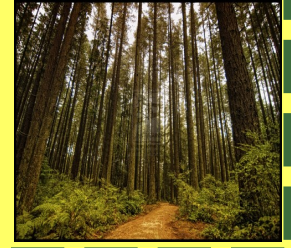




# Spring Senior Walking Club



Join Golden Age staff members at these great locations for a one mile walk (sometimes longer), on the following dates:

**Wednesday, June 7 @ 9:00am**

**. Nike Base Trail**

*(Meet at the Golden Age Center, and leave from here)*

**Wednesday, June 14 @ 9:00am**

**. West River Bike Path Trail**

*(Meet at the Golden Age Center, and leave from here)*

**Wednesday, June 21 @ 9:00am**

**. Beaver Island State Park**

*(Meet in Sledding Hill Parking Lot)*

**Wednesday, June 28 @ 9:00am**

**. Spaulding Trail**

*(Meet in the Ferry Village Parking Lot)*

*Please come dressed appropriately; sneakers are highly encouraged. They may get dirty depending on where we go. Also, bring water if it is hot out.*

*We will MEET at the above locations at 9:00am, and will begin our walk at 9:05am.*

*If the weather is inclement, (severe rain/thunderstorms), we will not meet.*

**If you have any questions, please call us at  
(716) 773-9682.**