## reel. Caregiving 'Me' Day: Coffee & info with a dementia expert



Grab a cup of hot coffee, attend a dementia behaviors class, enjoy lunch, and go home with a resource basket to help you provide the best care possible for your loved one!

Friday, March 20, 11:45 am-1:45 pm Town of Grand Island Golden Age Center 3278 Whitehaven Rd, Grand Island

Register before March 17 to reserve lunch and a resource basket!

## alzheimer's 95 association