5	Adam Asbach	8	Grand Island	7:26.50	1
	39.59	1:23.12 (43.53)	2:09.36 (46.24)	2:55.68 (46.32)	
	3:41.99 (46.31)	4:28.92 (46.93)	5:15.59 (46.67)	6:01.11 (45.52)	
	6:45.57 (44.46)	7:26.50 (40.93)			

Event 16 Men 500 Yard Freestyle Varsity

	Name	Yr	School	Finals Time	Points
1	Sam Cale	08	Niagara Falls High School	5:58.85	6
	28.86	1:01.96 (33.10)	1:37.63 (35.67)	2:14.62 (36.99)	
	2:52.10 (37.48)	3:29.68 (37.58)	4:07.57 (37.89)	4:45.76 (38.19)	
	5:23.77 (38.01)	5:58.85 (35.08)			
2	Brendan Waddington	12	Grand Island	6:03.88	4
	32.63	1:07.85 (35.22)	1:44.49 (36.64)	2:22.50 (38.01)	
	3:36.65 (1:14.15)		4:13.71 ()	4:51.87 (38.16)	
	5:29.63 (37.76)	6:03.88 (34.25)			
3	Tim Gornbein	11	Niagara Falls High School	6:05.05	3
	31.83	1:07.49 (35.66)	1:44.33 (36.84)	2:22.79 (38.46)	
	3:00.28 (37.49)	3:37.63 (37.35)	4:15.91 (38.28)	4:54.71 (38.80)	
	5:32.20 (37.49)	6:05.05 (32.85)			
4	Jordan Toth	10	Grand Island	6:05.06	2
	32.35	1:08.89 (36.54)	1:47.22 (38.33)	2:26.29 (39.07)	
	3:03.49 (37.20)	3:40.64 (37.15)	4:17.71 (37.07)	4:55.03 (37.32)	
	5:31.51 (36.48)	6:05.06 (33.55)			

Niagara Falls at Grand Island - 1/31/2006**Results****(Event 16 Men 500 Yard Freestyle Varsity)**

Name	Yr	School	Finals Time	Points
5 Thomas McArdle	10	Niagara Falls High School	6:05.35	1
32.13	1:08.29 (36.16)	1:46.05 (37.76)	2:23.22 (37.17)	
3:01.78 (38.56)	3:40.14 (38.36)	4:17.47 (37.33)	4:55.32 (37.85)	
5:31.97 (36.65)	6:05.35 (33.38)			

Event 17 Men 200 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time	Points
1 Niagara Falls High School	A	2:07.45	8
1) Dave Illig 10	2) Donald Hudson 07	3) Brandon Claps 07	4) Mike Spacone
32.07	1:03.12 (31.05)	1:36.38 (33.26)	2:07.45 (31.07)
2 Niagara Falls High School	B	2:19.78	4
1) Michael Moore 07	2) Abel Blake 07	3) Nick D'Angelo 07	4) Mike Jones 10
36.16	1:11.92 (35.76)	1:47.59 (35.67)	2:19.78 (32.19)
--- Niagara Falls High School	C	X2:23.11	
1) Bryan Young	2) Matt Laurrie 07	3) Kyle McArdle 07	4) Michael Collins 08
33.74	1:11.04 (37.30)	1:49.96 (38.92)	2:23.11 (33.15)

Event 18 Men 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time	Points
1 Niagara Falls High School	A	1:39.19	8
1) Chris Duffin 11	2) Thomas Polka 09	3) Brian Sawma 09	4) John Rinker 11
25.14	50.37 (25.23)	1:14.88 (24.51)	1:39.19 (24.31)
2 Grand Island	B	1:41.63	4
1) Jordan Stickl 11	2) James Sica 10	3) Zach Adams 9	4) Brendan Waddington 12
23.10	48.95 (25.85)	1:14.73 (25.78)	1:41.63 (26.90)
3 Niagara Falls High School	B	1:46.51	2
1) Wesley Dillion 10	2) Kyle Ciszek 11	3) Sam Cale 08	4) Noah Masur 10
26.31	53.15 (26.84)	1:20.49 (27.34)	1:46.51 (26.02)
4 Grand Island	A	1:49.19	
1) Ryan Benninger 11	2) James Rayhill 11	3) Mike Soos 10	4) Ian O'Rourke 11
25.83	53.45 (27.62)	1:21.85 (28.40)	1:49.19 (27.34)

Event 19 Men 100 Yard Backstroke Junior Varsity

Name	Yr	School	Finals Time	Points
1 Joe Aladeen	9	Grand Island	1:14.37	6
36.43	1:14.37 (37.94)			
2 Scott Holler	9	Grand Island	1:15.79	4
37.50	1:15.79 (38.29)			
3 Nick Miller	07	Niagara Falls High School	1:15.86	3
36.54	1:15.86 (39.32)			
4 Matt Laurrie	07	Niagara Falls High School	1:33.66	2
45.29	1:33.66 (48.37)			
5 Kyle McArdle	07	Niagara Falls High School	1:45.18	1
49.30	1:45.18 (55.88)			

Event 20 Men 100 Yard Backstroke Varsity

Name	Yr	School	Finals Time	Points
1 Adam Bakula	11	Grand Island	1:01.54	6
29.64	1:01.54 (31.90)			
2 John Rinker	11	Niagara Falls High School	1:02.79	4
30.64	1:02.79 (32.15)			
3 Robert Swartz	11	Niagara Falls High School	1:05.85	3
31.80	1:05.85 (34.05)			

Niagara Falls at Grand Island - 1/31/2006**Results****(Event 20 Men 100 Yard Backstroke Varsity)**

	Name	Yr	School	Finals Time	Points
4	Josh Kaplan	10	Grand Island	1:06.09	2
	32.67	1:06.09 (33.42)			
5	Daniel Boyer	10	Niagara Falls High School	1:13.44	1
	35.14	1:13.44 (38.30)			
6	James Rayhill	11	Grand Island	1:19.09	
	35.91	1:19.09 (43.18)			

Event 21 Men 100 Yard Breaststroke Junior Varsity

	Name	Yr	School	Finals Time	Points
1	Kory Hozle	10	Niagara Falls High School	1:25.85	6
	40.46	1:25.85 (45.39)			
2	Ben Tomkins	7	Grand Island	1:32.99	4
	44.23	1:32.99 (48.76)			
3	Nick D'Angelo	07	Niagara Falls High School	1:39.92	3
	48.47	1:39.92 (51.45)			
4	Tim Lewis	9	Grand Island	1:41.40	2
	47.33	1:41.40 (54.07)			
5	Chad Klender	07	Niagara Falls High School	1:46.13	1
	51.28	1:46.13 (54.85)			

Event 22 Men 100 Yard Breaststroke Varsity

	Name	Yr	School	Finals Time	Points
1	Ryan Benninger	11	Grand Island	1:09.50	6
	32.82	1:09.50 (36.68)			
2	James Sica	10	Grand Island	1:10.77	4
	33.35	1:10.77 (37.42)			
3	Noah Masur	10	Niagara Falls High School	1:12.23	3
	33.31	1:12.23 (38.92)			
4	Mike Soos	10	Grand Island	1:15.60	2
	36.04	1:15.60 (39.56)			
5	Greg Monin	12	Niagara Falls High School	1:22.37	1
	38.53	1:22.37 (43.84)			
6	Luke Brundage	09	Niagara Falls High School	1:27.30	
	40.18	1:27.30 (47.12)			

Event 23 Men 400 Yard Freestyle Relay Junior Varsity

	Team	Relay	Finals Time	Points
1	Grand Island	A	4:23.08	8
	1) Anthony Poupalos 10	2) Scott Holler 9	3) Joe Aladeen 9	4) Ben Bakula 8
	31.11 1:04.43 (1:04.43)	1:34.40 (29.97)	2:06.65 (1:02.22)	
	2:37.59 (30.94)	3:12.98 (1:06.33)	3:44.92 (31.94)	4:23.08 (1:10.10)
2	Niagara Falls High School	A	4:42.31	4
	1) Dave Illig 10	2) Donald Hudson 07	3) Robert Hoy 08	4) Mike Spacone
	32.58 1:10.56 (1:10.56)	1:46.39 (35.83)	2:23.52 (1:12.96)	
	2:56.30 (32.78)	3:34.17 (1:10.65)	4:05.67 (31.50)	4:42.31 (1:08.14)
3	Grand Island	B	4:51.45	2
	1) Vinnie Spada 8	2) Adam Asbach 8	3) Tim Lewis 9	4) Ben Tomkins 7
	34.72 1:14.49 (1:14.49)	1:51.40 (36.91)	2:30.00 (1:15.51)	
	3:02.81 (32.81)	3:40.65 (1:10.65)	4:14.43 (33.78)	4:51.45 (1:10.80)
4	Niagara Falls High School	B	4:55.07	
	1) Nick Miller 07	2) Bryan Young	3) Mike Jones 10	4) Kory Hozle 10
	34.72 1:14.59 (1:14.59)	1:49.86 (35.27)	2:29.26 (1:14.67)	
	3:06.02 (36.76)	3:44.27 (1:15.01)	4:17.76 (33.49)	4:55.07 (1:10.80)

Niagara Falls at Grand Island - 1/31/2006**Results****Event 24 Men 400 Yard Freestyle Relay Varsity**

Team	Relay	Finals Time	Points
1 Grand Island	A	3:39.62	8
1) Paul Holler 11	2) Josh Kaplan 10	4) Jordan Stickl 11	
27.33 57.19 (57.19) 1:24.28 (27.09) 1:54.17 (56.98)			
2:20.27 (26.10) 2:49.39 (55.22) 3:13.19 (23.80) 3:39.62 (50.23)			
2 Niagara Falls High School	A	3:42.22	4
1) Thomas Polka 09	2) Sam Cale 08	4) John Rinker 11	
27.51 57.73 (57.73) 1:24.66 (26.93) 1:55.27 (57.54)			
2:20.21 (24.94) 2:49.04 (53.77) 3:13.73 (24.69) 3:42.22 (53.18)			
3 Niagara Falls High School	B	4:14.69	2
1) Tim Gornbein 11	2) Wesley Dillion 10	4) Robert Swartz 11	
30.94 1:04.20 (1:04.20) 1:34.76 (30.56) 2:08.57 (1:04.37)			
2:38.70 (30.13) 3:13.13 (1:04.56) 3:41.57 (28.44) 4:14.69 (1:01.56)			
--- Niagara Falls High School	C	X4:55.17	
1) Dan Gavidia	2) Ryan Poole 12	4) Rod Bovanizer 12	
32.87 1:13.27 (1:13.27) 1:50.84 (37.57) 2:33.94 (1:20.67)			
3:03.73 (29.79) 3:40.95 (1:07.01) 3:57.10 (16.15) 4:55.17 (1:14.22)			