## **May Kayaking Program for Golden Age Center**







<u>Fun Paddle</u>

Intermediate Paddling Ability - This is a great program for anyone who is comfortable paddling in the Niagara River. We will start with a general safety briefing and then paddle along the shore through the East River Marsh to the historic River Lea dock. From here we will cross the river channel to the NYS DEC Motor Island Wildlife Management Area, drift along this area, then head back across the river to the East River Marsh. Throughout this paddle we will get a close look at the habitat restoration projects and have a chance to see birds and other wildlife up close.

Location: East River Marsh Kayak Launch <u>Time</u>: 9:00 a.m. – 12:00 p.m. Perfect for the intermediate paddler (someone who has had experience on the water with us OR kayaking before! We will be paddling against the current for a portion of the paddle.) <u>Date</u>: Tuesday, May 16, 2023 <u>Max Seats</u>: 6 participants To register: Call the Golden Age Center at (716) 773-9682 to register.

## West River Sunset Paddle

**Beginner to Intermediate Paddling Ability** - Come and join us for a relaxing sunset paddle! We will launch from the Fix Road Overlook and take a nice easy paddle / float with the current along the West River and watch the sunset. Bring binoculars and camera for some good bird viewing and pictures. Bring a snack or dinner (something easy to eat) if you would like as well. We will finish at the Whitehaven Road Overlook and ride back in the Golden Age Center van to pick up vehicles. Please note, both overlooks are a shoreside entry; there is no ADA-accessible launch.

Location: Fix Road to Whitehaven Road Overlooks <u>Time</u>: 6:30 p.m. – 9:00 p.m. Perfect for the novice/intermediate (someone who has had experience on the water with us OR kayaking before!) <u>Date</u>: Tuesday, May 30, 2023 <u>Max Seats</u>: 6 participants <u>To register</u>: Call the Golden Age Center at (716) 773-9682 to register.