

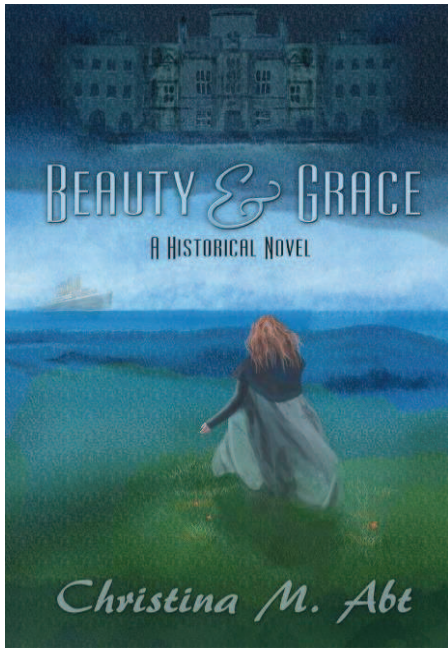
FRIDAY JUNE 7th * 10am * GRAND ISLAND GOLDEN AGE CTR

Beauty & Grace Presentation / Book signing

Free and Open to the Public

Featuring WNY Author

Christina M. Abt



Beauty & Grace is an intensely moving work of historical fiction telling the stories of Teagan Cormick and Grace Reid, women from different worlds and different eras, brought together within the haunting confines of Midland's Wood Haven asylum.

Teagan leads readers through her early life in Queenstown, County Cork, through to her youthful immigration to America and her chilling, involuntary commitment to Wood Haven following The Crash of 1929.

Grace arrives at Wood Haven in 1978, hired as a consultant to deinstitutionalize the ten remaining patients trapped for decades within the asylum walls and to deal with Midland citizens determined to prevent "asylum people" from moving into their community.

Together, Teagan and Grace lead Wood Haven patients from the dark past into new lives, in the process telling stories and sharing memories that form a lasting imprint in reader's hearts.

"Christina Abt's Beauty & Grace is a vividly rendered and expertly crafted historical novel that sweeps readers into a world of madness, mystery and romance. Fans of Maeve Binchy and Penny Vincenzi will enjoy this haunting tale that weaves between two unforgettable characters: Teagan "Beauty" Cormick, a kind-hearted 16-year old Irish immigrant wrongly committed to Wood Haven mental institution in 1929 and Grace Reid, a determined senior health care consultant who, five decades later, helps deinstitutionalize Wood Haven's remaining seniors from the asylum to the outside world. Together, Beauty and Grace unravel a nation's dark past in this compassionately told and stirring story of redemption and renewal."——Adrienne Sparks, Principal, Sparks Marketing and former Marketing Director at Doubleday, a division of Random House, Inc.

Christina M. Abt is the author of four books. **Chicken Wing Wisdom**, is based on women, their wisdom and food, and is a regional best-seller. **Crown Hill-A Novel of Love, Life and The Afterlife**, Christina's first book of historical fiction, is popular with readers across the country, earning five-star Amazon reviews. **"Heart and Soul,"** chronicles Christina's newspaper/radio commentary career. Christina recently completed a year-long interview project titled, **64 and More**, based her dream of traveling the world and telling stories of those she met along the way. She is the CEO of aBc Writing & Consulting.



www.christinaabt.com

