



The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

May 2022

Flower: Lily of the Valley

Birthstone: Emerald

Town of Grand Island
Golden Age Center
 3278 Whitehaven Road
 Grand Island, NY 14072
 Phone: (716) 773-9682

E-mail: goldenage@grand-island.ny.us

Business Hours: 8am—4pm, Monday - Friday

Website: http://www.grandislandny.us/departments/golden_age/index.php

John Whitney
 Town Supervisor

Christian Bahleda Tom Digati
Mike Madigan Pete Marston
 Town Board

Jennifer R. Menter
 Recreation Supervisor—Senior Citizen

Carrie Mesmer
 Recreation Leader—Senior Citizen
 Golden Age Center



Happy Birthday to those celebrating May birthdays!



May 1	Donald Hamman, Janice Hecko, Cynthia Stamler & Paul Wudyka	May 19	Pattie Frentzel
May 2	Rita Volpe	May 21	Cathy Kaegebein
May 3	David Sugg & Barbara Taefi	May 24	Nancy Tebo
May 5	Suzanne Muller	May 25	Paula Sciuk
May 6	Tammy Violanti	May 26	Carrie Mesmer, Lee Tetkowski & Elizabeth Wilbert
May 8	Lynn Gottler, James Huffman & Fazal Irshad	May 27	Richard McClive
May 13	Susan Bognar	May 28	Pat Shaw
May 15	Ed Bognar, Barbara Brzyski, & Susan Phillips	May 29	Ross Arsenault
May 16	Michele Drabik & Dorothy Lenehan	May 29	Linda Facklam

Weekly Consistent Activities at the Golden Age Center

ATTENTION: NEW Recreation program measures will be in place prior to enjoying such programs. Please note the following PRIOR to your visit:

- **Front AND Back doors of the facility are OPEN to the Golden Age Center.**
- **Please SIGN IN at the Office and let us know what program OR activity you are here to participate in; this is to ensure your safety and for us to keep accurate attendance.**
- Hand sanitizing throughout activity and hand washing is **strongly encouraged** often throughout your visit at the Hand Sanitizing stations. **PLEASE** ask for hand sanitizing pumps to be set out for these activities. (*ex. Card game tables, etc.*)
- Before leaving, you must **SIGN OUT** at the Office. This is for us to keep **accurate attendance** and that ensures that we know you have **safely exited** the building. *Our doors close at 3:45pm to start disinfecting the building for the night.*
- **Thank you for your cooperation! Have fun at the Golden Age Center! ENJOY!**

MONDAY

Independent Craft Activities: 8:15am—12:30pm; 2:15pm—3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Tai Chi: 9:00am with **Pat** in the Community Center

Chair Exercise: 10:00am with **Jenny** on the Stage

Quilting Club: 10:30am in the Arts & Crafts Room

Card Games & Dominoes: 9:00am –3:30pm in the Dining Area

Bridge: 12:30pm in the Dining Area *on the 2nd and 4th Mondays of the month*

Fun with French: 12:45pm with **Jen**

TUESDAY

Independent Craft Activities: 8:15am– 3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Total Body Workout: 9:45am with **Michelle** in the Community Center Beginner Line Dancing: 11:00am with **Richard** on the Stage

Canasta, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

Advanced Line Dancing: 12:45pm with **Richard** on the Stage ****Summer Bowling: 4:00pm with Joanne at Mallwitz Lanes (\$7 for 3 games)**

WEDNESDAY

Independent Craft Activities: 8:15am –10:00am; 2:15pm—3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Pinochle, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

Artists' Haven: 10:00am in the Arts & Crafts Room

Chorus: 10:00am with **Don** on the Stage

****Fun with French**:** 12:45pm with **Jen** on the 3rd & 4th and Wednesdays of the month**

Bingo: 1:00pm with **Carrie** in the Dining Area (****EXCEPT the 1st Wednesday of the month****)

THURSDAY

Independent Craft Activities: 8:15am—12:45pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Pinochle, Dominoes, Euchre, AND Card Games: 9:00am –3:30pm in the Dining Area

Total Body Workout: 9:45am with **Michelle** in the Community Center

****NEW: Seniors in Stitches:** 1:00pm in the Arts & Crafts Room (*read inside Golden Voice for more details!*)

FRIDAY

Independent Craft Activities: 8:15am—9:30pm AND 12:15pm –3:30pm in the Arts & Crafts Room

Pool games: 8:15am onward in the Pool Room/Lounge

Tai Chi: 9:00am with **Pat** in the Community Center**

Chess: 9:00am with **Brooks** on the Stage

TGIF Couponing: 9:15am - 10:00am in the Dining Area

Poker, Dominoes & Card Games: 9:00am –3:30pm in the Dining Area

Book Club: 10:00am in the Arts & Crafts Room

May 2022 Special Events for Older Americans Month: Age My Way!

You must call the Golden Age Center at (716) 773-9682 to register for any of these programs in order to meet participant limits. **First come, first served!** Please give us your name and telephone number to register for the program (Payment ALSO for programs that have a cost, as payment holds your spot in the program). **Join in the fun with us! Thank you!**

Wednesday in May, beginning at 1:00pm (EXCEPT for the 2nd Wednesday of the month) - May 4th, 18th & 25th

Afternoon of Games!

Did you know that we have some great games inside and outside (weather pending) in the Community Center for all to enjoy? Come and play with us! Enjoy an afternoon of foosball, air hockey, shuffleboard, basketball, ping pong, and other games with us, held by the Recreation Department and the Golden Age Center. Join us for an afternoon of fun! Call us at (716) 773-9682 to register to be a part of this great opportunity.

Fridays in May 1:00pm

Yoga, Mindfulness & Meditation with Soma Cura

Come and join the staff of Soma Cura for a free program of light yoga and meditation to center yourselves and work towards a stress-free and happier you! We have all navigated some crazy times over the last few years and it is time to concentrate on improving yourself while adding a healthy habit to your life. Register for this FREE program by calling our center at (716) 773-9682.

Wednesday, May 4: 11:45AM for the Birthday Lunch; 12:45PM—1:45PM for the entertainment

Country Western Birthday Party with Lyle Stang

Well hi de ho and let's go! Grab your partners and do se do! Wear your country western gear and giddy up and go. Leave your horses at the local saloon but come on in for some fun and a delicious lunch! While Brad Paisley might not be the headliner, Lyle Stang is! Get ready to party! Anyone exhibiting mischievous behavior will be put in our very own GAC "jail" so come and party with the best of us!

Friday, May 6: 12:45PM

Bingo Bonanza

For **\$1.00 for the first bingo board** and a dream, you too can try to win the PRIZE envelopes! Additional boards are available for just \$.25 each, and you may play up to four (4) boards. Come one, come all! Join us for laughs and lots of fun!

Monday, May 9: 10:30AM

Travel Club

Join us as we roll out the day trips planned for the month of June. Let's come together and share the excitement! Be sure to bring your money OR your checkbook, so that you can sign up for trips starting TODAY. Carrie is still accepting suggestions at the meeting and has been working hard on those that you have provided thus far; bring your ideas! Please remember, to be fair to all, no reservations can be made without payment. We appreciate your patience and understanding of this.

Tuesday, May 10 AND Tuesday, May 24: 8:15AM departure

Walmart Trip

Sign up at the Office or by calling (716) 773-9682 to be dropped off at Walmart in Niagara Falls and picked up 2 hours later. Limited seating and limited bags allowed. Please see or talk to Staff for more details.

Tuesday, May 10: 10:30AM

University Express: Switched at Birth

Join us today as Theresa Wiater, retired teacher from the Clarence Center Elementary School, presents the true story about two babies born within days of each other and were given to different parents. She will discuss how the families found out about the switch ten years later and what the future holds for both girls. Registration is a **MUST**. Sign up by calling (716) 773-9682.

Wednesday, May 11: Social Group Respite Program Time: 1:30pm—4:30pm Place: Community Center

Attention caregivers of people with Alzheimer's disease or a related dementia: A dementia-specific respite program runs today and every 2nd Wednesday of the month from **1:30pm until 4:30pm in the Community Center on the Nike Base**. This is a social group respite that we find benefits people with dementia and their caregiver. This respite is fun-filled with EIGHT varied activities planned throughout the course of the program. Great friendships and fun take place here! Please call Jennifer Menter at (716) 773-9682, option 2, for more information on this social program.

Wednesday, May 11: 4:30PM—8:00PM

Supper Club – Murder Mystery Night at Eggsquisite Eats

Tonight we will be meeting at the restaurant, *Eggsquisite Eats*, as we enjoy an Italian dinner and become a part of the **"Pasta, Passion & Pistols"** mystery. Cost is **\$18.00**. Call us at (716) 773-9682 for more information. You must pay upon registration and reservations close of business on Friday, May 6th. Transportation can be provided upon request for a limited number of participants.

Thursday, May 12: 10:45am

Crafting with Carrie—Bird Feeders

Come and join Carrie for this morning’s craft using some beautiful China cups and saucers and making our very own bird feeders for you to take home and enjoy! There is a limited number of supply kits available, and you MUST register and pay to hold your spot in this craft class. Class fee is **\$3.00**.

Friday, May 13: 8:30AM departure

Griffiths Sculpture Park, picnic lunch & walkabout in Ellicottville

Sign up early for this day trip to this unique park! You will enjoy a picnic lunch of chicken salad, fruit, chips, dessert, and bottled water. Cost is **\$25.00 per person, includes transportation, lunch, and ticket to park. Please NOTE: purchases will be on one’s own. Seating is limited to 8 people.**



THIS WEEK IS **CRUISE WEEK AT THE GAC**, SO JOIN US ON THE **“88 NEVER TOO OLD TO PARTY” SHIP!**



Our “regular activities” will be aboard our ship on the promenade, lido deck, dining room, & activity deck. Please see the welcome board or your Cruise Director/Staff for any questions.

Monday, May 16: 9AM departure *“Charming Canandaigua”*

Join our “port of call” during cruise week as “Cruise Director Carrie” takes us on a travel to the Canandaigua area. Stops include the Ontario Antique Mall, Tom Wahls, a winery, and Papa Jack’s Ice Cream. Bedore Tour bus leaves at 9:00AM and should return ~3:30PM. See Office staff for more information. Cost is **\$35.00 per person; lunch, wine tasting, purchases and ice cream is on one’s own.**

Wednesday, May 18: 4:30PM –8:30PM *Wednesday Night at the GAC- Potluck Dinner and University Express class*

Tonight we will have a potluck beginning at 5:00PM. Please bring a dish to pass. After the Potluck, you may attend the University Express presentation (see below for explanation). You are welcome to come in just for the dinner or just for the presentation. We ask though, that you register for either. Call us at (716) 773-9682 for more information.

Wellness Wednesdays:

Come on in anytime between 11:15am –11:45am on the following Wednesdays to check in with your Wellness! Get your blood pressure taken, and get helpful tips on wellness, self-care, stress management tips, and MORE! Give yourself a tune up and check in with Jen on one-on-one with her in the Dining Area during these times:

May 4

May 18

Gym equipment & piano

On the Stage, the Golden Age Center has a stationary bike, a NEW incumbent bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

Members who use this equipment will **SIGN IN at the Office**, will sign a waiver & will be shown how to properly use the equipment. **WE ALSO HAVE A PIANO TO PLAY!** The gym equipment and piano are available for use (and will be disinfected after each use):

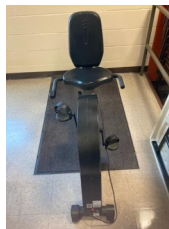
Mondays & Fridays: 8am—3:30pm

Tuesdays: 8-9am; 3-4pm Wednesdays: 11:30am—3:30pm

Thursdays: 8am—3:30pm

Take a look at our Gym equipment & piano you can use...don’t miss out!

Incumbent bike



Stationary Bike



Stationary stepper & stationary peddles



Rowing machine

Piano



Go GREEN with us and SAVE OUR EARTH! Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: _____

Phone Number: _____

E-mail Address: _____

Wednesday, May 18: 6:30PM

University Express: Boats, Business, and the Black Rock Harbor

Join us tonight for a special presentation by retired Assistant Professor at UB, Mary Ann Kedron, MBA, PHD, as she speaks on the early Black Rock Harbor. Come and listen and learn about the trading in an unexpected commodity and how it shaped this significant part of the City of Buffalo. Registration is a **MUST**. Sign up by calling (716) 773-9682.

Thursday, May 19: 10:30AM

University Express: Recycling 101

Presenters Gary Carrel, solid waste recycling specialist and Amy Alduino, recycling coordinator, Erie County Department of Environment and Planning, Division of Environmental Compliance Services will present today all things recycling! Wondering what you can and cannot recycle? This class is for you! We will talk about all of the things you can put in your recycle bin and what to do with the things you cannot recycle. Registration is a **MUST**. Sign up by calling (716) 773-9682.

Thursday, May 19: 12:30PM

Executive Board Meeting

Club President Anna Vaccaro asks for the presence of the Executive Board together for their monthly meeting, to discuss Club business and to discuss upcoming events and MORE. Officers, mark your calendars and join us. Anna looks forward to seeing everyone then!

Friday, May 20: 11:30AM

Cruise Week Dinner

Join Captain Jen and Cruise Director Carrie for a special luncheon in the **"Captain's Dining Room"** aboard the **"SS Never Too Old to Party"** Ship as we end our whirlwind tour of the islands! You must call and register in the morning as usual. Look for the mystery guests that will be joining us for dining. Special menu and meal prices.

Monday, May 23: 10:30AM

University Express: Identity Theft & Credit

Today, Jess Poleon, Director of Consumer Protection, Erie County Office of Public Advocacy, will talk about ways to ensure your identity is protected and what exactly goes into your credit score. You will learn how to obtain your free annual credit score and what to do if you find incorrect information on your credit report. Registration is a **MUST**. Sign up by calling (716) 773-9682.

Tuesday, May 24: University Express: Being Social on Social Media

Registration is a **MUST**. Sign up by calling (716) 773-9682 for hearing this fascinating, in-depth topic.

Wednesday, May 25: 4:30PM –8:30PM

Wednesday Night at the GAC- Pizza Party & Open Night

Tonight, come in for pizza, salad, and ice cream treat at 5:00pm. After dinner, you may participate in whatever activities you'd like in the various parts of the center OR you are welcome to come in just for the dinner OR for the Open Night fun. Cost is **\$15.00** for the Pizza Night. Call us at (716) 773-9682 for more information. **Reservations WILL NOT be accepted for dinner after the close of business on Monday, May 23.**

Thursday, May 26: 9:00AM departure "Shopping Buffet"

Sign up early for this day trip as we travel to the North Tonawanda Farmers Market and checking out The Old Chapel Antique & Artisan Market. Once we are done shopping, we will head over to the Beijing Buffet for a Chinese food lunch. (They do have some gluten free options there as well). **Cost is \$10 pp, includes transportation. Lunch and purchases on your own. Seating is limited to 8 persons.**

Thursday, May 26: 11:15AM for the General Meeting; 11:50AM for the Memorial Ceremony; 12:05PM for lunch
General Meeting & Memorial Ceremony

Join President Anna Vaccaro, the Executive Board, and the Golden Age members for their monthly meeting and catch up on happenings around the Golden Age Center, especially happenings during the last month, as well as programs and events coming up at the Golden Age Center. We will have our **May Memorial Ceremony, celebrating the lives of our Golden Age members that we lost in 2021, paying tribute to our dear friends we've lost over the last year, from 11:50am –12:05pm**. Enjoy a delicious lunch after 12pm, and to stay to hear the updates on happenings around our Grand Island community after lunch with our elected officials. Stay informed! We look forward to seeing you all.

Friday, May 27: 10:00AM Crafting with Carrie- Sachets and Scrubs

Today the crafting will involve making a beautiful sachet and your very own sugar scrub for your hands. As we shed our parched winter skin, the scrub will come in handy! There is a limited number of craft kits available. You **MUST** register and pay for the program ahead. Class fee is **\$3.00**.

Friday, May 27: 11:00AM-12:30PM

Grand Island Memorial Library Bookmobile

Join Bridgette and the Grand Island Memorial Library staff today as they come here to the Golden Age Center to bring their mobile Bookmobile! Register to get a new library card, learn more about the programs and services the local library provides, AND be able to check out NEW titles of library books. Check out all that our local library has to offer our community!

Monday, May 30: Golden Age Center is CLOSED today for the Memorial Day holiday.

Tuesday, May 31: 9:00AM departure Paula's Donuts, Savers & Greek to Me

This day trip has us going to Paula's Donuts first. Enjoy your treats and then we will head over to Savers. Tuesday is **Senior Day** so you will enjoy earning extra savings on any purchases you make. After shopping, we will just go down a few doors and have lunch at **Greek to Me**. We will return to the GAC around 1:30PM. **Cost is \$10 per person, which includes transportation. Lunch and purchases will be on one's own. Seating is limited to 8 people.**

Golden Age Center Lunch Calendar

Lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.










Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday.

Drive-Thru lunch is paid for and picked up at the Front Office of the Golden Age Center.

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert, and beverage

Birthday Lunch includes: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream, and dessert **Each entrée includes: 4 oz. meat, 4 oz. fruit OR 4 oz. vegetables, & 4 oz. starch**

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Swiss Chicken with Rice	3 Grilled Chicken over Fresh Garden Salad with Fruit	4  Cowboy \$6 Birthday Lunch Fried Chicken, Cheesy Potato Casserole, Baked Beans, Cornbread, and MORE surprises!	5 Open Faced Roast Beef with Mashed Potatoes	6 Two Soups and a Scoop 	7
8 	9  Travel Club Beef Stroganoff	10 Pierogi with Sour Cream, Applesauce & Broccoli	11 Hobo Pack with Applesauce	12 Ham & Swiss Melt with Tater Tots	13 Two Soups and a Scoop 	14
15	16 Lasagna with Green Beans & Garlic Bread	17 Chicken & Vegetable Lo Mein with Mandarin Oranges	18 Cobb Salad	19 Executive Board Meeting \$5 Pot Roast with Mashed Potatoes and Green Beans	20  \$6 Dinner with the Captain & Cruise Director 	21
22	23 Spaghetti & Meat Sauce	24 Egg Bake Casserole with French Toast Sticks & Sausage	25 Italian Sausage with Peppers & Onions	26 General Meeting \$5; Lunch@12PM Chicken Pot Pie with Ambrosia	27 Two Soups and a Scoop 	28
29	30 CLOSED  memorial DAY	31 Hot Dog Bar with the fixings, Chips, Baked Beans, & Pickle				

Updates from Jen's Desk...April has been AWESOME!



New Dart Board



Sewing Machines



Park Benches OUT for Spring!



NEW, Cozy Welcoming



Displaying Member Artwork

Here are a few UPDATES that I wanted to share with you this month:

- We have Rapid COVID-19 Test Kits available for our members, as well as masks. Should you need some, please come in and ask to pick up your allotment. Should you want us to bring them to you outside, through our Drive Thru, just call us at (716) 773-9682, and we'd be happy to bring them out to you, especially if you feel you are sick OR feel you have been exposed.
 - **ATTENTION: Please read this carefully:** Our mandates have changed QUICKLY. With that being said, here are the following changes that have taken place this month: *The mask mandates are no longer in place, as well as social distancing. We are NO LONGER asking our 3 COVID questions as you enter our building. Please know that as you enter our building from the front door or the back door, we will welcome you to our senior center and sign you in, and will ask you what program you will be participating in. Remember to sign out with us as you leave the senior center for the day; this is for your safety. Our normal cleaning and disinfecting will happen throughout the day. Should you wish to stay for lunch, drinks, silverware and napkins will be passed out to you, and then participants will walk up to the Kitchen window to pick up their meals. Those who wish to brown bag their lunch, we welcome you with open arms! Thank you for abiding by the rules and being respectful of one another! We appreciate your respectfulness and we appreciate your cooperation.*
 - Calling all artists and creative spirits! We have a new *Featured Member Artists* area in our senior center, and we KNOW how talented you ALL are! We welcome members that wish to display art work of their very own! Should you wish to display your work, please contact Jen at (716) 773-9682 for more information and to set something up with her.
 - Take out meals will cost **\$1** extra, to defray the cost of the container. Should you return the container, you will receive your **\$1** back. This is due to the rising costs of take out containers, due to the Styrofoam ban. *Thank you for understanding.*
 - Feel free to bring a plastic container to bring home your leftovers from lunch home in if lunch is too big for you. We strive to make lunch your biggest meal of the day. You may also brown bag your lunch anytime here too! Join us for lunch and enjoy the comradery and friendship.
 - The **Mobile Food Pantry** will be at the **St. John de LaSalle Church** in Niagara Falls at 12:00pm on the following dates: *April 8, 2022; May 13, 2022; and June 10, 2022.* Numbers will be handed out at 11:30am for the lucky recipients of this food.
- Refresh & Renew! Stay well and be well, Jen**



New this month...mark your calendar!



Tuesday, May 3: 10:00 AM Seniors in Service *New Program*****

Today join Carrie as we tour the Niagara Gospel Rescue Mission in hopes of becoming a permanent part of their volunteer force. Transportation will be provided to and from the mission. We will see the building, meet the volunteer coordinator, and see where we can fit in and be of help. You must be able to tolerate standing on your feet for periods of time amongst other things. Any questions please see Carrie and if you would like to be a part of this exciting new program as an extension of our crafting for a cause program, please sign up soon!

Wednesdays in May starting at 9:00 AM: Walking Club

Get your steps in and join the group for the resuming of the much-anticipated Walking Club. Each week, there will be a different place to walk along with those that would like to do a shorter version closer to the center. We encourage you to see the GAC staff and sign up to join the group and to get the schedule. Take charge of your health!

Monday, May 9, 2022: 8:30am – 3:00pm. Windsong Radiology Mobile Mammography Unit will be here at the Golden Age Center. If women are due for their yearly screening and women have had their prior mammograms, they can call (716) 929-9494 to schedule their yearly screening. Women would need a script from their doctor. Don't put off your health; put your health FIRST!

Monday, May 9th and Monday, May 16: 1:00PM—4:00PM AARP Safe Driving Course with Wayne West in the Dining Area! Save money on your auto insurance by taking this important course and learn to be safe on the road with Wayne. **\$25 for AARP members; \$30 for non-AARP members; checks payable to Wayne West. Reserve your spot TODAY by calling (716) 773-9682; LIMITED SPOTS!**

Friday, May 6: 10:30 AM: GAC "Ivy League" *New Program*****

Today we will begin the gardening program here at the center. Starting small, we can start some seeds in our special planting bags. Eventually we will plant in our raised garden beds and enjoy the fruits of our labor. Please come and help us out!

Friday, May 27: 10:30 AM

In today's meeting we will check the progress of our seeds and hopefully prep our raised garden beds to begin planting next month. We will make our shopping lists and make our garden markers so that we will be ready to plant! Join the fun!

Golden Age Center Pantry & Closet



Did you know? The Golden Age Center has a small pantry of **food, toiletries, paper products, small appliances, a closet of bedding, and other special items** that have been gathered due to the generosity of Golden Age members, to help other Golden Age members in need.

Are you in need of help? Don't let food and item insecurities hurt you or your family. Call (716) 773-9682 and ask to speak to *Jen*, ***confidentially***, about your situation.



SUMMER Senior Bowling will start at 4PM on Tuesdays. Bowling is open to all seniors, regardless of bowling skill. Come out to Island Lanes for a fun afternoon of fowling and friendship. The cost is \$7 and covers 3 games, shoes and a bowling ball if you need it. Any questions? Please call Joanne at (716) 773-5698.

A warm *welcome* to all our new members of the Golden Age Center,

as of April 2022:

Elinor Hubert
Dana Papaj

Sonja Miller
Don Papaj

Faye Teluk
Joan Papaj

Don Papaj
Judy Schmidt

We welcome new members to join us for our programs, on our many programs, special events, for our transportation needs, our home-cooked lunch program, and MORE!



Our Coffee for the Month for May has been graciously donated by *Grand Island American Legion*, in honor of Golden Age members, and *Tom Kunselman*, in memory of *Edna Kunselman*, and we are grateful for their thoughtful generosity and support! *This program will continue due to the generosity of our Golden Age Center friends!*



The Try & Buy Clothing Closet is now OPEN for the SPRING!

The Try & Buy has OPENED back up again! Golden Age members can start to bring in their gently used and nearly new clothing items, shoes, and jackets to be sold for a very low price. Golden Age members will be asked to bring in no more than (10) pieces at a time, as items will be aired out for (72) hours prior to going out in the Try & Buy for purchase. The Try & Buy will be open until mid-November.



NEW! Monthly Lunch Drawing:



Each month, we will have a drawing for **two lunch tickets** at the *Golden Age Center*. Each day you participate in the lunch program, you may fill out a slip and put it in the **Monthly Lunch Drawing**. The winner will be drawn the last day of the month. ***Ruth Landel* is the WINNER for the month of March! CONGRATULATIONS!**

Members we lost in April 2022:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

Members that were sick in April 2022:

Millie Attrino **Ruth Cunningham** **John Leszczak** **Larry Schupp** **Garry Deutschlander**
Lee Cohen **Bill Hanson** **Ruth Landel** **Jean Bartholomew** **Joanne Carcione**
 Betty Phillips **Anna Vaccaro** **Kathy Lechner** **Jan Yardley**

Neighbors Foundation of Grand Island

stands ready to help with food for families who find themselves temporarily in financial difficulty. Long-term or repeat help must come from government social services or staffed help agencies, but the Neighbors Foundation can provide emergency help. To start a request for help, phone: **(716) 773-4684**



**RAPID COVID-19
TEST KITS &
N95 MASKS**

MONDAY – FRIDAY
8AM- 3:45PM

6PM-8PM
MONDAY&THURSDAY
NIGHTS



Stop on by the **Golden Age Center** to pick up your **N95 masks AND RAPID COVID-19 TEST KITS.**

RAPID COVID-19 TEST KITS COME TWO TO A BOX.

MASK LIMIT: box of 20 masks per household
TEST KIT LIMIT: 2 boxes per household

**First come, first served.
Available while supplies last!
Must be GI resident; show ID.
CANNOT pick up for others.**

**Nike Base
Golden Age Center
3278 Whitehaven
Road**

CONTACT:
Call (716) 773-9682 OR
for more information



Unscramble the May-themed words! Good luck!

We have just changed the clocks FORWARD and Mother Earth is coming alive again... so many FUN things are happening this month! What could these SURPRISE words be?!? GOOD LUCK ;)

- 1.) ENSSUT _____
- 2.) TARHE _____
- 3.) UTILSP _____
- 4.) FGAL _____
- 5.) ALIMMEOR _____
- 6.) NRSPIG _____
- 7.) LLBASEA _____
- 8.) TBAOIGN _____

Important Phone Numbers to know: Who do you call when you need help?



Crisis Services: (716) 834-3131

2-1-1: available 24 hours a day, 7 days a week. Free and confidential referral service. Human & social services, emergency housing, legal services, domestic, health & wellness, food & nutrition, mental health, support groups, & developmental disabilities

Erie County Senior Services: (716) 858-8526

HEAP: (716) 858-7644

**Grand Island Legion Post #1346
2022 Annual Flower Fundraiser at
Deglopper Memorial Park**

**Friday, May 6 & Saturday, May 7
8am—6pm OR until sold out**

**Come and support the VETERANS!
Cash and Credit Card accepted**

Flowers are \$17 EACH and tomatoes are \$6 EACH



WE PROUDLY BRING YOU

GOLDEN AGE CENTER ARTISAN SHOW

An exhibition of Golden Age
members' talents through their
most extraordinary works of art!

**WEDNESDAY, MAY 4 2022
4 P.M.- 8 P.M.
3278 WHITEHAVEN ROAD**

This must-see Spring exhibit is organized
by the Golden Age Center and its
members, in honor of Older Americans
Month.

DON'T MISS OUT!

THIS EVENT IS OPEN TO ALL!

From featuring the Albright-Knox Art Truck to different
mediums of art created by our members, to culinary
art (food) and more, there is something for everyone!

Please join us for this night, celebrating varied art
forms created by our members!

Albright-Knox Art Truck: 5:00pm - 6:30pm

Artisans: 4pm - 8pm

**Culinary Art (Food Offerings): 4:30-7:30pm
and MORE!**

**AGEING IS THE TRUEST ART FORM
TO LIFE!**

For more details and inquiries, contact us at
(716) 773-9682 or at [jrmenteregrand-
island.ny.us](mailto:jrmenteregrand-island.ny.us).