

# Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.  
Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

*\*Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.\**

**Lunch includes:** An entrée with a meat, starch, vegetable, fruit, dessert, and beverage

**Birthday Lunch includes:** An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert **Each entrée includes:** 4 oz. meat, 4 oz. fruit OR 4 oz. vegetables, & 4 oz. starch

# March 2023

Sun. Mon. Tue. Wed. Thu. Fri. Sat.

<p><b>Update:</b> You MUST call us at (716) 773-9682, the DAY OF, to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. <i>Thank you!</i></p>	<p>call us at (716) 773-9682, the DAY OF, to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch openings are LIMITED due to amount of food available and the 10:30am cut off time. <i>Thank you!</i></p>	<p>1 <b>1 Birthday Lunch \$6</b>  Chicken &amp; Vegetable Stir Fry with Egg Roll &amp; Garden Salad</p>	<p>2 <b>Swedish Meatballs</b></p>	<p>3 <b>Souper Seniors</b> </p>	<p>4</p>	
<p>5</p>	<p>6 <b>Lasagna with Garlic Bread</b></p>	<p>7 <b>French Dip with French Fries &amp; Fruit</b></p>	<p>8 <b>Open-Faced Turkey with Stuffing</b></p>	<p>9 <b>Brunch for Lunch!</b> French Toast Sticks, Sausage, Fruit Cup &amp; Scrambled Eggs</p>	<p>10 <b>Souper Seniors</b> </p>	<p>11</p>
<p>12 </p>	<p>13 <b>Travel Club 10:30am</b>  <b>Beef Stroganoff</b></p>	<p>14 <b>Winter Cookout!</b> Hot Dog Bar with Chips, Baked Beans, &amp; Pickle</p>	<p>15 <b>Meatloaf &amp; Mashed Potatoes</b></p>	<p>16 <b>Ham &amp; Swiss Melt with French Fries</b></p>	<p>17  <b>St. Patrick's Day</b> Shepherd's Pie, Leprechaun Jello, with Roll &amp; Butter</p>	<p>18</p>
<p>19 </p>	<p>20 <b>Polish Sausage with Lazy Pierogi</b></p>	<p>21 <b>Spaghetti with Meat Sauce with Green Beans &amp; Garlic Bread</b></p>	<p>22 <b>Swiss Chicken Casserole</b></p>	<p>23 <b>Executive Board Meeting \$5</b> Crispy Chicken with Stuffing, Baked Beans &amp; Corn</p>	<p>24 <b>Souper Seniors</b> </p>	<p>25</p>
<p>26</p>	<p>27 <b>Beef Taco Salad</b></p>	<p>28 <b>"Rachel" with Chips and a Pickle</b></p>	<p>29 <b>Chicken à la King over Biscuit</b></p>	<p>30 <b>General Meeting \$6</b> Pork Chops and Mashed Potatoes with Applesauce &amp; Hearty Vegetables</p>	<p>31 <b>Souper Seniors</b> </p>	<p></p>