

The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

February 2022

<u>Flower</u>: Violet <u>Birthstone</u>: Amethyst

Town of Grand Island

Golden Age Center

3278 Whitehaven Road Grand Island, NY 14072

Phone: (716) 773-9682

E-mail: goldenage@grand-island.ny.us

<u>Business Hours</u>: 8am—4pm, Monday - Friday

<u>Website</u>: http://www.grandislandny.us/departments/golden_age/index.php

John Whitney Town Supervisor

Christian Bahleda Tom Digati Mike Madigan Pete Marston

Town Board

Jennifer R. Menter Recreation Supervisor—Senior Citizen

Carrie Mesmer Recreation Leader—Senior Citizen Golden Age Center



Happy Birthday to those celebrating February birthdays!



February 1	Judith Pack & Bruce Tirone	February 15	Thelma Beicke
February 4	Geraldine Kowalski & Pete Marston	February 17	Chuck Delavalle
February 5	Geraldine (Jeri) Benzing	February 18	Barbara Wudyka
February 6	Sara Marinaccio	February 19	Phyllis Wesolek
February 8	Christopher Ciszek	February 20	Carol Alt
February 9	Elinor Wiant	February 21	Sal Gullo
February 11	Joan Barone & Joanne Metzger	February 23	Linda Gerristead
February 12	Dan Gietz	February 24	Jan Yardley
February 13	Laura Sexton & Hanz Sterzelbach	February 25	Robert Gesl & Mary Williams
February 14	Wayne Anstett	February 26	Lynn Marston-Dingey & David Rogers
February 13	Laura Sexton & Hanz Sterzelbach	📥 Happy 📥 Birthday	Happy Birthday, friends!

Weekly Consistent Activities at the Golden Age Center

<u>ATTENTION</u>: Social distancing measures, masking, AND new recreation program measures will be in place prior to enjoying such programs. Please note the following PRIOR to your visit:

on Card Games AND
Domino games at this
time UNLESS discussed!

• You will register for the program or activity you wish to participate in at the Office along with the room that the activity/program will be done in

(INCLUDING Poker, Canasta, Pinochle, Dominoes, Crafting, etc. due to limits for programs)*

- Hand sanitizing throughout activity and hand washing is encouraged often throughout your visit
- Before leaving, you must sign out at the Office
- If wishing to participe in a Zoom activity, CALL up for the activity to receive the Zoom activity codes; Zoom activity codes will be given the day before the activity OR the morning of the activity

MONDAY

Independent Craft Activities: 8:15am—12:30pm; 2:15pm—3:30pm in the Arts & Crafts Room

<u>Pool games</u>: 8:15am onward in the Pool Room/Lounge <u>Tai Chi</u>: 9:00am with **Pat** in the Community Center**

<u>Chair Exercise</u>: 10:00am with **Jenny** on the Stage <u>**Quilting Club**</u>: 10:30am in the Arts & Crafts Room

Card Games & Dominoes with NEW RESTRICTIONS (see Staff for details). 9:00am -3:15pm in the Dining Area

Bridge with NEW RESTRICTIONS (see Staff for details): 12:30pm in the Dining Area on the 2nd and 4th Mondays of the month

Fun with French: 12:45pm with Jen

TUESDAY

Independent Craft Activities: 8:15am-3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Total Body Workout: 9:45am with Michelle in the Community Center Beginner Line Dancing: 11:00am with Richard on the Stage

Canasta, Dominoes & Card Games with NEW RESTRICTIONS (see Staff for details) 9:00am -3:15pm in the Dining Area

Advanced Line Dancing: 12:45pm with **Richard** on the Stage Bowling: 12:45pm with **Joanne** at Mallwitz Lanes (\$7 for 3 games)

WEDNESDAY

Independent Craft Activities: 8:15am -10:00am; 2:15pm—3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Pinochle, Dominoes & Card Games with NEW RESTRICTIONS (see Staff for details): 9:00am -3:15pm in the Dining Area

Artists' Haven: 10:00am in the Arts & Crafts Room Chorus: 10:00am with **Don** on the Stage

Fun with French: 12:45pm with Jen on the 3rd & 4th and Wednesdays of the month**

Bingo: 1:00pm with Carrie in the Dining Area (**EXCEPT the 1st Wednesday of the month**)

THURSDAY

<u>Independent Craft Activities</u>: 8:15am—12:45pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

<u>Pinochle, Dominoes, Euchre, AND Card Games with NEW RESTRICTIONS</u> (see Staff for details): 9:00am -3:15pm in the Dining Area

Total Body Workout: 9:45am with Michelle in the Community Center

**NEW: Seniors in Stitches: 1:00pm in the Arts & Crafts Room (read inside Golden Voice for more details!)

FRIDAY

Independent Craft Activities: 8:15am—9:30pm AND 12:15pm -3:30pm in the Arts & Crafts Room

<u>Tai Chi</u>: 9:00am with **Pat** in the Community Center**

<u>Chess</u>: 9:00am with **Brooks** on the Stage**

TGIF Couponing: 9:15am - 10:00am in the Dining Area

Book Club: 10:00am in the Arts & Crafts Room

Poker, Dominoes & Card Games with NEW RESTRICTIONS (see Staff for details): 9:00am -3:15pm in the Dining Area

February 2022 Special Events

You must call the Golden Age Center at (716) 773-9682 to register for any of these programs in order to meet participant limits. **First come, first served!** Please give us your name and telephone number to register for the program (Payment ALSO for programs that have a cost, as payment holds your spot in the program). **Join in the fun with us!** Thank you!

Mondays in February: 1:30pm

Coffee Club with Carrie

Please join Carrie in the Dining Room each Monday to share what is coming up in the week ahead and check in with how we are all doing. Hot and cold beverages will be available for all to enjoy. Please be sure to come and join Carrie!

Wednesday, February 2: 11:45AM for the Birthday Lunch; 12:45PM—1:45PM for the entertainment

Ooh Là Là French February Birthday Party

Let's get together for lunch and celebrate the seniors who are celebrating a birthday this month! Be sure to wear your fun, winter socks, crazy winter shirt or sweater for this **THEMED** birthday party! A delicious, hearty French feast will be served for this February Birthday lunch, complete with our creamy ice cream & homemade French Silk birthday cake! Join us for a funfilled celebration, get ready to hear some great piano and violin music from Peter Van Scossa entertain us this afternoon, enjoy great food, socialize with your friends, and enjoy great company as we celebrate together.

Thursday, February 3: 10:30AM

Random Acts of Kindness Preparation

In the month of February, let's celebrate care and compassion throughout our Golden Age Center community for our friends to recognize Random Acts of Kindness week that is celebrated from the $14^{th} - 20^{th}$. We will make up small bags and cards for us to share in the coming weeks during these special dates. Help spread kindness in our community!

Friday, February 4: 12:45PM

Bingo Bonanza

For \$1.00 for the first bingo board and a dream, you too can try to win the PRIZE envelopes! Additional boards are available for just \$.25 each, and you may play up to four (4) boards. Come one, come all! Join us for laughs and lots of fun!

Tuesday, February 8: 10:30AM

2022 Winter Olympics Review

Today, we are going to review what has been going on with Team USA with the various Olympic sports and enjoy some videos from the events held thus far. This year's Olympics is from February $4^{th} - 20^{th}$. Come cheer the USA on!

Wednesday, February 9: 12:30PM onward

Afternoon of Games!

Did you know that we have some great games inside in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this fun afternoon!

Wednesday, February 9: 1:30pm on the phone

Social Group Respite Program

Today, we will do a special COVID-style Social Group Respite Program with a special February theme via phone. The group hopes to return to meeting in April 2022. For more information, please call Jen (716) 773-9682, option 2.

Thursday, February 10: 10:45 AM

Crafting with Carrie-Holiday & Winter Lantern

Come and check out what we are doing with, of all things, Hot Wheels tracks! A beautiful item for you to gift or to keep as your own décor, there is a sample in the Office window of what the completed project will look like. Registration is <u>important</u> so that materials can be purchased and prepped ahead of time. Registration is <u>LIMITED</u> and <u>REQUIRED</u>, so please be sure to sign up ASAP. The cost is \$6.00 and payable upon registration at the Office.

Friday, February 11: 11:30 AM

Superbowl Pregame Party

Get ready to party today and come join us for some pregame party foods as we chow down and watch some previous football bloopers. After lunch, you can join us for more refreshments and make your own Superbowl/sport pennant and contribute to the decorations in the center. Be sure to wear your favorite football jersey or football gear as we celebrate!

Monday, February 14: 11:45AM

Sweethearts' Luncheon

Members married 40 years or longer, who have participated in programs at our senior center in the past year will be our guests, free of charge, for this special lunch. Please call the Center to make a reservation and to let us know the number of years that you have been married. Members are asked to join in the celebration with the lucky couples...bring your friends, companion, anyone that you hold dear in your heart! Today, we **ENCOURAGE ANYONE** wearing the **MOST CREATIVE ENSEMBLE** today will win a special **PRIZE!** Please join us for this special celebration.

Tuesday, February 15: 10:30 AM

Library Lovers' Week

Come and help us create some special items for Bridgette and her staff of the Grand Island Memorial Library today as we prepare them for Library Lovers' Week! Many hands always make lighter work!

Wednesday, February 16: 12:30PM onward

Afternoon of Games!

Did you know that we have some great games inside in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this fun afternoon!

Thursday, February 17: 10:30 AM

Wise Health Care

Please come and join us as we discuss and share information regarding health care and the best way to make the best decisions. Della Gray, President of Your Life Patient Advocacy, will discuss how to make wise decisions and how her company assists people with the various components of making decisions. Come and get some really good information!

Thursday, February 17: 12:45 PM

Executive Board Meeting

Club President Anna Vaccaro asks for the presence of the Executive Board together for their monthly meeting, to discuss Club business and to discuss upcoming events and MORE. Officers, mark your calendars and join us. Anna looks forward to seeing everyone then!

Monday, February 21: The Golden Age Center will be CLOSED in observance of the Presidents' Day holiday.

Tuesday, February 22: 10:30 AM

Crafting for a Cause

Today we will be packing items to give to various organizations. Please join us as many hands make light work!



E-mail Address:

Wellness Wednesdays:

Come on in anytime between 9:30am -10:00am on the following Wednesdays to check in with your Wellness! Get your blood pressure taken, and get helpful tips on wellness, self-care, and MORE! Give yourself a tune up and check in with Jen on one-on-one with her in the Dining Area during these times:

February 9

February 23

Gym equipment & piano

On the Stage, the Golden Age Center has a stationary bike, a NEW incumbent bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

Members who use this equipment will <u>SIGN IN at the Office</u>, will sign a waiver & will be shown how to properly use

the equipment. WE ALSO HAVE A PLANO TO

PLAY! The gym equipment and piano are available for use (and will be disinfected after each use):

Mondays & Fridays: 8am—3:30pm

Tuesdays: 8-9am; 3-4pm Wednesdays: 11:30am—3:30pm

Thursdays: 8am—3:30pm

Take a look at our Gym equipment & piano you can use...don't miss out!







Rowing machine

Piano



Go GREE	N with us and SAVE OUR EARTH!	Fill out this form and return it to the Office to receive your monthly copy of the
Golden Vo	oice newsletter via e-mail AND to receiv	ve ANY Golden Age Center e-blasts AND phone calls WITH up-to-date infor-
mation, as	it becomes available.	

Please print clearly. Thank you! Name: _	
Phone Number:	

REMINDER

Just a reminder...

On snowy mornings, the Nike Base sidewalks and parking lot will be plowed and salted by 8:45am.



Closings due to winter weather



If the Golden Age Center is CLOSED, you will find this information in the following places:

- On the **Town of Grand Island** website, under **Departments**, & under **Golden Age Center**
 - Announced on news channels 2, 4, & 7
 - Via signs on our door
 - By calling our Office at (716) 773-9682 & (716) 773-9683

Thursday, February 24: General Meeting of the Golden Age Club

Time: General Meeting at 11:15am; lunch to follow

Place: *Dining Area*

The day will start with the General Meeting at 11:15am, followed by our delicious lunch and great company of our friends. *All WINTER, please consider bringing a canned good, boxed food (cereal, pasta, etc.) or paper product (tissues, toilet paper, paper towels, etc.) to support the less-fortunate in our community, especially this winter, all to support the Neighbors Foundation.* Thank you, in advance, for your thoughtful consideration. <3

Thursday, February 24: Mitten Recognition Luncheon

Time: lunch at 12pm; ceremony to follow

Place: *Dining Area*

This special luncheon recognizes all of the Golden Age members that have given their time and talents in crocheting, looming and knitting hats, gloves, scarves, and headbands for those in the community who are less-fortunate. Join us as we thank them for the efforts in giving back to our WNY community, helping to keep people warm and cozy during the cold, winter months.

Friday, February 25: 11:00AM- 12:30PM

Grand Island Memorial Library Bookmobile

Join Bridgette and the Grand Island Memorial Library staff today as they come here to the Golden Age Center to bring their mobile Bookmobile! Register to get a new library card, learn more about the programs and services the local library provides, AND be able to check out NEW titles of library books. Check out all that our local library has to offer our community!



Walmart 💢

Walmart Shopping Trips





Join us on select mornings (Please CALL FOR AVAILABILITY AT(716) 773-9682) for a few hours of shopping to your hearts content. (You MUST wear a mask AND due to social distancing measures, those shopping will now go one at a time.) Dress comfortably AND bring your reusable bags. The driver will pick you up from Walmart around 11:30am. Shopping Trips have a 4 bag limit per shopper. Sign up EARLY for these shopping opportunities as opportunities fill up fast!



Members - Think spring, and help Hospice Buffalo during their 36th Annual Hospice Spring Bouquet Sale! The Town of Grand Island is participating by taking pre-sale orders at the Golden Age Center. The beautiful mixed standard bouquets are available for \$12. There is also a special Tribute bouquet available for \$35. All bouquets will be delivered here to the Golden Age Center on Tuesday, March 8. The order deadline is Friday, February 18 and payment is also due by Friday, February 18. Call (716) 773-9682, e-mail Jen, or stop by the Office to place your order. Every bunch truly makes a life better! The Bouquet Sale has raised over \$6.9 billion in 35 years. Thank you for supporting Hospice Buffalo.







Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 on Special Event days.

Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.

<u>Lunch includes</u>: An entrée with a meat, starch, vegetable, fruit, dessert, and beverage <u>Birthday Lunch includes</u>: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert <u>Each entrée includes</u>: 4 oz. meat, 4 oz. fruit, 4 oz. vegetables, & 4 oz. starch

February 2022

			July 1			
Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1Chinese New Year! Chicken Vegetable Lo Mein with Egg Roll & Mandarins	2 Birthday Lunch \$5 Chicken Cordon Bleu with Rice Pilaf, Green Beans and Caesar Salad	3Lunch@12PM Brunch for Lunch: Egg Bake Casse- role with Sau- sage, French Toast Sticks & Yogurt Parfait	4 Two Soups and a Scoop	5
6	7 Soup & Sandwich Creamy Tomato Soup with Grilled Cheese Sandwich, Crackers, & Fruit	Spaghetti with Meat Sauce with Green Beans & Garlic Bread	9 Hobo Pack with Applesauce	10 _{Lunch@12PM} Grilled Chicken over Fresh Garden Salad with Fruit	Two Soups and a Scoop	12
13	14Sweet- hearts' Luncheon \$5 Chicken Pot Pie with Garden Salad, Ambrosia, Roll & Butter & Special Dessert	Soup & Sandwich Minestrone Soup with Mini Pizzas, Crackers, and Applesauce	Assorted Sandwiches with Mac Salad, Fruit & Jello	17Executive Board Meeting \$5; Lunch@12PM Beef Stroganoff	18 Two Soups and a Scoop	19
20	21 CLOSED DAY	22 Winter Cookout! Hot Dog Bar with Chips, Baked Beans, & Pickle	Pizza with Wings, Celery & Carrot Sticks with Bleu Cheese Dip	24General Meeting \$5; Lunch@12PM Pot Roast with Mashed Potatoes and Broccoli Normandy	25 Two Soups and a Scoop	26
27	28 Soup & Sandwich Baked Potato Soup with Ham & Swiss Melt with Crackers & Fruit	register for luuntil 10:30am. allowed on openings are	ou MUST call the inch; calls will be a NO reservations f the answering mad LIMITED due to ar and the 10:30am c	occepted 8am or lunch will be thine. Lunch nount of food	Two Soups and a Scoop soups and a scoop of determined, salad (<u>ex.</u> enjoyed, along with fruit,	f a delicious, to be Chicken salad) to be

Updates from Jen's Desk...

January came and went, and January has been quite a challenge for many people. It has been a snowy, brisk month, virus has taken its toll on many people to start the month, and it's time to refresh and renew yourself this year in 2022. It's so wonderful to see how many people have been opening their hearts around the Golden Age Center and giving of their love and kindness in many ways around our senior center, by spreading kind words, by helping those less fortunate by bringing in food, by reaching out to those we haven't heard from...you are all AMAZING. THANK YOU for making our senior center the BEST AROUND! Here's just a few things that I wanted to share with you:

- We have some Rapid COVID -19 Test Kits available for our members. Should you need one, please come in and ask to pick one up. First come, first served.
- The AARP Safe Driving Class scheduled for February has been cancelled. So very sorry for the inconvenience!
- Our mandates are changing QUICKLY. With that being said, I am changing them as QUICKLY as they come. If you have ANY questions, PLEASE call us at (716) 773-9682 with ANY questions you may have. *Thank you for abiding by the rules and being respectful*.
- If I have ANY updates, I will post UPDATES in the following areas: Town of Grand Island website, under Golden Age, on Isledegrande, on our doors, via e-blast, via word-of-mouth around the Golden Age Center, via our Town Facebook page, and via our Town Emergency ticker (if I can). This is the BEST way I can get the word out right now. We are TRYING our best; you have to do your part to reach out to us too.
- We had (2) Pop-Up COVID-19 Booster Shot Clinics that I got together, and 84 people came. If there is a desire for another one, please let me know ASAP and I can try my best to organize another Booster Shot Clinic. All (3) vaccines were offered. Our Rapid COVID-19 Test Drive & KN95 Mask Drive gave out over 900 tests and over 8500 masks to those in need.
- Thank you to ALL who donated decorations, Christmas trees (of any size) to the Golden Age Center, to make our senior center FES-TIVE this past Christmas! We made our senior center FESTIVE and a delight for all to enjoy all MONTH long! I am in the works of bringing a new EVENT to the community for all to enjoy later this year. (Stay tuned!)
- Thank you so much for your donations of yarn and fabric. At this time, we can't accept any more because we've run out of space! If you're crocheting or knitting for our Mitten Project, come and pick up some more from us! We are starting to gather items for our 2022 Mitten Project! We made over 1,100 pieces for our 2021 Mitten Project! Thank you to ALL of our donors and our AMAZING participants! We will celebrate your success and caring help THIS MONTH!
- Take out meals will cost \$1 extra, to defray the cost of the container. Should you return the container, you will receive your \$1 back. This is due to the rising costs of take out containers, due to the Styrofoam ban. Thank you for understanding.
- Feel free to bring a plastic container to bring home your leftovers from lunch home in if lunch is too big for you. We strive to make lunch your biggest meal of the day. You may also brown bag your lunch anytime here too!

The Golden Age Center has strived to make February's activities surround this theme of connection, strength, staying strong (mentally, socially, and physically) and finding joy, not only this month, but all the year through, with our members, volunteers, and our community. We have SO many great programs, presentations, and events in store for you this month! Are you READY for all the fun?!?! *Join us.* We even have some great events to make you joyful, exercise your brain, make you laugh, and more! Stop in and see us to see what we have in store. We hope that something really peaks your interest. Have an idea? Share it with us!

Refresh, Renew and Re-YOU!

Stay well and be well, Jen Senior Wishes is seeking wish applicants



Senior Wishes, a WNY non-profit founded by the United Church Home Society, strives to fulfill wishes that may have been set aside by older adults. As vaccinations increase and our communities safely re-open, Senior Wishes is looking forward to re-engaging with qualifying seniors.

A wish can be any meaningful experience the recipient deeply desires. Past wishes have included visiting museums, celebrations for milestone birthdays, and lessons or supplies to revisit an abandoned hobby. Sometimes, a senior just needs a small household item to bring them some cheer.

According to Wendy Miller Backman, Executive Director, "Senior Wishes was created to foster respect and appreciation by providing seniors with a life enriching experience to be remembered. These are people who have spent their lives serving our country, caring for others, volunteering in the community and raising their families. We want them to know they are not forgotten."

Qualifying seniors may submit an application which is reviewed bi-monthly by a volunteer wish granting committee. After approval, a Senior Wishes representative will work together with the senior to plan the details of their wish. Community members are encouraged to reach out to deserving seniors, talk to them about their needs/dreams, and help them fill out the paperwork.

Wish recipients must be 65+ and a resident of Western New York with an annual income under \$38,000 for a household of one or under \$44,000 for a household of two. Permanent residents of care facilities are exempt from the income qualification.

Vacations, medical items, furniture, household repairs, bill payments and travel outside of the continental U.S. are excluded.

Full details can be found at your Conjor Wishes are as by calling Wondy at (716) FOR 2121

Unscramble the February-themed words! Good luck! Bonne chance!

4	
FEBRUARY	

February is such a beautiful time of year! The days are short and brisk, the days are crisp and snow-filled, and we celebrate MANY holidays and togetherness with our friends and family! What activities will you do in February?

What WINTER activities are your favorite? What do you DISLIKE? What could these SURPRISE words be?!?!

1.) o u p s	2.) e v t l l n n a e
3.) e l p a	4.) caosr
5.) I v o e	6.) c m p o s y
7.) h c	8.) d r o n h g u o g
9.) r a c d	10.) enhcles nwe eyar



Senior Bowling has started at 12:45pm on Tuesdays. Bowling is open to all seniors, regardless of bowling skill. Come out to Island Lanes for a fun afternoon of fowling and friendship. The cost is \$7 and covers 3 games, shoes and a bowling ball if you need it. Any questions? Please call Joanne at (716) 773-5698.

welcome to all our new members of the Golden Age Center, as of January 2022:

Jackie Sullivan Anthony Federio Prudence Federio Joan Murray James Dunlop Helen Mayo Linda Garcia Anne Dunlop Henry Ensminger Edward Garcia Jackie Sullivan

We welcome new members to join us for our programs, on our many programs, special events, for our transportation needs, our home-cooked lunch program, and MORE!



Our Coffee for the Month for February has been graciously donated by the Grand Island Historical Society, in honor of all Golden Age members, and we are grateful for their thoughtful generosity and support! This program will continue due to the generosity of our Golden Age Center friends!



The Try & Buy Clothing Closet has CLOSED for the WINTER!

The Try & Buy has CLOSED for the winter months! We hope that Golden Age members have enjoyed it! The closet is now used as a coat closet, for people to hang their coats and for people to put their boots. In here, we also have: our Lost & Found, items to loan out from the Lions Club Closet, and our collection bin for the Neighbors' Foundation. The Try & Buy will reopen

again in April. Thank you for your participation & support!



NEW! Monthly Lunch Drawing:



Each month, we will have a drawing for two lunch tickets at the Golden Age Center. Each day you participate in the lunch program, you may fill out a slip and put it in the Monthly Lunch Drawing.

The winner will be drawn the last day of the month. Linda Smith is the WINNER for the month of **December! CONGRATULATIONS!**

Golden Age Center Pantry & Closet



Did you know? The Golden Age Center has a small pantry of food, toiletries, paper products, small appliances, a closet of bedding, and other special items that have been gathered due to the generosity of Golden Age members, to help other Golden Age members in need.

> Are you in need of help? Don't let food and item insecurities hurt you or your family. Call (716) 773-9682 and ask to speak to Jen, confidentially, about your situation.



AARP Tax Preparation—February—April 2022

The Golden Age Center is not hosting AARP Tax Aide Service this year, BUT, NO FEAR! For your tax preparation needs, the following locations are hosting the AARP Tax Preparation Service for seniors. *Please call the following locations to set up* vour appointment: *Amherst Senior Center @ (716) 636-3055, ext. 3108; calls are only accepted between 11am -1pm. *Town of Tonawanda Senior Center @ (716) 874-3266

*By calling 211, ask to make an appointment for the AARP Tax Preparation Program at the Kenmore Library on Delaware Road, and the volunteer representative will set up an appointment once all details are finalized and they will make sure your tax return is something they can handle as well AND will go over the proper documentation required.

Members we lost in December 2021 and January 2022:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

Marge Lebrenz

Carmella Grunzweia

Marion Little

Mary Quinn

Members that were sick in January 2022:

Millie Attrino

Ruth Cunningham

Sue Phillips

John Leszczak

Bettu Phillips

Neighbors Foundation of Grand Island

stands ready to help with food for families who find themselves temporarily in financial difficulty. Long-term or repeat help must come from government social services or staffed help agencies, but the Neighbors Foundation can provide emergency help. To start a request for help, phone: (716) 773-4684



