Golden Age Center Lunch CalendarLunch is \$4.00.ON SPECIAL EVENT DAYS, lunch will be \$5.00 or more,
and will be noted in the lunch calendar.

Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

Lunch includes: A cup of homemade soup, vegetable or fruit, an entrée with a meat, potato or other starch, dessert, with a choice of hot tea, iced tea OR coffee

Our Souper Seniors Lunch Includes: Unlimited soup & sandwiches, beverages & a dessert

| July 2019 | | | | | | |
|------------------|--|--|--|---|---|------|
| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
| | 1 Members' Coffee 10:30am Grilled Ham Steaks with Pineapple Glaze | 2 Hearty and delicious for Summer! Cornbread Casserole | 3 Birthday Lunch\$5.00 | 4 CLOSED | 5 Pizza, Wings and Garden Salad | 6 |
| 7 | 8 Travel Club meeting 10:30am Spaghetti & Homemade Meatballs | 9 Grilled Barbecue Chicken Dinner | 10 Turkey with Mashed Potatoes | 11 Perfect and fresh for the Summer Season! Cold Plate | 12 Souper Seniors | 13 |
| 14 | 15 Beef Taco Salad | 16(716) Day! Chicken Tender Hoagie with Chips & a Pickle | 17 Join us for a barbecue! Hot Dog Cookout | 18 Executive Board Meeting Pork Chops & Applesauce | 19 Souper Seniors | 20 |
| 21 | 22 Reuben with Chips and a Pickle | 23 Roast Beef with Scalloped Potatoes | 24 Vegetable Lasagna | 25 General Meeting \$5.00 Barry's Famous Southwest Taco Pie | 26 Souper Seniors | 27 |
| 28 | 29 Meatloaf with Mashed Potatoes | 30 Gourmet Macaroni & Cheese | 31 Grilled Bratwurst & Polish Sausage | | | |