## **Golden Age Center Lunch Calendar**

Lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.

Lunch is served at 11:45am Monday-Thursday & 11:30am on Friday.

\*Take-Out lunch is paid for Front Office of the Golden Age Center and picked up at the Kitchen with our talented chef.\*

<u>Lunch includes</u>: An entrée with a meat, starch, vegetable OR fruit, dessert, and beverage <u>Birthday Lunch includes</u>: An entrée with a meat, starch, vegetable OR fruit, Birthday Cake, ice cream, and dessert. <u>Each entrée includes</u>: 4oz. meat, 4oz. fruit OR 4oz. vegetables, & 4oz. starch

## November 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 Birthday Lunch \$6 Stuffed Pork Loin with Scalloped Potatoes, Hearty Veggies. & Applesauce	2 Beef Taco Salad	3 Souper Seniors	4
Turn Clocks BACK in FALL  Set Clocks Back 1 Hour First Sunday in November	6 Ham & Swiss Melt with Tater Tots	7 Brunch for Lunch! Cheesy Vegetable Egg Bake with Ambrosia & Sausage	Barbecue Chicken, Mashed Potatoes, Baked Beans, and Fruit	9 Executive Board Meeting \$5 Homemade Baked Ziti with Green Beans & Garlic Bread	10 CLOSED  VETERANS  DAY	11
12	13 Beef Stew with Biscuit	14 Chicken & Vegetable Stir Fry with Rice	15 Lasagna with Green Beans & Garlic Bread	16 General Meeting \$8 Thanksgiving Dinner with all the fixings!	Souper Seniors	18
19	20 Swiss Chicken with Rice	Pulled Pork with Homemade Macaroni & Cheese	Cheese & Pepperoni Pizza with 3 Bean Salad & Fruit Cup	23 CLOSED  THAPPY  THAPPY	24 CLOSED GIVING	25
26	27 Spaghetti & Meat Sauce	28 Chicken Pot Pie with Ambrosia	29 Beef Stroganoff	30 Harvest Chicken Salad with Fruit Cup & Roll & Butter		