



Golden Guide to the Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

Town of Grand Island

Golden Age Center

3278 Whitehaven Road

Grand Island, NY 14072

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E-mail: goldenage@grand-island.ny.us

Business Hours: 8am—4pm, Monday—Tuesday;
Thursday—Friday; 8am—8pm Wednesday

Website: http://www.grandislandny.us/departments/golden_age/index.php

John Whitney

Town Supervisor

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Recreation Supervisor—Senior Citizens

Carrie L. Mesmer

Recreation Leader—Senior Citizens

The **Grand Island Golden Age Center** provides services to all Grand Island residents, 50 years of age and older, regardless of religious, racial, political or ethnic background. This Town-sponsored facility provides transportation services, special events, educational, recreational & travel opportunities, as well as a congregate site featuring home-cooked meals on weekdays. Our mission is to provide safe, nurturing, and enjoyable activities to meet the needs of our senior population. Membership is free of charge. The staff and members of the Golden Age Center welcome you!

Join us for breakfast! Every weekday morning, bread with butter, and/or breakfast treats are out for members to enjoy free of charge. C'mon in as early as 8:00am, and join us in the Dining Room for breakfast! Coffee & tea can also be enjoyed with breakfast. Start your morning off right with other Golden Age Members!



Due to the continued generosity of our dear friends at **Tops Friendly Markets**, we have free breads & baked goods that are available for members to take home MOST days of the week, on a first come, first served basis. Stop by outside of the Dining Room & Kitchen each **DAILY** to pick up a bread or baked good to enjoy at home.



TRANSPORTATION: Transportation is available on a priority basis for all Island residents over 50 years of age. Medical appointments will be accommodated with first priority. We also provide transportation for Center activities, which includes participation in the lunch program, trips to the pharmacy, grocery shopping, day trips and more.

TRANSPORTATION APPOINTMENTS: For On-Island appointments, they must be made at least **2 business days in advance** (even for the lunch program) and **7 days in advance FOR OFF-ISLAND TRANSPORT**. The earlier you call to make an appointment, the better it is for us to meet your transportation needs.

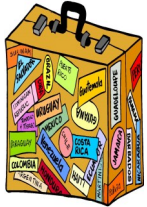
PLEASE REMEMBER: This is a **cluster driving service**. You may be picked up much earlier than your appointment. Please call us at (716) 773-9682 or (716) 773-9683.



Lunch Meals: A daily, full meal is served for lunch. Lunch specials for the month are listed in each monthly issue of **THE GOLDEN VOICE**. Lunch includes a homemade cup of soup, vegetable OR fruit, an entrée with meat, potato OR other starch, dessert, with a choice of tea & coffee. On Fridays, the Golden Age Center kitchen serves the lunch Souper Seniors, which includes unlimited soup and sandwiches, along with a dessert. The cost of lunch is **\$4.00** most days. If you would like to sign up for lunch, please sign up outside of the office or give us a call at **(716) 773-9682 or (716) 773-9683** to add your name to our lunch list. As you know, food prices are rapidly rising. If you signed up for lunch and you are unable to attend, please call us and cancel **as soon as possible**. We may be able to sell a cancelled lunch to someone who may otherwise be turned away. Thank you for your continued cooperation on this! If you like to plan ahead and would like to buy lunch ahead of time, you do so by purchasing **lunch tickets**. **Lunch tickets are \$4.00 each**. You can use your tickets in lieu of using cash. Please see a staff member for more information.



Travel: Do you like to travel and experience places far and wide? If you are interested in traveling with the Golden Age Club, please attend our *Travel Club* meetings held on a monthly basis, typically on the 2nd Monday of the month. Please stay tuned to **The Golden Voice** for the meeting date and time. We usually have one extended trip and several day trips planned throughout the course of the year. Our extended trips are decided by popular vote. We gladly take suggestions for trips, then we research and get prices for each trip. Once all the details are in place, information, such as dates and costs, will be provided. If you would like to be a part of the *Travel Club* or would like more information, please call us at (716) 773-9682 OR (716) 773-9683.



Birthday Box & Birthday Drawing: Every month, we will have a drawing for 2 FREE lunches at the Golden Age Center. If your birthday falls during the current month, each day you participate in the lunch program, you may fill out a slip and place it in the ***Birthday Box***. The slips and the Birthday Box are found on the counter, where you sign up for lunch. One winner will be drawn after the last day of each month. ***Good luck!***



Do you have an idea or suggestion for the *Golden Age Center*?

Don't be afraid to voice your opinion! There is **ONE**

Suggestion Box on the counter,

outside of the Office, where you sign up for lunch.

Please write your name and suggestion on the form provided by the box, and drop your suggestion in there. If

you'd rather discuss your ideas with a staff member,

please talk to the **Recreation Supervisor—Senior Citizens, Jennifer Menter**. Your thoughts and feedback are

appreciated!

Donations are **ALWAYS** gladly accepted for the following items:

- Socks, which will be given to the needy
- Yarn, to make mittens, hats & scarves
- Gently used items to re-sell in the **Country Store**
- Gently used clothing and shoes for the **Try & Buy Closet (April—December)**
- Gently used books for our **Library**
- Bingo prizes for our **Social Group Respite Program** (for those with dementias and Alzheimer's)



Country Store & Library in the Dining Area

Are you looking for a neat find? Stop on by the ***Country Store*** for gently used items at a fraction of the price!

From jewelry to scarves, housewares to gadgets, buy a great gift for someone special or buy a great treat for yourself! Our ***Library*** is stocked with nearly new hardcover books, priced at \$1, and softcover books, priced at \$.25. Prices are listed at bargain levels! Stop by and help support the **Golden Age Center** by making a purchase today! If you have items you would like to donate to the ***Country Store or Library***, please talk to a staff member. Thank you!

Try & Buy Closet—open April— early November



Donations of any nearly new and gently used clothing, shoes and jackets, coats, and purses you no longer need or want will be accepted from Spring through mid-Autumn!

Men, don't forget to bring in items as well! These items will be available for purchase at bargain prices to members.



Proceeds from the ***Try & Buy Closet*** are used to help purchase the Golden Age Center's Wish List items. Find a new piece for your wardrobe today! Another person's refuse is another one's treasure!

Things to remember at the Golden Age Center...



Label your coat with your last name. With the weather changing and more people wearing different types of coats to the center, it's important to label your coat with your last name so that your coat isn't accidentally taken by



another member! Many coats and jackets may look similar to yours. Thank you for your help in this matter. If you wear boots, please also label your boots with your last name, and place them on the tray or a newspaper on the floor under your coat. If you wear a scarf, hat, or gloves to the Center, please tuck them into your coat pockets or in the sleeve of your coat.

Resources & help: Do you need help? Are you struggling? Do you need someone to talk to? Are you struggling to have a nutritious meal? Do you need to get out of the house? Do you have a loved one struggling with dementia and Alzheimer's? Are you a caregiver who's struggling or feeling the effects of caregiving? Do you need resources and support? Do you need counseling? Do you need a referral? Do you need an ear to listen to? Make an appointment and talk to our **Recreation Supervisor—Senior Citizens, Jennifer Menter**. Call her at **(716) 773-9682 or (716) 773-9683** and **set up an appointment** for more information.

Thank you! Stop by and see all the Golden Age Center has to offer!