



# The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

April 2023

Flower: Daisy OR Lily

Birthstone: Diamond

Town of Grand Island  
**Golden Age Center**

3278 Whitehaven Road  
Grand Island, NY 14072

Phone: (716) 773-9682

E-mail: [goldenage@grand-island.ny.us](mailto:goldenage@grand-island.ny.us)

**Business Hours: 8am—4:00pm,  
Monday - Friday**

Website: [www.grandislandny.us/280/Golden-Age-Center](http://www.grandislandny.us/280/Golden-Age-Center)

**John Whitney**  
Town Supervisor

**Christian Bahleda Tom Digati**  
**Mike Madigan Pete Marston**  
Town Board

**Jennifer R. Menter**  
Recreation Supervisor—Senior Citizen

**Carrie Mesmer**  
Recreation Leader—Senior Citizen  
Golden Age Center



**Happy Birthday to those celebrating April birthdays!**



April 2	Sharon Stevens-Downing & Susan Ventry	April 17	John Chin
April 7	<b>Barb Wilson</b>	April 21	Heidi Travagline
April 8	Lucy Delavalle & Margery-McKinney Burkman	April 22	Yvonne Turri
April 9	Jeff Kirsch & Gerald Kutis	April 22	Barbara Girardo
April 10	<b>Robert Porter</b>	April 23	Kathy Lechner
April 12	<b>Kathy Elias</b>	April 27	Henry Mayer & Tom Natale
April 15	Jacque DesJardins-LoManto	April 28	Pat Ehinger & Joan Sumner
April 16	<b>Lisa Macaluso</b>	April 29	Diane Goupil & Rick Magro

# Weekly Consistent Activities at the Golden Age Center

**ATTENTION:** Please note the following PRIOR to your visit:

- Front **AND** Back doors of the facility are **OPEN** to the Golden Age Center.
- Please **SAY HELLO** at the Office and let us know what program **OR** activity you are here to participate in; **this is to ensure your safety and for us to keep accurate attendance.**
- Hand sanitizing throughout activity and hand washing is **strongly encouraged** often throughout your visit at the Hand Sanitizing stations. **PLEASE** ask for hand sanitizing pumps to be set out for these activities. (*ex. Card game tables, etc.*)
- Before leaving, please **SIGN OUT** at the Office. This is for us to keep **accurate attendance** and that ensures that we know you have **safely exited** the building.

**Thank you for your cooperation!**

**Have fun at the Golden Age Center! ENJOY!**

## MONDAY

Independent Craft Activities: 8:15am—12:30pm; 2:15pm—3:30pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Tai Chi: 9:00am with **Pat** at the Community Center

**\*\*Fit for Life!:** 10:00am with **Jenny** on the Stage

Quilting Bee: 10:30am with **Jan** in the Arts & Crafts Room

Card Games & Dominoes: 12:30pm –3:30pm in the Dining Area

Fun with French: 12:45pm with **Jen** in the Arts & Crafts Room

Bridge: 12:30pm in the Dining Area **on the 2nd and 4th Mondays of the month** Knitting & Crocheting: 2:15pm in the Arts & Crafts Room

## TUESDAY

Independent Craft Activities: 8:15am– 3:30pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Total Body Workout: 9:45am with **Michelle** at the Community Center

Beginner Line Dancing: 11:00am with **Richard** on the Stage

Canasta, Dominoes & Card Games: 12:30pm –3:30pm in the Dining Area

Advanced Line Dancing: 12:45pm with **Richard** on the Stage\*\*

Bowling: 1:00pm with **Joanne** at Mallwitz Lanes (\$7 for 3 games)

**NOTE: Jenny's class, Fit for Life on Mondays, is a low-impact, strengthening & balance class for ALL ABILITY levels.**

## WEDNESDAY

Independent Craft Activities: 8:15am –10:00am; 2:15pm—3:30pm in the Arts & Crafts Room

Walking Club: meet at 9:00am at the Golden Age Center (*see inside newsletter for details*)

Billiards games: 8:15am onward in the Lounge

Hall Walking: 9:00am in the Golden Age Center

Pinocle, Dominoes & Card Games: 12:30pm –3:30pm in the Dining Area

Artists' Haven: 10:00am in the Arts & Crafts Room

Chorus: 10:00am with **Don & Bobbie** on the Stage

**\*\*Fun with French\*\*:** 12:45pm with **Jen** on the 3rd Wednesday of the month in the Arts & Crafts Room

Bingo: 1:00pm with **Carrie/Erin** in the Dining Area (\*\*EXCEPT the 1st Wednesday of the month\*\*)

**Mahjongg - meets Wednesdays OR Thursdays at 12pm**

## THURSDAY

Independent Craft Activities: 8:15am—12:45pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

**\*\*NEW:** Matter of Balance Exercises: 1:00pm in the Dining Area

Pinocle, Dominoes, Euchre, AND Card Games: 12:30pm –3:30pm in the Dining Area

Total Body Workout: 9:45am with **Michelle** at the Community Center

Knitting & Crocheting: 1:00pm in the Arts & Crafts Room

**\*\*Seniors in Stitches:** 1:00pm in the Arts & Crafts Room (*read inside Golden Voice for more details!*)

## FRIDAY

Independent Craft Activities: 8:15am—9:30pm AND 12:15pm –3:30pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Tai Chi: 9:00am with **Pat** at the Community Center

Chess: 9:00am with **Brooks** on the Stage

TGIF Couponing: 9:15am - 10:00am in the Dining Area

Poker, Dominoes & Card Games: 11:00am –3:30pm in the Dining Area

Book Club: 10:00am in the Arts & Crafts Room

Chair Yoga, Mindfulness & Meditation with Soma Cura: 1:00pm at the Community Center

# April 2023 Special Events & Programs

*New Consistent Programs...come and join us!*

**Wednesdays in April (5, 19, & 26): 11:00AM-1:00PM**

*Afternoon of Games!*

Did you know that we have some great games inside and outside (weather pending) in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this.

**Wednesdays, continuing in April: starting at 9:00AM**

*Hall Walking*

Work on yourself, or your goals, as we start a new activity: walking in the center for exercise. Carrie will have surprises on occasion as we reach our personal milestones and **just have fun!** Please register at the Office or by calling (716) 773-9682.

**Thursdays, continuing in April: starting at 1:00PM**

*Matter of Balance Exercises*

Many older adults experience concerns about failing and restrict their activity. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels. Come join us for this 45-minute gentle exercise and stretching class. **Invest in yourself!**

\*\*\*\*\*

**Tuesday, April 4 9:00AM – 11:00AM**

*Highmark BlueCross/BlueShield of WNY*

Join the Highmark BlueCross and BlueShield of WNY representative for Grand Island, John Weatherby, as he will be on-site today to discuss plans, answer questions about your current plan or work to resolve any problems you may be having with your plan. We look forward to seeing you there.

**\*\*Tuesday, April 4: 10:30AM\*\* (Note the DATE change this month)**

*Travel Club Meeting*

**Join us as Travel Club resumes!** Carrie will discuss upcoming day trips. Come prepared to sign up with payment and as to be fair, no reservations can be made without it. Suggestions of places to visit are **ALWAYS WELCOME!** Please join us as our **friends from the Buffalo Philharmonic Orchestra join us in discussing the Coffee Concert 2023-2024 concert series offerings, for both the Pops and Classical concert series.** Please keep in mind, that many trips may have to be chartered with a bus company, which unfortunately, drives up the price a bit. Come and join the conversation! Let us come together and share the excitement!

**Tuesday, April 4 1:00PM**

*Celebrating Opening Day of the Bisons Baseball Season*

The Bisons will play the season opener today against the Worcester Red Sox at 2:05pm. We, however, will stay warm inside and discuss this year's roster, watch the iconic "Who's on First?" with Abbot and Costello, along with a few baseball activities.

**Wednesday, April 5: 9:30AM**

*Birthday Party Set-Up*

Want to join in and give a hand? We will be meeting in the Dining Area to put up decorations for this afternoon's birthday party. Many hands make light work!

**Wednesday, April 5: 12:00PM; 12:45PM – 2:00PM for the entertainment**

*No Foolin' Birthday Party*

You will be amazed at our mysterious April Fools' Day menu! Come and enjoy this mysterious menu then stay as Chris Johnson, a mentalist, entertains you with his abilities. It is a one-of-a-kind show and lots of fun.

**Wednesday, April 5: 10:30 AM**

*Ceramics Class*

This morning, in the Arts & Crafts Room, we will work on a ceramic project that you can choose. Currently, there is no fee. If you already had a project in the works, you are encouraged to work on it, to complete it, before moving on to another project. Let your creativity FLOW!

**Thursday, April 6: starting at 9:30AM**

*Easter EGGstravaganza*

Today, we will be celebrating Easter with a variety of activities: our traditional, annual Easter Egg Hunt begins at 9:30AM, then we move into our special edible craft by crafting a Bunny Trail Mix (**\$2 fee**). Then, we will end our Easter celebration with a traditional Easter Meal.

**Friday, April 7: starting at 9:30AM**

*Good Friday Activities*

We'll begin our day here with our annual Good Friday Brunch. Once we are done feasting, we will play special Bunny Bingo games beginning at 10:11am. Just a gentle reminder, we will close our senior center at NOON.

**Monday, April 10: CLOSED**

The Golden Age Center is CLOSED for Staff Training at the Golden Age Center. Be sure to join us for the FUN tomorrow!

**Tuesday, April 11: 9:30 AM \*\*\*NOTE TIME CHANGE\*\*\***

*Coffee & Conversation with Carrie*

Join Carrie as she highlights the upcoming events for April and will be available to answer questions and sign you up for a wide variety of activities. Enjoy a hot beverage, a breakfast treat, and some great conversation.

**Tuesday, April 11: 9:00AM – 11:00AM**

*Caption Calling Presentation and Q & A*

Join Jim O'Brien as he will have the caption calling telephones and demonstrate how the program works. Jim can explain how the process works and how it is a free service provided to those who qualify. Jim can also get you set up for installation of this service. See how easy it is to use this service. **Please register at the Office or by calling (716) 773-9682.**

**Tuesday, April 11: 10:30AM**

*Day Trip: Easter Traditions in East Aurora*

Today, we will head out to small town East Aurora, where you will have free time to shop at the great boutiques and have lunch. Then, we will meet at Aurora Theatre at 1:30pm for the movie, "Easter Parade", featuring Fred Astaire and Judy Garland.

**Wednesday, April 12: 10:30AM**

*Spring Carrots Craft Class*

Join us this morning as we create carrots for the Spring season...perfect for display alone OR on a farmhouse tray. All materials will be provided for the class. Please register by **Friday, April 7** and the fee is **\$2.00**, which must be paid at the time of registration. The craft will be displayed outside the Office window for you to see, so check it out!

**Wednesday, April 12: 1:30PM – 4:30PM**

*Social Group Respite Program*

**Attention Caregivers of individuals with Alzheimer's Disease or a related dementias:** A dementia-specific respite program runs today and every 2<sup>nd</sup> Wednesday of the month from **1:30pm until 4:30pm in the Community Center on the Nike Base.** This is a social group respite that we find benefits people with dementia and their caregiver. This respite is fun filled with EIGHT varied activities planned throughout the course of the program, geared with a different theme each and every month. Great friendships and fun take place here! Please call Jennifer Menter at (716) 773-9682, option 2, for more information on this dynamic, social program.

**Thursday, April 13: 10:30 AM**

*Get Cooking with Carrie*

Sign up to help prepare this special meal! Our special menu will be: Breaded Porkchops, Baked Potato, Spring Pea Salad, Home-made Applesauce, and then Cheesecake for dessert. You must be a part of this program and pay your fee ahead. Deadline to sign up will be **Tuesday, April 11.** To participate, the cost of this program is **\$8.00.**

**Friday, April 14: 1:00PM**

*Bingo Bonanza!*

For **\$1.00 for the first bingo board** and a dream, you too can try to win the prize envelopes! Additional boards are available for just \$.25 each, up to four (4) boards. **Come one, come all!** Join us for laughs and lots of **FUN!**

Gym equipment & piano

On the Stage, the Golden Age Center has a stationary bike, a NEW incumbent bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

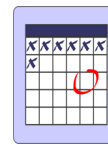
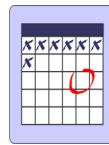
Members who use this equipment will SIGN IN at the Office, will sign a waiver & will be shown how to properly use the equipment. **WE ALSO HAVE A PIANO TO PLAY!** The gym equipment and piano are available for use (and will be disinfected after each use):

Mondays & Fridays: 8am—3:45pm

Tuesdays: 8-9am; 3-3:45pm Wednesdays: 11:30am—3:45pm

Thursdays: 8am—3:45pm

**MARK YOUR CALENDARS!**



**Gram's Garage Sale**

**Saturday, May 20, 2023 9am—1pm**  
**Reserve your Garage Sale table at our fantastic event by calling the Golden Age Center at (716) 773-9682. First come, first served!**

**Go GREEN with us and SAVE OUR EARTH!** Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

# Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.  
Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.





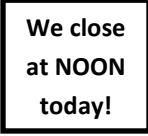





**\*Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.\***

**Lunch includes:** An entrée with a meat, starch, vegetable, fruit, dessert, and beverage

**Birthday Lunch includes:** An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert **Each entrée includes: 4 oz. meat, 4 oz. fruit OR 4 oz. vegetables, & 4 oz. starch**

# April 2023

MSun. Mon. Tue. Wed. Thu. Fri. Sat.

<p><b>Update:</b> You MUST call us at (716) 773-9682, the DAY OF, to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. <i>Thank you!</i></p>						1 
2	3 Swedish Meatballs	4 Travel Club 10:30am Chicken Cacciatore 	5 Birthday Lunch \$6 <b>April Fools' Mystery Lunch!</b> 	6 \$5 Easter Dinner Glazed Ham, Scalloped Potatoes, Carrots, Fruit Parfait, Roll & Butter, & Cheesecake	7 Good Friday Brunch 9:30am 	8 
9 	10 CLOSED 	11 Open-Faced Turkey with Stuffing	12 Beef Stroganoff	13 Spring Cookout! Hot Dog Bar with Chips, Baked Beans, & Pickle	14 Souper Seniors 	15
16	17 Brunch for Lunch! Pancakes, Sausage, Fruit Cup & Scrambled Eggs	18 Lasagna with Meat Sauce & Green Beans	19 "Rachel" with Chips and a Pickle	20 Executive Board Meeting \$5 Crispy Chicken with Stuffing, Baked Beans & Corn	21 Souper Seniors 	22
23	24 Chicken and Vegetable Stir Fry	25 Beef Taco Salad	26 Shephard's Pie with Roll & Butter	27 General Meeting \$6 Pork Chops and Mashed Potatoes with Applesauce & Hearty Vegetables	28 Souper Seniors 	29
30						

**Friday, April 14: Starting at 10:00AM**

*Nail Care & Hand Massage*

Join the staff as we polish nails, provide basic nail care, and offer a hand massage. Please remember, we are NOT professionals, but, we will be offering this free service on occasion, with a gentle touch. This is first come, first served, and will be offered for a one-hour duration.

**Friday, April 14: 10:00AM – 12:00PM**

*Niagara Amusement Park Recruitment Event*

Maria from the new Niagara Amusement Park (formerly known as Fantasy Island) will be here to share information regarding employment at the amusement park. She is looking for seniors to join their work force and will be discussing job opportunities in Guest Services, Admissions, and other various opportunities. She can help you apply online while she is here, should you be interested. For more information, or should you have please stop on by!

**Friday, April 14: 11:00AM – 12:30PM**

*Grand Island Memorial Library*

Join Bridgette, Director of the Grand Island Memorial Library today, as she comes here to the Golden Age Center bringing the Mobile Bookmobile! Register to get a new library card, learn more about the programs and services the local library provides, AND be able to check out NEW titles of library books. Check out all that our local library has to offer our community!

**Friday, April 14: 11:30AM**

*Cooking with Carrie Luncheon*

Today is the day to feast on the special luncheon that was prepared! You must have pre-registered and assisted in the making of this lunch to be a part of our luncheon today.

**Monday, April 17 & Monday, April 24: 1:00PM – 4:00PM**

*Defensive Driving of New York*

Driving is a skill that should be that can and should be continually improved. Taking a course such as this will ensure that you have the most up-to-date driving skills, techniques, and latest vehicle technologies, as well as other age changes that take place. Join Wayne West as he instructs you on defensive driving. You MUST attend both sessions in order to receive the course completion certificate which you can turn into your insurance company to receive a discount on your auto insurance policy. Registration and payment holds your spot in this course. Check or money order, made payable to Wayne West, will be accepted for payment. Drive safely on the road with this great course!

**Monday, April 17: 1:00PM**

*Dominoes, Board & Card Game Club*

Come and join us as we come together and enjoy games of dominoes, board games from our vast collection, or cards.

**Tuesday, April 18: 10:30AM**

*Fraud Prevention*

Today's important presentation will be presented by an attorney with the United States Attorney's Office, Western District of New York. The primary mission of their office is to enforce federal law however, they also focus on reaching community members in hopes of preventing them from being victims of crime. This presentation will include the latest scams to watch out for and what to do if you come across a potential fraudster.

**Wellness Wednesday:**

**Come on in anytime between 12:30am – 1:00pm on Wednesday, April 26 to check in with your Wellness! Get your blood pressure taken, and get helpful tips on wellness, self-care, stress management tips, and MORE! Give yourself a tune up and check in with Jen on one-on-one with her in the Dining Area.**



Our **Coffee for the Month for March** has been graciously donated by the **Grand Island Historical Society**. We are grateful for their thoughtful generosity and support! *This program will continue due to the generosity of our Golden Age Center friends!*



**Important Phone Numbers to know: Who do you call when you need help?**

Emergency Phone Number: (716) 773-7508

Crisis Services: (716) 834-3131

9-8-8: National Suicide Hotline

2-1-1: available 24 hours a day, 7 days a week. Free and confidential referral service. Human & social services, emergency housing, legal services, domestic, health & wellness, food & nutrition, mental health, support groups, & developmental disabilities

Erie County Senior Services: (716) 858-8526

HEAP: (716) 858-7644

**Tuesday, April 18: Doors open at 4:30PM**

***Potluck & Paint Night***

Come and join us tonight for some creative fun! Doors open at 4:30pm and the potluck dinner will be served at 5:00pm, with painting to begin at 6:00pm. Please bring a dish to pass for the potluck. You must register ahead for both; the **Artytime** class will be **\$20 per person, payable in advance**. Cost is **\$20 per person, for participation in paint night, and MUST be paid upon registration BY Tuesday, April 11. NO EXCEPTIONS!**

**Wednesday, April 19, 2023: 11:45AM luncheon; 1:00PM – 2:00PM for entertainment and surprises!**

***Volunteer Appreciation Luncheon***

**“The heart of a volunteer is never measured in size, but by the depth of their commitment to make a difference in the lives of others.” ~DeAnn Hollis.** As April is Volunteer Appreciation Month, join us as we celebrate, honor, and thank the MANY volunteer friends that share their time, talents, and help us run many of the incredible services here at the Golden Age Center. Come and join us for this incredible celebration! Entertainment will be provided by the Black & Blues Trio with Don Petrino. Come and join us for the special surprises along the way!

**Thursday, April 20: 10:30 AM**

***Photo Fixing with Bob Vaccaro***

Do you have old photos that can use some TLC? Bob Vaccaro will be here to help you with your photos by straightening and cropping, restoring faded colors, get rid of scratches, sharpen the pictures and colorize your old black and white photos. What you will need to bring for this class is your photos and a thumb drive that you will take with you that day after he does the needed and/or requested work on the photos. This will allow you to download on your own devices to print them or to be able to take them to Walgreens or the like. Bob will be graciously donating his time and his equipment to provide this service. What special touches to these beautiful memories!

**Thursday, April 20: 12:30PM**

***Executive Board Meeting***

Club President Joy Mesmer asks for the presence of the Executive Board together for their monthly meeting, to discuss Club business. PLEASE mark your calendars and join us. Joy and the Executive Board look forward to seeing everyone then!

**Friday, April 21: 10:30AM**

***National Jellybean Day***

Tomorrow is National Jellybean Day, so we should celebrate! Join us for a Jellybean Mocktail and a jellybean tasting contest. Did you know that Boston confectioner, William Schrafft made them popular during the Civil War and he encouraged people to send to Union soldiers? Jellybeans became closely associated with Easter in the 1930s. Come hear about this and much more and join in the sweet fun!

**Friday, April 21: 1:00PM**

***Pajama Party and Movie***

Join us this afternoon as we show the movie, ‘Singin’ in the Rain’ with Gene Kelly and Debbie Reynolds as we relax in a comfortable way with this classic film! Movie snacks will be available for **\$2.00**. Register at the Office or by calling (716) 773-9682.

**Tuesday, April 25: 10:30AM**

***Charcuterie Board Food Craft Class***

You provide the board and Carrie will provide the food! Come and learn how to make food flowers and how to display your food in very creative ways. Be the cool one taking a dish to your next social function or card game! Your board can be anything you deem appropriate as long as it is food safe. It does not have to be wooden either. You **MUST** register and the fee for this unique class is \$8 to cover the food items you will be taking home. Come and have fun and see what all the buzz is about!

**Tuesday, April 25: 12:45PM**

***Brain Games***

Playing brain games with others is a double whammy for brain health in seniors, staving off loneliness and depression and providing needed “exercise” for the brain. It’s a win-win! A commitment to brain games and staying sharp can improve quality of life for your senior loved ones for years to come. Exercise your brain and have fun at the same time with your friends!

**Tuesday, April 25: 1:00PM**

***Technology Basics Class***

Does technology stump you? Come and join Carrie today as we discuss more features on a cell phone. We will cover apps today: how to get them on your phone and how to use them. Individual appointments can be made for issues that are more involved at the end of the class.

**Wednesday, April 26: 10:30AM**

***Ceramics Class***

This morning, we will work in the Arts & Crafts Room (if space allows) on Ceramic project that you can choose. If you already had a project in the works, you are encouraged to work on it and complete it before moving on to another project. Let your creativity flow with us!



**Go GREEN with US!**



**Bring your water bottle to the Golden Age Center and the Community Center when participating in your favorite program or your favorite exercise program! Fill up your water bottle at our filtered bottle water fountains. Recycle bins are located in the Front Foyer as well. Help us reduce, reuse, recycle as much as possible!**







**Unscramble the April-themed words! Good luck!**  
**Bonne chance!** April is a month full of **CONTRASTS** and a month of **SNOW** and **FLOWERS** in some places! What could these **SURPRISE** words be?!?! Take a chance and take a guess! May **LUCK** be in your favor!

- |                     |                   |
|---------------------|-------------------|
| 1.) PRSING _____    | 2.) AINROWB _____ |
| 3.) ULPITS _____    | 4.) ATSEER _____  |
| 5.) AXETS _____     | 6.) ARTEH _____   |
| 7.) ROLUVENTE _____ | 8.) OKEJS _____   |
| 9.) IRDBS _____     | 10.) UNF _____    |

**A warm**



**to all our new members of the Golden Age Center, as of March 2023:**

- |                  |               |                  |                          |                  |                  |
|------------------|---------------|------------------|--------------------------|------------------|------------------|
| Bobbie Capp      | Jeanne Bartlo | Noel Bartlo      | Margery-McKinney Burkman | Thomas Burkman   | Patricia Cross   |
| Gordon Ducey     | Kristin Ducey | Julie Nabozny    | Timothy Nabozny          | Andrea Reynolds  | Patricia Stevick |
| Roger Adornetto  |               | Margaret Boyce   | Nova Muhlenberg-Bonnett  | Carol Dearlove   | Kurt Lorence     |
| Patricia Lorence |               | Martha Hayes     | Pamela Haupt             | Robert Porter    | Muriel Porter    |
| Kathy Ringer     | Jennifer Gula | Sandra Thomasula | Mary Lou Jerge           | Deborah Mikulsky | James Mikulsky   |
| Ann Kwitchoff    | Marcia Carr   | Melvin Frank     | Karen Bruno              | Joanne Rayhill   |                  |

**We welcome new members to join us for our programs, on our many programs, special events, for our transportation needs, our home-cooked lunch program, and MORE!**



**NEW! Monthly Lunch Drawing:**



Each month, we will have a drawing for **two lunch tickets** at the *Golden Age Center*. Each day you participate in the lunch program, you may fill out a slip and put it in the Monthly Lunch Drawing.

The winner will be drawn the last day of the month. **DARLENE CONNERS is the WINNER for the month of MARCH! CONGRATULATIONS!**



**Don't forget to change the batteries in your clocks and in your carbon monoxide detectors and smoke alarms this month!**

**AARP Tax Preparation—February—April 2023**



The **Golden Age Center** is not hosting AARP Tax Aide Service this year, **BUT, NO FEAR!** For your tax preparation needs, the following locations are hosting the AARP Tax Preparation Service for seniors. Please call the following locations to set up your appointment: \*Amherst Senior Center @ (716) 636-3055, ext. 3108; calls are only accepted between 10am –1pm on Tuesdays, Wednesdays and Thursdays. Appointments will be held through Thursday, April 6, 2023.

\*Town of Tonawanda Senior Center @ (716) 874-3266.

\*By calling 211, ask to make an appointment for the AARP Tax Preparation Program at the Kenmore Library on Delaware Road, and the volunteer representative will set up an appointment once all details are finalized and they will make sure your tax return is something they can handle as well AND will go over the proper documentation required.

\*Please call the Town of West Seneca Senior Center at (716) 675-9288 to make your Tax Preparation appointment.

**\*Call us with any other questions at (716) 773-9682.**

**Thank you!**

# 2023 Easter Egg Trail and Easter Activities

Presented by the Grand Island Recreation Department,  
Grand Island Memorial Library and Miracle League of WNY



Follow the Easter Egg Trail around Veterans Park,  
enjoy refreshments, coloring, photo booth,  
crafts and more inside the Library

Friday, April 7, 2023 - 9:00 - 11:30 a.m.



**Who:** Family friendly event - activities for the kids, fun for parents and grandparents

**Time:**

**9:00-9:30 a.m.** - For children with adaptive needs - Easter Egg Hunt and visit with the Easter Bunny in the Library. Eggs will be hidden throughout the Library for a fun egg hunt.

**10:00-11:30 a.m.** - Easter Egg Trail outside and Easter activities inside the Library. Travel along the Easter Egg Trail through Veterans Park. Come ANYTIME between 10:00 and 11:30 a.m.; eggs will be available the entire time. Enjoy Easter activities inside the Library - 3 craft stations, photo booths, visit with the Easter Bunny, Kelly's Country Store Easter chocolate raffle and more!

**Where:** Veterans Park / Grand Island Memorial Library, 1715 Bedell Road - indoor activities, trail maps and information will be available inside the Library. Easter Egg trail will be outside throughout the park. Egg locations will be marked with wooden Easter decorations, Recreation Staff and volunteers. It will take approximately 30 minutes to walk the entire trail. Trail is paved and natural surface. See trail map for more details.

**Remember to bring your basket or bag to collect eggs!** Collect and keep Easter Eggs at each location - each egg has a treat or toy in it.

Random eggs will have golden tokens in them - find one and bring it to the Recreation Staff inside the Library to redeem for a golden egg prize.

**New This Year!** Easter themed basket raffle hosted by the Golden Age Club

Back by popular demand! Enjoy refreshments and treats hosted by the Golden Age Club:

Enjoy coffee, hot chocolate, and baked goods available for purchase while supplies last.

Perfect to enjoy while walking the Trail or to take home. **\*\*CASH ONLY PLEASE\*\***

All proceeds support their not-for-profit club to support senior activities around Grand Island.

Thank you to our organizers, partners, volunteers and sponsors:



Town of Grand Island Recreation Dept,  
Parks Dept., Golden Age Center and Club



Buffalo & Erie County Public  
**LIBRARY**

Grand Island  
Memorial Library



Miracle League of WNY



GICSD  
DECA, NHS



Kelly's Country Store