

Dementia Caregiver Support Group

Providing care for a loved one with Alzheimer's disease can be stressful and isolating, but support groups can provide coping tools and a welcoming embrace from others in the same position.

On the **2nd Wednesday of every month**, you can find that support at the

Golden Age Center
3278 Whitehaven Road, Grand Island
at 1:30 p.m.

Free respite is available, but pre-registration is required. Please call 1.800.272.3900 before attending for the first time.

