

**Join New York State Assemblyman Angelo Morinello for a special event with the Western New York Chapter of the Alzheimer's Association & HART, Inc. (Home Assistance Referral Team)**

**FREE**  
**Alzheimer's**  
**Awareness**  
**Seminar**

*For Families,  
Caretakers, and  
Seniors.*

**Wednesday, June 21**

**6:00 p.m. - 7:30 p.m.**

**Golden Age Center**

3278 Whitehaven Rd., Grand Island, NY 14072

**Free Events for Families,  
Caretakers, and Seniors**

**Learn about healthy living habits  
for your brain and body and  
resources for caring for a loved one  
with Alzheimer's or dementia.**

**Special Presentations by:**



HART (Home Assistance Referral Team) is a referral service that connects seniors and others with qualified care, allowing them to remain independent in their own homes. They will be presenting on services and ways that they can assist the community.



"Healthy Living for Your Brain and Body" Q&A to follow. For centuries, we've known that the health of the brain and body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.



**Register Today!**

Registration is done by scanning the Event Registration QR Code with a smartphone, going to <https://forms.gle/Sahzqqqu7NALFBZGk6>, or calling Assemblyman Morinello's District Office at (716) 282-6062 for assistance.



**Assemblyman  
Angelo Morinello**

**800 Main Street, Suite 2C  
Niagara Falls, NY 14301**

**716-282-6062**

**[morinelloa@nyassembly.gov](mailto:morinelloa@nyassembly.gov)**