

## **Dementia Caregiver Support Group**

Providing care for a loved one with Alzheimer's disease can be stressful and isolating, but support groups can help.

## Grand Island Golden Age Center 3278 Whitehaven Road 4th Wednesday of the month at 1:30pm

Free respite care may be available to provide activities and a safe place for people with dementia while their loved ones attend this group. Assessment and pre-registration is required. Please call for details.

Please call our free 24/7 Helpline at 1.800.272.3900 to register before attending.

