

Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 on Special Event days.

Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

****Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.****

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert, and beverage

Birthday Lunch includes: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert **Each entrée includes: 4 oz. meat, 4 oz. fruit, 4 oz. vegetables, & 4 oz. starch**

March 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 Mardi Gras! Pancakes with Sausage, Yogurt Parfait, Scrambled Eggs & King Cake	2 Ash Wednesday Potato Pancakes with Applesauce, Sour Cream & Broccoli	3 Beef Taco Salad	4 Two Soups and a Scoop 	5
6	7 Open Faced Turkey Sandwich	8 Winter Cookout! Hot Dog Bar with Chips, Baked Beans, & Pickle	9 Macaroni & Cheese with Tomato Slices	10 Grilled Chicken over Fresh Garden Salad with Fruit	11 Two Soups and a Scoop 	12
13 	14 Chicken Stir Fry with Rice	15 Hobo Pack with Applesauce	16 Lasagna with Green Beans	17 Executive Board Meeting \$5; Lunch@12PM Pot Roast with Mashed Potatoes and Roasted Carrots 	18 Two Soups and a Scoop 	19
20 	21 Egg Bake Casserole with French Toast Sticks & Sausage	22 Spaghetti with Meat Sauce with Green Beans & Garlic Bread	23 Baked Chicken with Stuffing	24 General Meeting \$5; Lunch@12PM Beef Stroganoff	25 Two Soups and a Scoop 	26
27	28 Ham & Swiss Melt with French Fries	29 Chicken à la King over Biscuit	30 Reuben with Chips and a Pickle	31 Chili with Cornbread		