

Golden Age Center Lunch Calendar

Membership allows you to partake in our nutritious lunch program; lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.

Lunch is served at 11:45am Monday-Thursday & 11:30am on Friday.

Take-Out lunch is paid for Front Office of the Golden Age Center and picked up at the Kitchen with our talented chef.

Lunch includes: An entrée with a meat, starch, vegetable OR fruit, dessert, and beverage

Birthday Lunch includes: An entrée with a meat, starch, vegetable OR fruit, Birthday Cake, ice cream, and dessert. **Each entrée includes:** 4oz. meat, 4oz. fruit OR 4oz. vegetables, & 4oz. starch

January 2024

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

	1 CLOSED 	2 Hot Dog Bar with French Fries, Jello, & Fruit Cup	3 Silver & Gold Birthday Lunch \$6 Savory Beef Tips over Noodles	4 Stuffed Spaghetti Bake	5 Souper Seniors 	6
7	8 “Rachel” with Chips & a Pickle	9 Fried Chicken, Cheesy Potatoes & 3 Bean Salad	10 Glazed Ham with Scalloped Potatoes	11 BBQ Pulled Pork with Homemade Macaroni & Cheese	12 Souper Seniors 	13
14	15 CLOSED 	16 Hobo Pack	17 Polish Sausage & Pierogi with Applesauce & Sour Cream	18 Executive Board meeting \$6 Open-Faced Turkey with Stuffing & Cranberry Sauce	19 Souper Seniors 	20
21	22 Chicken Pot Pie with Ambrosia	23 Beef Stew with Buttermilk Biscuit	24 Swedish Meatballs with Rice	25 General Meeting \$6 Pork Chops with Mashed Potatoes & Applesauce	26 Souper Seniors 	27
28	29 Meatloaf with Mashed Potatoes	30 Chicken & Broccoli Alfredo with Garlic	31 Baked Italian Chicken with Green Beans	Update: You MUST call the DAY OF to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. Thank you!		