



# *The Golden Voice*

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

**December 2023**

**Flower: Poinsettia**

**Birthstone: Turquoise OR Lapis**

Town of Grand Island  
**Golden Age Center**

3278 Whitehaven Road  
Grand Island, NY 14072

Phone: (716) 773-9682

E-mail: [goldenage@grand-island.ny.us](mailto:goldenage@grand-island.ny.us)

**Business Hours: 8am—4:00pm,  
Monday - Friday**

Website: [www.grandislandny.us/280/Golden-Age-Center](http://www.grandislandny.us/280/Golden-Age-Center)

**Pete Marston**  
*Town Supervisor*

**Christian Bahleda**  
**Tom Digati      Mike Madigan**  
*Town Board*

**Jennifer R. Menter**  
*Recreation Supervisor—Senior Citizen*

**Carrie Mesmer**  
*Recreation Leader—Senior Citizen*



**Happy Birthday to those members celebrating December birthdays!**



December 1	Betty Lou Camardella, John Cassoni, Jr., & Kathi James	December 19	<b>Lauretta Brennan</b>
December 3	<b>Mary Jane Fonte &amp; Deb McGarrigle</b>	December 20	Gloria Brown, John Duchnik, Brian Mongielo, & Pam Sturtz
December 7	<b>Maxine Eldridge</b>	December 23	<b>Gerarda Payne</b>
December 8	<b>Bobbie Capp</b>	December 25	<b>Ann Dlugokinski</b>
December 11	<b>Beth Julin</b>	December 26	Thomas Dunmire & Geri Stalica
December 13	<b>Hal Lawrence &amp; Sandy Sugg</b>	December 28	<b>Yvonne Beard</b>
December 14	Nancy Koch, Mary Savoy & Sue Whitbeck	December 29	<b>Judy Castiglia &amp; Sue Magro</b>
December 18	Jean Brighton, David Johnson & Jan Zaborowski	December 31	<b>Connie Aquino &amp; Nancy Riggs</b>

# Weekly Consistent Activities at the Golden Age Center

**ATTENTION:** Please note the following PRIOR to your visit:

- Front **AND** Back doors of the facility are **OPEN** to the Golden Age Center.
- Please **SAY HELLO** at the Office and let us know what program OR activity you are here to participate in. This is to ensure your safety and for us to keep accurate attendance in our facility. **PLUS**, we want to say **HELLO** to our friends!
- Hand sanitizing throughout activity and hand washing is **strongly encouraged** often throughout your visit at the Hand Sanitizing stations. Should you want hand sanitizing pumps to be set out for these activities. (ex. Card game tables, etc.), **just ask us!**
- Before leaving, please **SIGN OUT** at the Office. This is for us to keep **accurate attendance** and that ensures that we know you have **safely exited** the building. **PLUS**, we want to say **GOODBYE** to your smiling face and all of our friends!

**Thank you for your cooperation! Have fun at the Golden Age Center! ENJOY!**

## MONDAY

Independent Craft Activities: 8:15am—12:30pm; 2:15pm—3:45pm in the Arts & Crafts Room

Tai Chi: 9:00am with **Pat** at the Community Center

Billiards games: 8:15am onward in the Lounge

Fit for Life!: 10:00am with **Jenny** in the Dining Area

Beginner Mahjongg: 10:00am with **Anna** on the Stage

Card Games & Dominoes: 12:30pm –3:45pm in the Dining Area Fun with French: 12:45pm with **Jen** in the Arts & Crafts Room

Bridge: 12:30pm in the Dining Area *on the 2nd and 4th Mondays of the month*

## TUESDAY

Independent Craft Activities: 8:15am– 3:45pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Total Body Workout: 9:30am with **Michelle** at the Community Center

Beginner Line Dancing: 11:00am with **Richard** on the Stage

Dominoes & Card Games: 12:30pm –3:45pm in the Dining Area

Canasta: 12:30pm in the Dining Area

Advanced Line Dancing: 12:45pm with **Richard** on the Stage\*\*

Bowling: 1:00pm with **Debbie** at Mallwitz Island Lanes (\$7 for 3 games)

**NOTE:** Jenny's class, *Fit for Life* on Mondays, is a low-impact, strengthening & balance class for ALL ABILITY levels.

## WEDNESDAY

Independent Craft Activities: 8:15am –10:00am; 2:15pm—3:45pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Dominoes & Card Games: 12:30pm –3:45pm in the Dining Area

Pinochle: 12:30pm in the Dining Area

Artists' Haven: 10:00am in the Arts & Crafts Room

Chorus: 10:00am with **Don** on the Stage

**\*\*Fun with French\*\*:** 12:45pm with **Jen** on the 3rd Wednesday of the month in the Arts & Crafts Room

Bingo: 1:00pm with **Carrie** in the Dining Area (**\*\*EXCEPT the 1st Wednesday of the month\*\***)

## THURSDAY

Independent Craft Activities: 8:15am—12:45pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

**\*\*Matter of Balance Exercises:** 1:00pm in the Dining Area

Pinochle, Dominoes, AND Card Games: 12:30pm –3:45pm in the Dining Area

Total Body Workout: 9:30am with **Michelle** at the Community Center

Knitting & Crocheting: 1:00pm in the Arts & Crafts Room

Seniors in Stitches: 1:00pm in the Arts & Crafts Room

## FRIDAY

Independent Craft Activities: 8:15am—9:30pm AND 12:15pm –3:45pm in the Arts & Crafts Room

Billiards games: 8:15am onward in the Lounge

Tai Chi: 9:00am with **Pat** at the Community Center

Beginner/Intermediate Mahjongg: 1:00pm on the Stage

TGIF Couponing: 9:15am - 10:00am in the Dining Area

Poker & Euchre: 11:00am –3:45pm in the Dining Area

Book Club: 10:00am in the Arts & Crafts Room

Chair Yoga, Mindfulness & Meditation with Soma Cura: 1:00pm with **Martha** at the Community Center

## December 2023 Special Events & Programs

\*\*\*\*\*

### Wednesdays in December (6, 20 & 27): 11:00AM – 1:00PM

#### *Afternoon of Games!*

Did you know that we have some great games inside in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this.

\*\*\*\*\*

### Friday, December 1: 9:00AM—2:00PM AND Tuesday, December 5: 9:00AM –1:00PM (break for lunch between 11:30AM-12:30PM)

#### *Hanging of the Greens*

Calling all creative friends and those who LOVE to decorate! Come and meet Jen in the Dining Area as we start the afternoon by decorating for Christmas, Hanukkah, and Winter! Grab a cup of coffee, cocoa, OR tea, cookies, and join in making our senior center look festive and beautiful for our holly, jolly, holiday season! We appreciate all those who come out to help!

### Friday, December 1: 10:30AM

#### *University Express: Cooking with the Commish- Holiday Style*

Join Angela Marinucci, Esq., Commissioner of Erie County Department of Senior Services, as she shares some of her favorite holiday recipes that will have all your guests asking for seconds. She will even bring some samples to share. Feel free to bring your own favorite holiday recipe to share. Please call and register with the senior center for this program at (716) 773-9682. While there is no charge for the class, you **MUST** pre-register as a courtesy to both the speakers and the Golden Age Center staff.

### Friday, December 1: 1:00PM

#### *Bingo Bonanza!*

For **\$1.00 for the first bingo board** and a dream, you too can try to win the prize envelopes! Additional boards are available for just \$.25 each, for up to four (4) boards. Come one, come all! *Join us for laughs and lots of fun!*

### Monday, December 4: Time TBD

#### *Festival of Trees Day Trip*

This day trip will be limited and will be weather dependent. The specifics of the trip will be announced in the building, or you can call for information on Friday, December 1.

### Monday, December 4: 1:00 PM

#### *University Express: A Young Woman's Remembrances of the Civil War*

Judy Buzby, RN, BSN, MSN and retired NCCC Professor of Nursing, will take on the voice and costume of her Great-Great- Aunt Harriet to share her remembrances of exciting events during the Civil War. Hattie was 10 when the war started. She reminisces about family life, the soldiers, meeting Lincoln (!), and others of the times – based on Harriet Chapin Barnard's memoirs, discovered by Judy when researching family genealogy. Please call and register with the center for this program at 716-773-9682. While there is no charge for the class you **MUST** pre-register as a courtesy to both the speakers and the GAC staff.

### Tuesday, December 5: 10:30 AM

#### *Hot Cocoa Bar & Conversation with Carrie*

Join Carrie this morning as she serves up a tasty cocoa bar and highlights the special programs for the month of December. It is extremely important to read through your newsletter! We all put a lot of time, energy and effort into the planning of our programs! Please sign up ahead to register for this class.

### Tuesday, December 5: 12:30PM

#### *Bathtub Party Day*

Splish, splash! While we are NOT taking a bath, we are celebrating this unique day in the calendar. This day encourages us all to skip the ordinary shower and linger in the tub instead. Come and join the program to hear about this celebration and enjoy the activities Carrie has planned for you. Registration is **REQUIRED** by Monday, December 4.

### Wednesday, December 6: 9:30AM

#### *Birthday Party Set-Up*

Calling all decorators and creative friends! Want to join in and give a hand? We will be meeting in the Dining Area to put up decorations for this afternoon's birthday party. Many hands make light work!

### Wednesday, December 6: 11:45AM; 12:45PM – 1:45PM for the entertainment

#### *Jingle Jangle Jubilee Birthday Celebration*

Join the celebration of December birthdays and as we start to head into the Christmas season with a hearty delicious meal and the entertainment of Nan Hoffman and friends. Nan is a local acoustic performer that will lead us in a sing along. Wear your bold, bright, and fun holiday spirit outfits. Be sure to call in and register to attend this event! As always, you must call between the hours of 8:00AM – 10:30AM today to sign up for the Jingle Jangle Jubilee-themed lunch.

**Thursday, December 7: 10:30AM**

**Pearl Harbor Remembrance Day Program**

This program will involve a showing of the PBS documentary, *Pearl Harbor into the Arizona*, as we remember this day in American history.

**Thursday, December 7: 11:00AM**

**Executive Board Meeting**

Club President Joy Mesmer asks for the presence of the Executive Board together for their monthly meeting, to discuss Club business, to discuss our Sweets & Treats Christmas Cookie Bake Sale, our Installation of Officers and MORE. Officers and Executive Board members, PLEASE mark your calendars and join us. Joy and the Executive Board look forward to seeing everyone then!

**Thursday, December 7: 12:45PM**

**Porcelain Painting Craft**

This afternoon we will be painting and decorating Limoges porcelain. *You must pre-register for this program.* **COST:\$5.00 per person is payable upon registration.**

**Friday, December 8: 12:00PM**

**A Cup of Christmas Tea Holiday Luncheon**

Join Carrie for our first ever special tea luncheon. Reservations are a **MUST** by **Tuesday, December 5. NO EXCEPTIONS!** The cost is **\$8.00 per person and is payable upon registration.** You are encouraged to wear your holiday attire and, of course, your tea hat! Let's have fun and celebrate our friendship in this special way.

**Monday, December 11: Starting at 11:30AM**

**Holiday Film Luncheon**

Join us this afternoon for a holiday movie. Bring your own lunch, sign up for our lunch, whatever you desire. It will be a nice afternoon to enjoy a film with friends. Registration is helpful by calling the center at 716-773-9682. A reminder, as every day, you **MUST** call in for the lunch program 8:00 am – 10:30 am in the morning.

**Wednesday, December 13: 9:00AM– 11:30AM**

**Lawley Insurance with John Weatherby**

Join John Weatherby of Lawley Insurance at his informational table which focuses on United Healthcare, Univera, Humana and Aetna. Lawley is contracted to sell **ALL PLANS**, so bring your questions and he will be happy to help!

**Wednesday, December 13: 1:30PM – 4:30PM**

**Social Respite Group Program**

**Attention Caregivers of individuals with Alzheimer's Disease or a related dementia.:** A dementia-specific respite program runs today and every 2<sup>nd</sup> Wednesday of the month from 1:30 pm until 4:30pm in the Community Center on the Nike Base. This is a social group respite that we find benefits people with dementia and their caregivers. This respite is fun filled with EIGHT varied activities planned throughout the course of the program. Great friendships and fun take place here! Please call Jennifer Menter at (716)773-9682, option 2, for more

information on this social program.

**Gym equipment & piano**

**On the Stage, the Golden Age Center has a stationary bike, an exercise cycle, a recumbent bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use.**

**Members who use this equipment will SIGN IN at the Office, will sign a waiver & will be shown how to properly use the equipment.**

**WE ALSO HAVE A PIANO TO PLAY FOR YOUR MUSICAL DELIGHT!**

**The gym equipment and piano are available for use (and will be disinfected after each use):**

Mondays: 8am—10am; 12:45pm —3:45pm

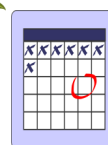
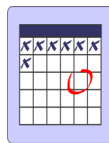
Tuesdays: 8-11am

Wednesdays: 11:30am—3:45pm

Thursdays: 8am—3:45pm

Fridays: 8am—10am

**A Sincere “THANK YOU!”**



**for your love & support of  
Holiday Happenings!**

**Holiday Happenings was an INCREDIBLE success due to your wonderful participation & support of senior services!**

**Thank you very much from your friends at the  
Golden Age Center & the Golden Age Club**

**Go GREEN with us and SAVE OUR EARTH!** Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

# Golden Age Center Lunch Calendar

Membership allows you to partake in our nutritious lunch program; lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.

Lunch is served at 11:45am Monday-Thursday & 11:30am on Friday.









**\*Take-Out lunch is paid for Front Office of the Golden Age Center and picked up at the Kitchen with our talented chef.\***

**Lunch includes:** An entrée with a meat, starch, vegetable OR fruit, dessert, and beverage

**Birthday Lunch includes:** An entrée with a meat, starch, vegetable OR fruit, Birthday Cake, ice cream, and dessert. **Each entrée includes:** 4oz. meat, 4oz. fruit OR 4oz. vegetables, & 4oz. starch

## December 2023

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

<b>Update:</b> You MUST call the DAY OF to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. <i>Thank you!</i>					<b>1</b> <b>Souper Seniors</b> 	<b>2</b>
<b>3</b>	<b>4</b> Baked Chicken & Broccoli	<b>5</b> Taco Bar with Rice and Pineapple	<b>6</b> Birthday Lunch \$6 <b>Jingle Jangle Jubilee Birthday</b> <i>(Call for Menu!)</i>	<b>7</b> Executive Board Meeting \$5 Beef Stroganoff	<b>8</b> <b>Souper Seniors</b> 	<b>9</b>
<b>10</b> 	<b>11</b> Hearty Chili & Cornbread	<b>12</b> Pulled Pork with Homemade Macaroni and Cheese	<b>13</b> Chicken Pot Pie with Ambrosia	<b>14</b> Installation of Officers \$8 Christmas Dinner with all the fixings!	<b>15</b> <b>Souper Seniors</b> 	<b>16</b>
<b>17</b>	<b>18</b> "Rachel" with Chips and a Pickle	<b>19</b> Chicken & Vegetable Lo Mein	<b>20</b> Meatloaf & Mashed Potato	<b>21</b> Holiday Soirée \$5 Pork Chops with Mashed Potatoes & Applesauce	<b>22</b> CLOSED	<b>23</b> 
<b>24</b>	<b>25</b> CLOSED 	<b>26</b> Fried Chicken, Cheesy Potatoes & 3 Bean Salad	<b>27</b> Polish Sausage & Pierogi with Applesauce & Sour Cream	<b>28</b> New Year's Brunch: Egg Bake Casserole, Fruit Cup, Sausage & Pastries	<b>29</b> CLOSED 	<b>30</b>
<b>31</b> 						



**Thursday, December 14: Christmas Festivities, Installation of Officers & Christmas Dinner**

**Time: Christmas Festivities begin at 11:00am; Installation of Officers at 11:30am; Christmas Dinner at 11:45am; entertainment to start at 12PM**

**Place: Dining Area**

Come ready to celebrate the Christmas season with us with tons of fun! The festivities and games will begin at 11:00am, followed by the Installation of Officers. We will serve our bountiful Christmas Dinner at 11:45am with some special entertainment by strolling violinist Peter Van Scozza for all of you to enjoy. CALL EARLY ON THE DAY OF for our Christmas Dinner to reserve your spot for our special feast! Come and celebrate our friendships and togetherness, as well as the many blessings of the season!

**\*Please bring a canned good, boxed food (cereal, pasta, etc.) or paper product (tissues, toilet paper, paper towels, etc.) to support the less-fortunate in our community, especially this very hard year, all to support the Neighbors Foundation Share the Happiness Drive.\*** Dress in your Christmas best, wear your Christmas and holiday sweaters, and dress for the occasion! **We can't wait to celebrate with ALL OF YOU!**

**Friday, December 15: 10:00AM**

*Sounds of the Season with the Select Chorus from Huth Road Elementary School*

Get in the spirit of the holiday season! Join us as Ms. Carissa Sugar accompanies the Select Chorus from Huth Road Elementary School to the Golden Age Center and listen to the students as they serenade us in song. A Hot Cocoa Bar, complete with Christmas cookies, will be provided to all who attend.

**Friday, December 16: 11:00AM– 12:30PM**

*Grand Island Memorial Library Bookmobile*

Join Bridgette and the Grand Island Memorial Library staff today as they come here to the Golden Age Center to bring their mobile Bookmobile! Register to get a new library card, learn more about the programs and services the local library provides, AND be able to check out NEW titles of library books. Check out all that our local library has to offer our community!

**Monday, December 18: 10:00AM; 12:30PM**

*Gifting to Others*

Join us this morning as we make a delicious treat for our friends that utilize the Meals on Wheels Program. Feel free to bring in your own Christmas cookies to share with our friends as well. After lunch, we will come back together to gift wrap the Christmas cookies. The best gift is to give back to others and to share time and talents with those in need! Please register for this program by stopping by the Office or by calling (716) 773-9682.

**Monday, December 18: 10:30AM – 12:30PM**

*Independent Health Assure Advantage Plan or HMO-CSNP*

Do you want to learn more about these programs offered through Independent Health? Come in and meet Jessica, an Individual Sales Consultant with Independent Health as she will be set up in the dining room and can meet with you individually to answer questions. If you would like to schedule a time during Jessica's visit as noted above; please call the center at (716)773-9682.

**Tuesday, December 19: 10:30AM**

*Crafting with Carrie- Christmas Tree*

Come check out the craft of a wooden tree with shelves for you to use in your home or create a gift for someone. An example of this beautiful craft is available in the Office. This class is limited in supplies, so don't be disappointed...register EARLY! Payment is required with registration. **Cost: \$6.00**

***Just a reminder...***



**On snowy mornings, the Nike Base sidewalks and parking lot will be plowed and salted by 8:45am.**



**Closings due to Winter Weather**

If the *Golden Age Center* is **CLOSED**, you will find this information in the following places:

- On the ***Town of Grand Island*** website, under ***Departments***, & under ***Golden Age Center***
- ***On the Town of Grand Island Facebook page***
- Announced on News Channels 2, 4, & 7
  - On ***Isledegrande***



**Go GREEN with US!**



**Bring your water bottle to the Golden Age Center and the Community Center when participating in your favorite program or your favorite exercise program! Fill up your water bottle at our filtered bottle water fountains. Recycle bins are located in the Front Foyer as well. Help us reduce, reuse, recycle as much as possible!**

**Tuesday, December 19: 12:30PM**

***Broadway Bound with the Select Choir from Kaegebein Elementary School***

Get in the spirit of the holiday season! Join us as Ms. Renee Michki accompanies the Select Choir from Kaegebein Elementary School to the Golden Age Center and listen to the students as they serenade us in song with their performance, "Forever Christmas!" A Hot Cocoa Bar and Teas will be provided to all who attend.

**Tuesday, December 19: 1:00PM**

***Name That Old TV Show Theme Song Game***

We will listen to clips of a variety of old tv show music and try to guess what show it is from. Come test your knowledge and have fun doing it!

**Wednesday, December 20: 10:30AM**

***Reminisce All Things Holiday***

Join Carrie as we engage in a variety of activities related to the holiday season. There will be things to create and enjoy along with some special treats. We can try the dreidel game and some special trivia and a musical sing along. This is an activity that while it has no costs you **MUST PRE-REGISTER** by Monday, December 18<sup>th</sup>.

**Thursday, December 21: 11:45AM for an Elvis-themed lunch; Elvis Christmas Show at 12:30PM**

***Elvis Christmas Show***

Join us as we get all SHOOK UP and go out with a BANG with a special Elvis Christmas Show! We will have tons of fun rockin', rollin', swinging and swaying to the live music of Terry Buchwald. **Don't be cruel;** come and enjoy our special Elvis-themed lunch with your friends and celebrate with us. *Dress in your holiday, festive wear and you won't be disappointed!*

**Friday, December 22 & Monday, December 25:** The Golden Age Center will be **CLOSED** for the Christmas holiday. May the magic of Christmas live in your heart! Blessings and joy to you and yours this holiday season.

**Tuesday, December 26: 10:30AM**

***Cricut Fun***

We will be working on a great paper project working with Cricut. All supplies will be provided for all who register. Join us in this great craft project! **Please register at the Office or by calling (716) 773-9682.**

**Wednesday, December 27: 1:30PM**

***Dementia Caregiver Support Group***

Providing care for a loved one with Alzheimer's or dementia can be isolating and stressful, but support groups can help. The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia. Free respite care may be available to provide activities and a safe place for people with dementia while their loved ones attend this group. Assessment and pre-registration are required. Please call 1 (800) 272-3900 to register before attending.

**Thursday, December 29: starting at 10:30AM**

***New Year's Eve Celebration***

Even though the center is **CLOSED** on New Year's Eve, we will surely celebrate early in style! Come dressed however you'd like and join in the fun of today! If you would like bring a snack to share, please do. We will start off the event with drinks and treats, enjoy a delicious lunch, then make our resolutions and enjoy music and trivia. Who knows what else?!?! Please join us for a relaxing early 'ringing in' of the New Year! A special movie will also be a part of the day. Join us as we say 'goodbye' to 2023 and 'hello' to 2024! The movie will begin at 12Noon.

**Friday, December 30 & Monday, January 2, 2023:** The Golden Age Center will be **CLOSED** for the New Year's holiday. A new year is like a blank book, and the pen is in your hands. It is your chance to write a beautiful story for yourself. Wishing you a very **Happy New Year!**



Our **Coffee for the Month for December** has been graciously donated by **The Menter Family**, in honor of **Golden Age Center members**. We are grateful for her thoughtful generosity and support! *This program will continue due to the generosity of our Golden Age Center friends!*



**Important Phone Numbers to know: Who do you call when you need help?**

**Emergency Phone Number:** (716) 773-7508      **Crisis Services:** (716) 834-3131      **9-8-8:** National Suicide Hotline

**2-1-1:** available 24 hours a day, 7 days a week. Free and confidential referral service. Human & social services, emergency housing, legal services, domestic, health & wellness, food & nutrition, mental health, support groups, & developmental disabilities

**Erie County Senior Services:** (716) 858-8526

**HEAP:** (716) 858-7644





## Members we lost in November 2023:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

Janette Lemley

## Members that were sick in November 2023:

Millie Attrino	Paul Bassette	Marie Casey	Ruth Cunningham	Garry Deutchlander	Iris Galeza
Dick Koch	Nancy Koch	Betty Marinell	Bill Ortiz	Penny Panepinto	Fran Fusco
Al Huejer	Gunnar Munk	Pat Ehinger	Joyce Berk	John Stark	Henry Lobl
					Bobbie Cap



## Need Food?

For confidential assistance, call the Neighbors Foundation of Grand Island

716-775-7998

[Gineighbors14072@gmail.com](mailto:Gineighbors14072@gmail.com)



Scan QR Code for instant access to our website at: [www.gineighbors.org](http://www.gineighbors.org)

Our mission statement  
Neighbors Helping Neighbors

We are an all-volunteer organization providing confidential food assistance to our Grand Island Neighbors through the generosity of individuals, churches and other groups who donate funds and non-perishable goods.



## Lions Club Closet



Do you or your loved one need a walker, cane, commode, shower chair or any other assistive device? Call us at (716) 773-9682 so we can find the assistive device you need from the Lions Club Closet!

## Nike Base Par 3, 9 Hole Golf Course



The Golden Age Center has four golf bags of clubs available for member use and ready for interested individuals to borrow to practice their golf swing and practice their golf skills on the Nike Base!

## Veterans



Calling all veterans! Thank you for your service to our country, thank you for your bravery, and thank you for the example that you set for us. If you are a member of our senior center, and you are a veteran, let Jen know, and let Jen know what branch of service that you were a part of.

**LAST CHANCE! The Try & Buy Clothing Closet has CLOSED for the SEASON!**



The Try & Buy has a great FALL SALE! Check out some gently used and nearly new clothing items, shoes, and jackets to are now for FREE for the next few days! **Golden Age members for bringing in clothing items, coats, hats, and shoes all season, for people to enjoy freshening up their wardrobes these seasons.**

The Try & Buy will be open again next April 2024.

Find a new piece for your wardrobe!

## A Sincere

**“THANK YOU!” to our  
Holiday Happenings  
business sponsors:**

RanDM Enterprises

Author Jeanne Treat

Grand Island

Recreation Department



## Golden Age Center Pantry & Closet



**Did you know?** The Golden Age Center has a small pantry of food, disposable undergarments, disposable bed pads, toiletries, paper products, small appliances, a closet of bedding, and other special items that have been gathered due to the generosity of Golden Age members, to help other Golden Age members in need. **Are you in need of help?** Don't let food and item insecurities hurt you or your family. Call (716) 773-9682 and ask to speak to *Jen*, confidentially, about your situation.



# Grand Island Recreation Department



## Sunday Family Swim 2023-2024

Open swim and lap swim for children and adults  
Supervised by Recreation Department Lifeguards

**Please note the following regulations for all participants:**

- Enter the school through door #21
- Enter the pool through the shallow end side and sign in with lifeguard at the door
- Swimmers only on deck – all others must sit in the upstairs balcony area
- Diving board and starting blocks are not available for use
- One to two lap lanes will be put in as needed
- Only toys / equipment provided by the Recreation Department at the pool is allowed
- All participants must have a completed Recreation Department Medical Form which includes emergency contact information. Forms are available at the pool

Note: Anyone under the age of 18 must have a parent / guardian signature

**Please note the following regulations for all minors:**

- Any child under the age of 18 who wishes to be alone in the pool (*see guidelines below*) must take a swim test on their first visit to the pool
- Children under age 14 must be accompanied by an adult age 18 or over
- Children ages 14-17 must be able to swim 1 length of the pool without assistance or stopping to be left unaccompanied.
- Children who are still potty training must wear a swim diaper.

*\*Please note, rules and regulations may change without prior notice to ensure safety of all participants*

Dates: (Sundays)	November	December	January	February	March	April
	5	3	7	4	3	14
	12	10	21	11	10	21
	19	17	28	25	17	28
	26				24	



Time: 11:00 am-2:45 pm



Location: High School Pool



Updates and cancellations will be posted online at:

<https://grandislandny.myrec.com>

Recreation Department  
3278 Whitehaven Road  
Grand Island, NY 14072

The Town of Grand Island  
Joseph A. Menter  
Recreation Supervisor

Office - (716) 773-9680  
Cell - (716) 465-8370  
recreation@grand-island.ny.us





# SWEETS & TREATS *Holiday Bake Sale*

**GOLDEN AGE CENTER  
3278 WHITEHAVEN ROAD**

Friday, December 15, 2023

**10 AM - 4 PM OR UNTIL  
SOLD OUT!**

*1 dozen - \$10    2 dozen - \$20*



Enjoy the holiday decorations around the Golden Age Center, enjoy some holiday contests, and enjoy the ambiance of the holiday season with US!

## *Gift Wrapping Station and Santa's Workshop*

Hate to wrap your gifts? Leave it to our elves! Have your holiday gifts wrapped at our gift wrapping station for a donation! Shop at Santa's Workshop for some great gifts for everyone on your list!



**THANK YOU FOR  
YOUR SUPPORT OF  
THE**

*Golden Age Club & the Golden Age Center*

