



The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

July 2020

Flower: Larkspur

Birthstone: Ruby

Town of Grand Island
Golden Age Center

3278 Whitehaven Road
Grand Island, NY 14072

Phone: (716) 773-9682 OR (716) 773-9683

E-mail: goldenage@grand-island.ny.us

Business Hours: 8am—4pm, Mondays, Tuesdays,
Thursdays & Fridays

8am– 8pm Wednesdays

Website: [http://www.grandislandny.us/
departments/golden_age/index.php](http://www.grandislandny.us/departments/golden_age/index.php)

John Whitney
Town Supervisor

Jennifer Baney **Tom Digati**
Mike Madigan **Pete Marston**
Town Board

Jennifer R. Menter
Recreation Supervisor—Senior Citizen

Carrie Mesmer
Recreation Leader—Senior Citizen
Golden Age Center

July Member Birthdays

July 1	Maria Leszczak & Gary Roesch	July 20	Rick Berti
July 3	Donald Lewis	July 21	Betty Phillips
July 5	William Koch	July 22	Adrian Figliotti & Liz Lutnick
July 8	Anthony Amato & Joann DeBottis	July 23	Diane Maness & Joe Marino
July 11	Christopher Golinski & Sheila Rader	July 24	John Garey, Debra Gaudy, Claudia Preve, Suzanne Phillips, & Jill Travis
July 13	Michael Fabiu	July 26	Joyce McCloskey
July 14	Bernadette Childs, Mary Johnson & Rocco Piro	July 27	Rosemary Bahgat, Milton Kicklighter, & Tom Redell
July 16	Yvonne Dugan	July 28	Bob Elias, Ann Erker, Trent Gavazzi & Eunice Johnson
July 17	Marie O'Hara & Mary Warburton	July 29	Iris Galeza & Frank Greico
July 19	Jean Bartholomew, Connie Harrod & Bob Lutnick	July 31	Jackie Kazmierczak, Ann Koeta & Mary Vari

Weekly Consistent Activities at the Golden Age Center

MONDAY

Tai Chi: 9:00am with **Pat** in the Community Center

Color & Coffee Time: 9:30am in the Dining Area

Anything Craft Class: 10:00am with **Lorraine** in the Arts & Crafts Room

Arthritic Chair Exercises: 12:30pm with **Lorraine** behind the Stage

Pinochle & Various Card Games: 12:30pm in the Dining Area

Fun with French: 12:45pm with **Jen** in the Dino Room in the Activity Center

ATTENTION: Social distancing measures AND new recreation program measures will be in place prior to enjoying such programs. Please read the LATEST Golden Voice newsletter PRIOR to our reopening. Thank you!

TUESDAY

Total Body Workout: 9:30am with **Michelle & Ann** in the Community Center (*Fee for class is \$1*)

Beginner Line Dance: 11:00am with **Richard** behind the Stage

Canasta and Various Card Games (Pinochle, etc.): 12:30pm in the Dining Area

Bingo: 12:45pm with **Carrie** in the Arts & Crafts Room

Advanced Line Dance: 12:45pm with **Richard** behind the Stage

WEDNESDAY

Golden Age Chorus: 10:00am with **Don** on the Stage Walking Club: 9:15am with **LOCATION TBD**

Tennis: 10:00am on the Tennis Courts on the Nike Base

Artists' Haven: 10:00am in the Dino Room in the Activity Center

Various Card Games (Pinochle, Canasta, etc.): 12:30pm in the Dining Area

Fun with French: 12:45pm with **Jen** in the Dino Room in the Activity Center (**3rd, 4th, & 5th Wednesdays of the month**)

THURSDAY

Total Body Workout: 9:30am with **Michelle & Ann** in the Community Center (*Fee for class is \$1*)

Bingo: 10:00am with **Carrie** in the Arts & Crafts Room

Mahjongg: 12:15pm in the Pool Room (Lounge)

Euchre & Various Card Games (Pinochle, Canasta, etc.): 12:30pm in the Dining Area

Ceramics: 1:00pm in the Arts & Crafts Room

FRIDAY

Tai Chi: 9:00am with **Pat** in the Community Center

Chess: 9:00am in the Dino Room in the Activity Center

Coups for Troops: 9:30am in the Dining Area

Trim Time: 10:00am on the Stage

Read & Feed Book Club: 10:00am in the Arts & Crafts Room

Arthritic Chair Exercises: 12:30pm with **Lorraine** in the Arts & Crafts Room OR behind the Stage

Poker & Various Card Games (Pinochle, Canasta, etc.): 12:30pm in the Dining Area

****NEW TIME**: Chair Yoga: 1:00pm with **Vanessa from Soma Cura** on the Stage**

ATTENTION: Social distancing measures AND new recreation program measures will be in place prior to enjoying such programs. Please read the LATEST Golden Voice newsletter PRIOR to our reopening. Thank you!

July 2020 Virtual Recreation Opportunities via Zoom

You must call the Golden Age Center at (716)773-9682 to register for any of these programs by giving us your name, telephone number, and e-mail address so that you can be e-mailed the Zoom invitation information. The Zoom information will be e-mailed out the day before the program. Thank you!

Wednesday, July 1st @ 10:30am

Patriotic Coffee Social

Grab your coffee or tea and join me for a unique way to visit with each other during the pandemic. No political discussions! Wear your patriotic clothing and join Carrie for some trivia and facts about our Fourth of July. Bring also your party recipes and share them with everyone.

Thursday, July 2nd @ 12:45pm –2:45pm

Technology Assistance 1:1 (over the phone)

Are you interested in participating in our Virtual Recreation Opportunities that we're trying out with you all via Zoom? Need some help setting this up? Call into the Golden Age Center at (716) 773-9682 and receive help setting up Zoom app on your phone, table, laptop or computer via the GAC "Technology Geek Unit".

Monday, July 6th @ 12:45pm

Fun with French via Zoom—Join Jen today as we learn about Canada Day, America's Independence Day, & so much more!

Tuesday, July 7th @ 12:45pm

Two Truths and a Lie

Today is "Tell the Truth" Day so we can try our hand to stump the other participants with 3 statements about ourselves. Two are true and one is a lie....our job is to determine which one is the lie. Let's have fun!

Wednesday, July 8 @ 10:30am

Technology Class

Missed our first class about shopping apps and how to use them? Or maybe you want to know how to order items on-line and be safe about it? Join this class today and we will walk you through it.

Thursday, July 9th @ 10:00am

Prize Bingo

Join us for some fun Bingo games! We invite you to pick up your bingo board and play along with us via Zoom. You must register for this program by calling (716)773-9682 and giving us your name, telephone number, and email address so that you can be emailed the Zoom invite information. Prizes will be given out to the Bingo winners AFTER Bingo has concluded AND Bingo winners can call the Golden Age Center prior to picking up their prize.

Friday, July 10th @ 10:30am

Summertime Trivia

This morning, put on your thinking cap and let's see if you can guess the answers in this rowdy game of trivia, with all things to be centered around summer, and things related to summer. There may be a few "name that tune" questions included! Come and have some fun and relax!

Monday, July 13th @ 12:45pm

Fun with French

Join Jen today as we learn about Bastille Day, France's Independence Day, and some French history, with a French game or two thrown in! Join us! Bienvenue!

Tuesday, July 14 @ 12:45pm

Prize Bingo

Join us for some fun Bingo games! We invite you to pick up your bingo board and play along with us via Zoom. You must register for this program by calling (716)773-9682 and giving us your name, telephone number, and email address so that you can be emailed the Zoom invite information. Prizes will be given out to the Bingo winners AFTER Bingo has concluded AND Bingo winners can call the Golden Age Center prior to picking up their prize.

Monday, July 13th @ 12:45pm

Fun with French via Zoom—Join Jen today as we learn about Bastille Day, France's Independence Day, and so much more!

Wednesday, July 15th @ 10:30am

Coffee Social

Grab your coffee or tea and join Carrie for a unique way to visit with each other during the pandemic. No political discussions! Share your favorite beverage recipe for our eventual cookbook. You can e-mail your recipe to cmesmer@grand-island.ny.us but let's share them during our coffee social.

Wednesday, July 15th @ 12:45pm

Fun with French

Join Jen as she and the group discuss summer sports and activities one likes to participate in during the summer season. What are your summer favorites? What do you dislike about summer? She can't wait to discuss it with you with great French conversation!

Thursday, July 16th @ 10:00am

Matter of Balance

Join Jen for some stretches and exercises that will help you gain and strengthen your balance and mobility. Invigorate your day and your morning! All you need is a chair, wear comfortable clothing and sturdy shoes.

Friday, July 17th @ 11:15am

Swing and Sway with Danny Kaye

Let's listen and sing along when you'd like with Danny and others from that era. If you feel like dancing on Zoom, go right ahead and cut a rug! We just might join you!

Monday, July 20th @ 12:45pm

Fun with French

Join Jen as she and the group discusses birds and animals found in our area and action verbs! Let's try to sing the song 'Alouette' too together! Do you know what the tune is all about?

Tuesday, July 21st @ 12:45pm

Dance Party via Zoom

Today we will attempt to dance at home and share the fun with others. Maybe you can teach a few dance steps to us too! It will be different, guaranteed, but lots of fun. Move and groove!

Wednesday, July 22nd @ 10:30am

Technology Class

Have questions about your devices? Need help setting something up? Want to learn how to use the camera features on your phone? Or you want to learn more about social media and how to keep in touch with others during the pandemic? This class would be for you! Missed our first class about shopping apps and how to use them? Or maybe you want to know how to order items on-line and be safe about it? This is your time to learn all about it!

Wednesday, July 22nd @ 12:45pm

Fun with French

Join Jen today for a bit of ALPHABET SOUP! Don't know what this is about?!?!? Come join in the fun!

Thursday, July 23rd @ 10:00am

Prize Bingo via Zoom

Join us for some fun Bingo games! We invite you to pick up your bingo board and play along with us via Zoom. You must register for this program by calling (716)773-9682 and giving us your name, telephone number, and email address so that you can be emailed the Zoom invite information. Prizes will be given out to the Bingo winners AFTER Bingo has concluded AND Bingo winners can call the Golden Age Center prior to picking up their prize.

Friday, July 24th @ 10:00 am

Just Kidding Around

Come prepared for Pioneer Day/Tell An Old Joke Day with your best funny story/jokes. Be a comedian for the day! Let's have some lighthearted fun. Stumped for one to share? Ask your Alexa or Google Assistant for help! Here's one...What is the longest word in the English language? Answer: Smiles, because there is a mile between the first and last letters.

Monday, July 27th @ 12:45pm

Fun with French

Join Jen for some Travels Around the World! Bring a photo from one of your favorite trips and see if you can share your story *en français!* Join in the fun with this interactive topic!

Tuesday, July 28th @ 12:45pm

Prize Bingo via Zoom

Join us for some fun Bingo games! We invite you to pick up your bingo board and play along with us via Zoom. You must register for this program by calling (716)773-9682 and giving us your name, telephone number, and email address so that you can be emailed the Zoom invite information. Prizes will be given out to the Bingo winners AFTER Bingo has concluded AND Bingo winners can call the Golden Age Center prior to picking up their prize.

Wednesday, July 29th @ 10:30am

Coffee Social via Zoom

Grab your coffee or tea and join us for a unique way to visit with each other during the pandemic. No political discussions! Today is also National Chicken Wing Day so we could share our favorite recipes about chicken wings or the like. Have you ever gone to Buffalo’s National Chicken Wing Festival? Let’s talk about it. Come chat with your friends, or make a new friend or two through our Golden Age members!

Wednesday, July 29th @ 12:45pm

Fun with French

Join Jen for learning how to describe the daily rituals of taking care of oneself by using something called reflexive verbs.

Thursday, July 30th @ 10:00am

Matter of Balance

Join Jen for some stretches and exercises that will help you gain and strengthen your balance and mobility. Invigorate your day and your morning! All you need is a chair, wear comfortable clothing and sturdy shoes.

Friday, July 31st @ 10:00am

Paper Crafting

You will need to register ahead & pick up your supply bag in order to participate. Through Zoom, Carrie will walk you through the steps to use the bag of supplies and complete a fun, pretty paper craft project. While this is a new way to do things, it should be fun!

Fun July Holidays to Remember:

Wednesday, July 1: International Joke Day

Sunday, July 12: National Simplicity Day

Monday, July 13: National French Fry Day

Wednesday, July 15: National Give Something Away Day

Friday, July 17: National Lottery Day

Sunday, July 19: National Ice Cream Day

Saturday, July 25: National Wine & Cheese Day

Monday, July 27: National Crème Brulée Day

Thursday, July 30: International Day of Friendship

Will you do anything fun to celebrate these fun holidays? Share your ideas with Jen at jrmenter@grand-island.ny.us and enter your idea to win a great prize! Entries must be in by Friday, July 31, 2020.

Questions with NO Answers at the Moment:

- **When will our Golden Age Center open?** *We know you are anxious, and we are too, and we miss you too and want to be open, but we just don’t know yet. We want to be sure that it is safe and we must also follow our state, county, town and federal guidelines. Thank you for your patience with us!*
- **When will AARP Safe Driving Classes be offered again?** *We are hopeful that our August 11 & Tuesday, August 18 classes will be able to run, but, AARP has postponed ALL services (Safe Driving classes, Tax Preparation UNTIL FURTHER NOTICE).*

Hello Golden Age Center members:

On behalf of the Golden Age Center staff, I would like to start off by saying that I hope everyone continues to stay safe and healthy during the COVID-19 pandemic.

Here are some updates for you; the staff and I HOPE to have fun with you VERY SOON! You are all missed so much. Until further notice, the Golden Voice will ONLY be available JUST in digital form. Thank you for staying tuned!

During the COVID pandemic, we are working behind the scenes from 8am—4pm Monday—Friday. You may call us at (716) 773-9682 or (716) 773-9683 with any questions or concerns you may have.

At this time, the Golden Age Center remains CLOSED INDEFINITELY (Consistent Weekly Programs, Transportation, Day Trips, Special Events, Lunch Program, and so forth). Meals on Wheels will continue to run as NORMAL. Should you want to go on the Meals on Wheels program at this time, please call Jen at (716) 773-9682 to discuss the program and to register for the program.

Here are a few things I need you to know at this time:

- If you received a BPO Gift Card from the cancelled March and May BPO Coffee Concerts, they have no expiration date! You can use them whenever.
- We are HOPEFUL that we will be able to host the AARP Safe Driving Class in August AND we only have TWO spots left open should we be open at that point in time. Please call us at (716) 773-9682 for more details.
- The Spring 2020 Semester in-person presentations of University Express have been CANCELLED. There are some VIRTUAL, ON-LINE offerings of University Express available. Please look at the Golden Age Center webpage on the Town of Grand Island website and click on the University Express Spring 2020 link.

If you need TRANSPORTATION at this time:

- ◇ Elderwood is offering our Golden Age Center members at a discounted rate. Here is the information that you need to know: *All of their vans are wheelchair accessible. They do not have a set radius; however, they try to keep the distance to about 75 miles (1 way). 24-hours in advance gives them the proper amount of time to locate and book a van. The best number to contact is 716-250-0062. Anyone can always contact Blake, my contact, directly at 724-599-9134 to ensure rides are booked. Please let me know if you have any other questions regarding this transportation. They do NOT offer multiple pick-ups and drop-offs here in Grand Island. They pick up as early as 6am.*
- ◇ Bluebird Mobility is still transporting individuals to medical appointments as well but there is a charge too. You may call them at (716) 395-0000.
- ◇ Please try and call Hearts & Hands for transportation, as they may have extended their services here to Grand Island. They can be reached at (716) 406-8311.
- Day trips that were paid for in March and April will be refunded when we see you again AND WILL BE CANCELLED UNTIL FURTHER NOTICE.
- Tops is OPEN for Senior Shopping on Tuesdays & Thursdays from 6am – 7:30am so you can safely shop, and Sam's Club has a concierge service from 7-9am on Tuesdays so you can shop safely and with smaller crowds.
- Should you need grocery shopping done at this time and you are afraid to shop, we have a team of volunteers happy to shop for you. You must have a grocery list ready with a weeks' worth of groceries. Call us for more information.
- Meals on Wheels at home is a great option for many homebound seniors now. You can get a hot meal and cold meal daily for \$5. If this sounds like a good plan for you, call us for more information and to be registered for the program.
- If you need food, here are a few options...
- ◇ We have our Golden Age Center Pantry – call me and let's talk. Due to the generosity of our Golden Age members, donat-

Croquet



Did you know? The Golden Age Center has a croquet set available for member use (when the GAC reopens) and ready for interested individuals to borrow to practice their croquet skills on the Nike Base!

Stop by the Office to sign out the Croquet set. The Croquet set must be returned by 3:30pm so that they can be properly cleaned and disinfected.

Nike Base Par 3, 9 Hole Golf Course



The Golden Age Center has four golf bags of clubs available for member use (when the GAC reopens) and ready for interested individuals to borrow to practice their golf swing and practice their golf skills on the Nike Base!

Stop by the Office to sign out a bag of golf clubs. Golf clubs must be returned by 3:30pm so that they can be properly cleaned and disinfected.

ed food is available. Call Jen for more information. ALSO, Reach out to the Neighbors' Foundation at (716) 773-1452 OR (716) 773-4684 for assistance if you need food and additional assistance.

- ◇ Call 211 if you have questions or need help 24/7.
- ◇ Calling Erie County Senior Services at 858-8526 is another great resource for assistance.
- ◇ Calling NY Connects at 836-0822 ext. 121 or 257-3157 is another great resource for assistance.
- ◇ Call the Alzheimer's Association at 1 (800) 272-3900 for 24/7 help.

What can you do now if you can or want to help?

- Call & text each other or Facetime (if you can) and check in with your friends and family. Social connection is also key to staying healthy.
- Help out a neighbor (if you can)
- Social distance yourself 6' or more (please please please) AND STAY HOME AS MUCH AS POSSIBLE.
- Try a new hobby (reading, crafting, spring clean, organize, journal, yoga...this is the time to do it!)
- Knit and crochet for our Mitten Project
- Write cards for lonely seniors or those seniors that are in nursing homes
- Please e-blast any of the groups/programs you are involved in and help us out (Tai Chi, Total Body Workout, etc.) to touch base with your friends to make sure you're all doing okay. This is helping us stay connected with our many seniors via our phone trees, e-mail trees, etc. and WE TRULY APPRECIATE IT!
- Get a daily dose of sunshine and fresh air by sitting outside or taking a walk around the block

By doing all of this now, and staying home as much as possible and socially distancing yourself can keep yourself and others healthy so we can all be together again soon.

Here are some Virtual Recreational Opportunities available for you to enjoy in the meantime, should you be tech savvy:

Check out the links I put on our Golden Age Center page on the Town of Grand Island website, through Combat Social Isolation, from Erie County Senior Services, plus see the links I sent through this e-blast. Try these great Virtual Recreation Opportunities to keep you having fun and learning something new! From exercise classes, to presentations, to virtual tours and virtual travels, you can have fun right from the comfort and safety of your own home!

- New movies that would have been shown in theaters are being released via streaming services to rent. Check out Amazon Prime Video, iTunes, and YouTube for rental options.
- Many workout and fitness on-demand resources are available for you via social media channels, with many now being free. Silver Sneakers, now offers members age-appropriate online video workouts from home. (*Google search this!*)
- Learn something new! Over 500 Ivy League courses are now available for free. See the full list here. Be sure to check out the Yale's highly-regarded The Science of Well-Being course (the most popular in its history). (*Google search this!*)
- ***Also, please note that if you have a library card, our own Public Library system has GREAT Virtual offerings, including on-line classes, virtual classes such as virtual storytimes, cooking classes, book clubs, discussions, and so much more! This is a great time to learn something new. *****
- Call a lonely senior & spread some smiles and cheer—please call for more information
- Join us on Zoom for our Virtual Recreational Opportunities! There are SO MANY to enjoy!

If you want to help and give back, call and you'll be pointed in the right direction.

Are you a caregiver of someone with Alzheimer's or dementia or another illness? Is it getting more and more difficult to care for your loved one? Please talk to me! I have resources to help you out, including books and guides such as Powerful Tools for Caregivers, based on a class I teach, and other tips and tools. I'd be happy to share some thoughts with you OR lend my books out to you. Please see some fun April Recreation opportunities attached to this e-mail for you from the Alzheimer's Association for you to enjoy.

Once things are back to a new "normal", we will reconnect with everyone, for sure. I know that I, as recreation and park professional and senior service professional, play an important role in people and communities getting back to a normal life. I strive to provide the programs and services that help make strong, healthy communities and bring people together. It will be a MUCH different world we'll be coming back to, but we'll be all the better for it.

Continue to e-mail me, call us, stop by and honk your horn and social distance with us, share pictures with me and share pictures with me of how you are all Making Your Mark BEFORE the pandemic and NOW while we're apart! I can't wait to share this with all of you. I love all the e-mails and stories you've shared with me thus far, from bird watching, to making masks, to learning a new language, to writing family stories, to making family photo albums, to cooking new recipes, and more. I treasure our talks.

Please don't hesitate to reach out to me. Stay safe, stay well and be well and we'll see each other soon! Best, **Jennifer R. Menter**

Go GREEN with us and SAVE OUR EARTH! Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: _____

Phone Number: _____

E-mail Address: _____

Unscramble the WORDS:

- 1.) CPITARO _____
- 2.) EENNTICRA _____
- 3.) AEPLENPIP _____
- 4.) LAGF _____
- 5.) BACHE _____
- 6.) TOUCCNO _____
- 7.) NAWOWELMR _____



We hope that you all enjoyed the **60th Anniversary of the Golden Age Club and the Golden Age Center!**

SAVE THE DATE!
Our 65th Anniversary of the Golden Age Club and the Golden Age Center will be on **Monday, December 16, 2024!**

A warm welcome to all our new members of the Golden Age Center, as of June 2020:

Dana Papaj Don Papaj, Jr.

We look forward to welcoming new members when we reopen in the future AND we welcome new members to join us on our Monthly Virtual Recreational opportunities we offer!



Our Coffee for the Month program has been graciously donated by many different individuals and groups, and we are grateful for their thoughtful generosity and support! *This program will continue when we reopen due to the generosity of our Golden Age Center friends!*



Gym equipment & piano

On the **Stage**, the **Golden Age Center** has a stationary bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

We also have a piano to play!

Members who use this equipment will **SIGN IN at the Office**, will sign a waiver & will be shown how to properly use the equipment.

The gym equipment and piano are available for use (and will be disinfected after each use):

Mondays, Wednesdays, & Fridays: 8-10am;
1:30-4pm

Tuesdays: 8-9am; 3-4pm

Thursdays: 8-9am; 12:30-4pm

Monthly Birthday

Drawing:

Each month, we will have a drawing for **two lunch**

tickets at the **Golden Age Center**.

If your birthday falls during the current month, each day you participate in the lunch program, you may fill out a slip and put it in the **Birthday Drawing**.

The winner will be drawn the last day of the month. **Jim Walf** is the lucky winner for the month of **March!**





Senior Discounts shared to us by Golden Age Center member to enjoy around the community:



Take advantage of these great discounts around the community:

- ◆ Walgreens: 15% off on the 1st Tuesday of the month; 25% off Walgreens brand items
 - ◆ Savers: 30% off on Tuesdays
- ◆ Rite Aid: 20% off ALMOST EVERYTHING the 1st Wednesday of the month
 - ◆ Tops: 6% off on the 1st Tuesday of the month
 - ◆ Olympic Restaurant: Senior Dinner Discounts **EVERY NIGHT!**
- ◆ Fucillo Toyota: 10% discount on non-discounted services, such as oil change
 - ◆ Denny's: 15% off
 - ◆ Ted's: Veterans get a 10% discount

If you know of any other discounts, please let us know, so we can spread the news to our members!

****PLEASE REMEMBER TO SUPPORT YOUR LOCAL GRAND ISLAND BUSINESSES, NOW AND ALWAYS!****

Members we lost in June 2020:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

- | | |
|---------------------------|-------------------------|
| <i>Peter Marston, Sr.</i> | <i>Roy Meyers</i> |
| <i>Elizabeth Nagy</i> | <i>Leo Nowak</i> |
| <i>Elisabeth Ochs</i> | <i>Barbara Potenski</i> |
| <i>Richard Zygmunt</i> | |

Members that were sick in June 2020:

- | | | |
|-----------------------------------|----------------------|----------------------|
| <i>Martha Bojarski</i> | <i>Rita Desemone</i> | <i>Bill Hanson</i> |
| <i>John Duchnik</i> | <i>Bill Gerspach</i> | <i>Betty Killian</i> |
| <i>Delores Laska Kathy Menter</i> | | |
| <i>Richard Poveromo</i> | <i>Mary Stewart</i> | |
| <i>Sue Whitbeck</i> | | |

Neighbors Foundation of Grand Island



stands ready to help with food for families who find themselves temporarily in financial difficulty. Long-term or repeat help must come from government social services or staffed help agencies, but the Neighbors Foundation can provide emergency help. To start a request for help, phone: **(716) 773-1452 or (716) 773-4684**

Looking for VOLUNTEERS for the following endeavors:

- *Writing cards to isolated, lonely seniors*
- *Calling seniors through our Grand Island Dial-A-Senior Program*
 - *Volunteering through our Meals on Wheels program*

Does this interest you? Call Jen at (716) 773-9682 to speak with her regarding these opportunities!