



The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

April 2022

Flower: Daisy OR Lily

Birthstone: Diamond

Town of Grand Island
Golden Age Center

3278 Whitehaven Road
Grand Island, NY 14072

Phone: (716) 773-9682

E-mail: goldenage@grand-island.ny.us

Business Hours: 8am—4pm, Monday - Friday

Website: http://www.grandislandny.us/departments/golden_age/index.php

John Whitney
Town Supervisor

Christian Bahleda Tom Digati
Mike Madigan Pete Marston
Town Board

Jennifer R. Menter
Recreation Supervisor—Senior Citizen

Carrie Mesmer
Recreation Leader—Senior Citizen
Golden Age Center



Happy Birthday to those celebrating April birthdays!



April 2	Sharon Stevens-Downing & Susan Ventry	April 17	John Chin
April 7	Barbara Wilson	April 21	Heidi Travagline
April 8	Lucy Delavalle	April 22	Yvonne Turri
April 9	Gerald Kutis	April 23	Kathy Lechner
April 10	Patricia Haag	April 27	Tom Natale & Henry Mayer
April 12	Kathy Elias	April 28	Pat Ehinger & Joan Sumner
April 15	Jacque DesJardins-LoManto	April 29	Diane Goupil & Rick Magro
April 16	Lisa Macaluso		<i>Happy Birthday, Friends!</i>

Weekly Consistent Activities at the Golden Age Center

ATTENTION: NEW Recreation program measures will be in place prior to enjoying such programs. Please note the following PRIOR to your visit:

- *Front AND Back doors of the facility are **OPEN** to the Golden Age Center.*
- ***Please SIGN IN at the Office and let us know what program OR activity you are here to participate in; this is to ensure your safety and for us to keep accurate attendance.***
- Hand sanitizing throughout activity and hand washing is **strongly encouraged** often throughout your visit at the Hand Sanitizing stations. **PLEASE** ask for hand sanitizing pumps to be set out for these activities. (*ex. Card game tables, etc.*)
- Before leaving, you must **SIGN OUT** at the Office. This is for us to keep **accurate attendance** and that ensures that we know you have **safely exited** the building. *Our doors close at 3:45pm to start disinfecting the building for the night.*
- **Thank you for your cooperation! Have fun at the Golden Age Center! ENJOY!**

MONDAY

Independent Craft Activities: 8:15am—12:30pm; 2:15pm—3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Tai Chi: 9:00am with **Pat** in the Community Center

Chair Exercise: 10:00am with **Jenny** on the Stage

Quilting Club: 10:30am in the Arts & Crafts Room

Card Games & Dominoes: 9:00am –3:30pm in the Dining Area

Bridge: 12:30pm in the Dining Area *on the 2nd and 4th Mondays of the month*

Fun with French: 12:45pm with **Jen**

TUESDAY

Independent Craft Activities: 8:15am– 3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Total Body Workout: 9:45am with **Michelle** in the Community Center Beginner Line Dancing: 11:00am with **Richard** on the Stage

Canasta, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

Advanced Line Dancing: 12:45pm with **Richard** on the Stage

Bowling: 12:45pm with **Joanne** at Mallwitz Lanes (\$7 for 3 games)

WEDNESDAY

Independent Craft Activities: 8:15am –10:00am; 2:15pm—3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Pinochle, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

Artists' Haven: 10:00am in the Arts & Crafts Room

Chorus: 10:00am with **Don** on the Stage

****Fun with French**:** 12:45pm with **Jen** on the 3rd & 4th and Wednesdays of the month**

Bingo: 1:00pm with **Carrie** in the Dining Area (**EXCEPT the 1st Wednesday of the month**)

THURSDAY

Independent Craft Activities: 8:15am—12:45pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Pinochle, Dominoes, Euchre, AND Card Games: 9:00am –3:30pm in the Dining Area

Total Body Workout: 9:45am with **Michelle** in the Community Center

****NEW: Seniors in Stitches:** 1:00pm in the Arts & Crafts Room (*read inside Golden Voice for more details!*)

FRIDAY

Independent Craft Activities: 8:15am—9:30pm AND 12:15pm –3:30pm in the Arts & Crafts Room

Tai Chi: 9:00am with **Pat** in the Community Center**

Chess: 9:00am with **Brooks** on the Stage

TGIF Couponing: 9:15am - 10:00am in the Dining Area

Book Club: 10:00am in the Arts & Crafts Room

Poker, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

April 2022 Special Events

You must call the Golden Age Center at (716) 773-9682 to register for any of these programs in order to meet participant limits. **First come, first served!** Please give us your name and telephone number to register for the program (Payment ALSO for programs that have a cost, as payment holds your spot in the program). **Join in the fun with us!** Thank you!

Mondays in April: 1:30pm

Coffee Club with Carrie

Please join Carrie in the Dining Room each Monday to share what is coming up in the week ahead and check in with how we are all doing. Hot and cold beverages will be available for all to enjoy. Please be sure to come and join Carrie!

Wednesday in April, beginning at 1:00pm (EXCEPT for the 2nd Wednesday of the month) - April 6th, 20th & 27th

Afternoon of Games!

Did you know that we have some great games inside and outside (weather pending) in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this great opportunity.

Fridays in April: 1:00pm

Yoga, Mindfulness & Meditation with Soma Cura

Come and join the staff of Soma Cura for a free program of light yoga and meditation to center yourselves and work towards a stress-free and happier you! We have all navigated some crazy times over the last few years and it is time to concentrate on improving yourself while adding a healthy habit to your life. Register for this FREE program by calling our center at (716) 773-9682.

Friday, April 1: 12:45PM

Bingo Bonanza

For **\$1.00 for the first bingo board** and a dream, you too can try to win the PRIZE envelopes! Additional boards are available for just \$.25 each, and you may play up to four (4) boards. Come one, come all! Join us for laughs and lots of fun!

Monday, April 4: 11:30am

Lunch Movie Matinee

Today, we are enjoying the movie *Going in Style*, a comedy starring Michael Caine, Morgan Freeman, Alan Arkin and Ann Margaret. The movie premise is where the 3 friends enter some risky business because of their pension loss. The movie will start as we serve lunch, followed by some trivia throughout to win a prize. A special lunch will be served to go along with the movie! You will have to sign up for lunch as usual today between the hours of 8:00 – 10:30 am. Join us for this movie matinee!

Wednesday, April 6: 11:45AM for the Birthday Lunch; 12:45PM—1:45PM for the entertainment

Swinging Seventies Birthday Party with Don Petrino

Let's boogie together today, as today we are all enjoying the retro 70s for the day! Bring out your leisure suits, polyester, bell bottoms, and platform shoes, and bright neon colors for today's celebration. We will have a delicious lunch served at 11:45am, followed by the wonderful music performed by Don Petrino. Disco, dance the hustle, and have some fondue to start and end our celebration! **Let's get groovy!**

Thursday, April 7: 10:30AM

Cooking with Carrie- Making Candy Bark

Want to make a treat for yourself and to gift to someone? Come and make your own candy bark, and then later pack it up in a decorative gift bag. Due to the generosity of one of our members, cost is only **\$2.00** and you must register for this program by calling the senior center at (716) 773-9682. **Pre-registration is a MUST.**

Friday, April 8: 1:00pm

Pound Auction

Come prepared to bid on the **MYSTERY** pounds of stuff! We would like everyone to bring a pound of something, disguised in a box, gift bag, brown paper bag, or any way you can disguise or dream it up! The more creative, the **BETTER!** **Minimum bid starts at \$3.00 and goes up in \$.25.** Bring your dollar bills and change to bid in this fundraising auction. Come and support the **Golden Age Club** in this annual fundraiser! Join in the laughter and fun this afternoon with our funny Pound Auction!

Monday, April 11: 10:30AM

Travel Club

IT'S BACK!!! Join us today as we brainstorm about resuming our Day Trip program. While it will be a slow start to a return of a beloved program, it will be good to come together and think about places to go. Before suggesting places, it might be a good idea to check that places are still operational as COVID has not been kind to a number of businesses. Let's come together and share the excitement!

Tuesday, April 12 AND Tuesday, April 26: 8:15AM departure

Walmart Trip

Sign up at the Office or by calling (716) 773-9682 to be dropped off at Walmart in Niagara Falls and picked up 2 hours later. Limited seating and limited bags allowed. Please see or talk to Staff for more details.

Tuesday, April 12: 9:00AM departure

Broadway Market & Polish Villa Day Trip

Sign up early for this day trip to the Broadway Market and to the Polish Villa for lunch. See Office staff for more information. **Cost is \$23 per person and lunch is on one's own. Travel with us!**

Wednesday, April 13: Social Group Respite Program Time: 1:30pm—4:30pm Place: Community Center

Attention caregivers of people with Alzheimer's disease or a related dementia: A dementia-specific respite program runs today and every 2nd Wednesday of the month from 1:30pm until 4:30pm in the **Community Center on the Nike Base**. This is a social group respite that we find benefits people with dementia and their caregiver. This respite is fun-filled with EIGHT varied activities planned throughout the course of the program. Great friendships and fun take place here! Please call Jennifer Menter at (716) 773-9682, option 2, for more information on this social program.

Wednesday, April 13: 4:30PM—8:30PM

Wednesday Night at the Golden Age Center

Catered dinner with the Village Inn and Trivia Fun after or engage in independent activities of choice. You must register with the Office and pay upon registration. You must pay in advance when you register and only cash can be accepted as the money is turned over to the restaurant. **Cost is \$15.00.** Call us at (716) 773-9682 for more information. Reservations **WILL NOT** be accepted for dinner after the close of business on Friday, April 8.

Thursday, April 14: 10:45AM

Easter Egg Hunt

Come in this morning and join in the holiday fun of our annual Easter Egg Hunt. All the "eggs" will be hidden inside the center by our staff member Pat. Try & win some great prizes! Find the Golden Easter Egg and win our SPECIAL PRIZE! Special treats will be hidden... try to find along the way!

Wellness Wednesdays:

Come on in anytime between 9:30am -10:00am on the following Wednesdays to check in with your Wellness! Get your blood pressure taken, and get helpful tips on wellness, self-care, stress management tips, and MORE! Give yourself a tune up and check in with Jen on one-on-one with her in the Dining Area during these times:

April 6

April 20

Gym equipment & piano

On the Stage, the Golden Age Center has a stationary bike, a NEW incumbent bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

Members who use this equipment will SIGN IN at the Office, will sign a waiver & will be shown how to properly use the equipment. **WE ALSO HAVE A PIANO TO PLAY! The gym equipment and piano are available for use (and will be disinfected after each use):**

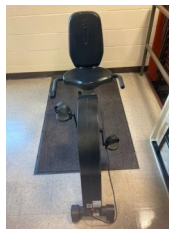
Mondays & Fridays: 8am—3:30pm

Tuesdays: 8-9am; 3-4pm Wednesdays: 11:30am—3:30pm

Thursdays: 8am—3:30pm

Take a look at our Gym equipment & piano you can use...don't miss out!

Incumbent bike



Stationary stepper & stationary peddles

Stationary Bike



Rowing machine

Piano



Go GREEN with us and SAVE OUR EARTH! Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: _____

Phone Number: _____

E-mail Address: _____

Thursday, April 14: 1:00PM

Musical Bingo

Come in this afternoon and join in on a “twist” on our normal Bingo game....Musical Bingo!

Friday, April 15: 9:00AM & 9:30AM

Good Friday Events

Today, our senior center only open until 12PM. Come and join in at 9:00AM for a Springtime Sing-Along with Don Hamman on the organ and then at 9:30AM, stay for the **Easter Continental Breakfast**. Cost for the breakfast is **\$2.00**.

Friday, April 15: *Good Friday;* the *Golden Age Center* will be **CLOSED from 12:00pm –4:00pm**.

Sunday, April 17: Easter Sunday

This Easter, I'm wishing you and your family to have a prosperous and peaceful life. May you be blessed with a home filled with harmony, joy and love. Easter brings fun, Easter brings happiness, Easter brings endless blessings, Easter brings love and the freshness of spring. Happy Easter to you and your family!

Monday, April 18: *Golden Age Center is CLOSED today for Staff Training.*

Tuesday, April 19: 10:30 AM

Crafting for a Cause

PLEASE BRING IN AN OLD T-SHIRT, IF YOU CAN!

Today we will be packing items to give to various organizations. Please join us as many hands make light work!

Thursday, April 21: 12:30PM

Executive Board Meeting

Club President Anna Vaccaro asks for the presence of the Executive Board together for their monthly meeting, to discuss Club business and to discuss upcoming events and MORE. Officers, mark your calendars and join us. Anna looks forward to seeing everyone then!

Friday, April 22: 11:00AM-12:30PM

Grand Island Memorial Library Bookmobile

Join Bridgette and the Grand Island Memorial Library staff today as they come here to the Golden Age Center to bring their mobile Bookmobile! Register to get a new library card, learn more about the programs and services the local library provides, AND be able to check out NEW titles of library books. Check out all that our local library has to offer our community!

Monday, April 25: 10:00AM-12:30PM

Pantry Makeover

Having a healthy, stocked pantry can solve a meal challenge in a flash. Learn how to choose items for your pantry that are nutritious, have a long shelf life and can be used to make easy and delicious meals. Select heart-healthy staples from a mock pantry and transform them into a tasty family dinner. Join Jen for this *Healthy for Life Healthy Experience, from the American Heart Association*. **Each participant will taste a new recipe, will receive a FREE gift, AND will walk away with great new healthy workbook & Learning opportunity!**

Wednesday, April 27: Volunteer Appreciation Luncheon

Time: 11:45am lunch; 12:30pm presentation

Join us as we celebrate, honor, and thank the MANY volunteer friends that share their time, talents, and help us run many of the services here at the Golden Age Center. Come and join us for this incredible celebration!

Wednesday, April 27: 4:30pm –8:30pm

Wednesday Night at the GAC- Potluck Dinner and Crafting with Hammer & Stain

Sign up for the Potluck and let us know what dish you would like to bring to share with your friends! Dinner will be at 5:00pm. Should you decide to do the wood block craft with *Hammer & Stain*, the cost is **\$20** and you must pay upon registration. **Due to the nature of the craft and to ensure that all supplies are available and ready, you must register by Wednesday, April 20th.**

Thursday, April 28: General Meeting of the Golden Age Club

Time: General Meeting at 11:15am; lunch to follow

Place: Dining Area

The day will start with the General Meeting at 11:15am, followed by our delicious lunch and great company of our friends. ***All WINTER, please consider bringing a canned good, boxed food (cereal, pasta, etc.) or paper product (tissues, toilet paper, paper towels, etc.) to support the less-fortunate in our community, especially this winter, all to support the Neighbors Foundation.* Thank you, in advance, for your thoughtful consideration. <3**

Friday, April 29: 9:00AM departure

Vidler’s & Made in America Store Day Trip

Sign up early for this day trip to Vidler’s and the Made in America. The GAC van will leave at 9:00AM. Lunch is on one’s own in the village of East Aurora. There is limited availability for this trip, as we are using one of the Golden Age Center vehicles for this trip. See Office staff for more information. **Cost is \$10 per person and lunch is on one’s own.**

In-Home Covid Vaccination is now available through Erie County. If any of you want the vaccine, and you are homebound for any reason, you can call: (716) 858-2929 to request an in-home vaccination.

Hours are: Monday—Friday, 8:30am—5:00pm



Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 on Special Event days.





Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert, and beverage

Birthday Lunch includes: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert **Each entrée includes: 4 oz. meat, 4 oz. fruit, 4 oz. vegetables, & 4 oz. starch**

April 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<p>Two Soups and a Scoop includes two delicious soups and a scoop of a delicious, to be determined, salad (ex. Chicken salad) to be enjoyed, along with fruit, crackers, and dessert!</p>		<p>Update: You MUST call the DAY OF to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time.</p>			<p>1 Two Soups and a Scoop</p> 	2
3	4 Hamburgers, Tater Tots, & Floats	5 Grilled Chicken over Fresh Garden Salad with Fruit	6 70s Birthday Lunch \$6 Fondue with Boeuf Bourguignon	7 Ham & Swiss Melt with Tater Tots	8 Two Soups and a Scoop	9
10	11 Travel Club Swiss Chicken with Rice	12 Brunch for Lunch! Egg Bake Casserole with French Toast Sticks & Sausage	13 Pulled Pork with Homemade Mac & Cheese	14 Open Faced Roast Beef with Mashed Potatoes	15 Continental Good Friday Breakfast 9:30am \$2	16 ← We close at 12pm on Good Friday. ←
17 	18 CLOSED 	19 GAC Dyngus Day Pierogi with Sour Cream, Applesauce & Broccoli	20 Hobo Pack with Applesauce	21 Executive Board Meeting \$5 Chicken Pot Pie with Ambrosia	22 Two Soups and a Scoop	23 ←  ←
24	25 Chicken & Rice Casserole	26 Spring Cookout! Hot Dog Bar with the fixings, Chips, Baked Beans, & Pickle	27 Volunteer Appreciation Luncheon Open Faced Turkey with Stuffing	28 General Meeting \$5; Lunch@12PM Pot Roast with Mashed Potatoes and Green Beans	29 Two Soups and a Scoop	30

Updates from Jen's Desk...March has been magnificent!



New Dart Board



Sewing Machines



Happy St. Patrick's Day!



NEW, Cozy Welcoming Foyer



Displaying Member Artwork

Here are a few UPDATES that I wanted to share with you this month:

- We have some Rapid COVID –19 Test Kits available for our members. Should you need some, please come in and ask to pick up your allotment. *First come, first served.*
- **ATTENTION: Please read this carefully:** Our mandates have changed QUICKLY. With that being said, here are the following changes that have taken place this month: *The mask mandates are no longer in place, as well as social distancing. We are NO LONGER asking our 3 COVID questions as you enter our building. Please know that as you enter our building from the front door or the back door, we will welcome you to our senior center and sign you in, and will ask you what program you will be participating in. Remember to sign out with us as you leave the senior center for the day; this is for your safety. Our normal cleaning and disinfecting will happen throughout the day. Should you wish to stay for lunch, drinks, silverware and napkins will be passed out to you, and then participants will walk up to the Kitchen window to pick up their meals. Those who wish to brown bag their lunch, we welcome you with open arms! Thank you for abiding by the rules and being respectful of one another! We appreciate your respectfulness and we appreciate your cooperation.*
- Calling all artists and creative spirits! We have a new *Featured Member Artists* area in our senior center, and we KNOW how talented you ALL are! We welcome members that wish to display art work of their very own! Should you wish to display your work, please contact Jen at (716) 773-9682!
- Take out meals will cost **\$1** extra, to defray the cost of the container. Should you return the container, you will receive your **\$1** back. This is due to the rising costs of take out containers, due to the Styrofoam ban. *Thank you for understanding.*
- Feel free to bring a plastic container to bring home your leftovers from lunch home in if lunch is too big for you. We strive to make lunch your biggest meal of the day. You may also brown bag your lunch anytime here too! Join us for lunch and enjoy the comradery and friendship.
- The **Mobile Food Pantry** will be at the **St. John de LaSalle Church** in Niagara Falls at 12:00pm on the following dates: *April 8, 2022; May 13, 2022; and June 10, 2022.* Numbers will be handed out at 11:30am for the lucky recipients of this food.

Refresh & Renew!

Stay well and be well, Jen



Senior Wishes is seeking wish applicants

Senior Wishes, a WNY non-profit founded by the United Church Home Society, strives to fulfill wishes that may have been set aside by older adults. As vaccinations increase and our communities safely re-open, Senior Wishes is looking forward to re-engaging with qualifying seniors.



A wish can be any meaningful experience the recipient deeply desires. Past wishes have included visiting museums, celebrations for milestone birthdays, and lessons or supplies to revisit an abandoned hobby. Sometimes, a senior just needs a small household item to bring them some cheer.

According to Wendy Miller Backman, Executive Director, "Senior Wishes was created to foster respect and appreciation by providing seniors with a life enriching experience to be remembered. These are people who have spent their lives serving our country, caring for others, volunteering in the community and raising their families. We want them to know they are not forgotten."

Qualifying seniors may submit an application which is reviewed bi-monthly by a volunteer wish granting committee. After approval, a Senior Wishes representative will work together with the senior to plan the details of their wish. Community members are encouraged to reach out to deserving seniors, talk to them about their needs/dreams, and help them fill out the paperwork.

Wish recipients must be 65+ and a resident of Western New York with an annual income under \$38,000 for a household of one or under \$44,000 for a household of two. Permanent residents of care facilities are exempt from the income qualification.

Vacations, medical items, furniture, household repairs, bill payments and travel outside of the continental U.S. are excluded.

Full details can be found at www.SeniorWishes.org or by calling Wendy at (716) 508-2121.

Change your clock,



Don't forget to change the batteries in your clocks and in your carbon monoxide detectors and smoke alarms this month!



Keep our Nike Base looking beautiful and join us for a pop-up Earth Day event and celebration on Friday, April 22 at 10am in the Dining Area! More details will be forthcoming!



Senior Bowling has started at 12:45pm on Tuesdays. Bowling is open to all seniors, regardless of bowling skill. Come out to Island Lanes for a fun afternoon of fowling and friendship. The cost is \$7 and covers 3 games, shoes and a bowling ball if you need it. Any questions? Please call Joanne at (716) 773-5698.

A warm *welcome* to all our new members of the Golden Age Center,

as of March 2022:

Jody Slipko Theodore Slipko Alan Minney John Gibney
Patti Schwarzkopf JoAnn Mallo Lisa Macaluso David Macaluso

We welcome new members to join us for our programs, on our many programs, special events, for our transportation needs, our home-cooked lunch program, and MORE!



Our Coffee for the Month for April has been graciously donated by **Erin Monnett**, in memory of Pumpkin, and we are grateful for their thoughtful generosity and support! *This program will continue due to the generosity of our Golden Age Center friends!*



The Try & Buy Clothing Closet has CLOSED for the WINTER!

The Try & Buy has CLOSED for the winter months! We hope that Golden Age members have enjoyed it! The closet is now used as a coat closet, for people to hang their coats and for people to put their boots. In here, we also have: our Lost & Found, items to loan out from the Lions Club Closet, and our collection bin for the Neighbors' Foundation. The Try & Buy will reopen again in April.

Thank you for your participation & support!



NEW! Monthly Lunch Drawing:



Each month, we will have a drawing for two lunch tickets at the *Golden Age Center*. Each day you participate in the lunch program, you may fill out a slip and put it in the Monthly Lunch Drawing.

The winner will be drawn the last day of the month. ***Lucy Delavalle* is the WINNER for the month of February! CONGRATULATIONS!**

Golden Age Center Pantry & Closet



Did you know? The Golden Age Center has a small pantry of **food, toiletries, paper products, small appliances, a closet of bedding, and other special items** that have been gathered due to the generosity of Golden Age members, to help other Golden Age members in need.

Are you in need of help? Don't let food and item insecurities hurt you or your family. Call (716) 773-9682 and ask to speak to *Jen, confidentially*, about your situation.

AARP Tax Preparation—February—April 2022

The **Golden Age Center** is not hosting AARP Tax Aide Service this year, BUT, NO FEAR! For your tax preparation needs, the following locations are hosting the AARP Tax Preparation Service for seniors. ***Please call the following locations to set up your appointment:*** *Amherst Senior Center @ (716) 636-3055, ext. 3108; calls are only accepted between 11am –1pm.

*Town of Tonawanda Senior Center @ (716) 874-3266

*By calling 211, ask to make an appointment for the AARP Tax Preparation Program at the Kenmore Library on Delaware Road, and the volunteer representative will set up an appointment once all details are finalized and they will make sure your tax return is something they can handle as well AND will go over the proper documentation required.



Members we lost in March 2022:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

Members that were sick in March 2022:

Millie Attrino

Ruth Cunningham

John Leszczak

Larry Schupp

Garry Deutschlander

Lee Cohen

Elaine Miller

Neighbors Foundation of Grand Island

stands ready to help with food for families who find themselves temporarily in financial difficulty. Long-term or repeat help must come from government social services or staffed help agencies, but the Neighbors Foundation can provide emergency help. To start a request for help, phone:

(716) 773-4684



Important Phone Numbers to know: Who do you call when you need help?



Crisis Services: (716) 834-3131

2-1-1: available 24 hours a day, 7 days a week. Free and confidential referral service. Human & social services, emergency housing, legal services, domestic, health & wellness, food & nutrition, mental health, support groups, & developmental disabilities

Erie County Senior Services: (716) 858-8526

HEAP: (716) 858-7644