



The Golden Voice

Golden Age Center

3278 Whitehaven Road, Grand Island, NY 14072

October 2020

Flower: Dahlia

Birthstone: Opal OR Tourmaline

Town of Grand Island

Golden Age Center

3278 Whitehaven Road

Grand Island, NY 14072

Phone: (716) 773-9682 OR (716) 773-9683

E-mail: goldenage@grand-island.ny.us

Business Hours: 8am—4pm, Monday - Friday

Website: http://www.grandislandny.us/departments/golden_age/index.php

John Whitney

Town Supervisor

Jennifer Baney

Mike Madigan

Tom Digati

Pete Marston

Town Board

Jennifer R. Menter

Recreation Supervisor—Senior Citizen

Carrie Mesmer

*Recreation Leader—Senior Citizen
Golden Age Center*

October Member Birthdays

| | | | |
|-------------------|---|-------------------|--|
| October 2 | Linda D. Davis & Richard Warner | October 14 | Iris Jircitano & Sheryl Kutis |
| October 4 | Robert Vaccaro | October 20 | Romona DeWitt & Wayne DeWitt |
| October 5 | Carolyn Mesches | October 21 | Suzanne McDonald, Gunnar Munk & Richard Schopp |
| October 6 | Jane Consier | October 23 | Gerry Robinson, Ed Shelp & Judy Wozniak |
| October 7 | Paul Leuchner, Robert McCormick, Robert Redfern, & Lorraine Willcox | October 24 | Betsy Morrison & Alpha (Liz) Wingert |
| October 8 | Casey Galeza & Lana Redell | October 26 | Pete Gottler & Lorraine Mangin |
| October 9 | Kristina Cutini, Judi Maier & Marion Samland | October 28 | Carl Beach, Brenda Cassoni & Ray Gress |
| October 10 | Annette Lobl | October 30 | Nancy Beach & Lynda Black |
| October 13 | Priscilla Johnson & Kim Yarwood | October 31 | Carolyn Huffman, Penny Panepinto & Jane Wynne |

Weekly Consistent Activities at the Golden Age Center

ATTENTION: Social distancing measures AND new recreation program measures will be in place prior to enjoying such programs.

Please note the following PRIOR to your visit:

- Masks MUST BE WORN
- Temperature checks will be taken when you enter the Golden Age Center
- You will sign a waiver upon entry to our senior center
- You will register for the program or activity you wish to participate in at the Office along with the room that the activity/program will be done in
- Hand sanitizing throughout activity and hand washing is encouraged often throughout your visit
- Before leaving, you must sign out at the Office
- If participating in a Zoom activity, sign up for the activity to receive the Zoom activity codes; Zoom activity codes will be given the day before the activity OR the morning of the activity

Welcome back! We can't wait to see you soon for our Consistent Activities AND our Special Events via Zoom (Virtual Recreation Activities), our Outdoor Recreation Activities AND our next phase of activities in September!

Stay well and be well, Golden Age Center staff

MONDAY

Independent Activities: 8:15am - 11:30am in the Arts & Crafts Room Tai Chi: 9:00am in the Community Center
Color & Coffee Talk Time: 9:30am - 10:30am in the Dining Area ****Fun with French on ZOOM**:** 12:45pm with Jen
Bridge, Card Games, & Dominoes with NEW RESTRICTIONS (see Staff for details): 1:00pm – 3:15pm in the Dining Area

TUESDAY

Coffee Talk: 8:15am - 10:30am in the Dining Area
Total Body Workout: 9:30am with **Michelle** in the Community Center
Beginner Line Dancing: 11:00 am on the Stage Advanced Line Dancing: 12:45 pm on the Stage
Independent Activities: 12:45pm in the Arts & Crafts Room

WEDNESDAY

Coffee Talk: 8:15am - 10:30am in the Dining Area Walking Club: 9:15am with **LOCATIONS TBD WEEKLY**
Tennis: 10:00am on the Tennis Courts on the Nike Base Artists' Haven: 10:00am in the Arts & Crafts Room
Canasta, Dominoes & Card Games with NEW RESTRICTIONS (see Staff for details): 1:00pm – 3:15pm in the Dining Area
****Fun with French**:** 12:45pm with Jen (3rd, 4th, & 5th Wednesdays of the month) in the Community Center

THURSDAY

Total Body Workout: 9:30am with **Michelle** in the Community Center
Pinochle, Euchre, Dominoes, & Card Games with NEW RESTRICTIONS (see Staff for details): 1:00pm – 3:15pm in the Arts & Crafts Room
Bingo on ZOOM and on site 1:00pm with **Carrie** in the Dining Area

FRIDAY

Coffee Talk: 8:15am - 10:30am in the Dining Area Tai Chi: 9:00am in the Community Center
Coups for Troops: 9:30am - 10:30am in the Dining Area Book Club: 10:00am in the Arts & Crafts Room
Independent Activities: 12:45pm in the Arts & Crafts Room
Poker, Dominoes & Card Games with NEW RESTRICTIONS (see Staff for details): 1:00pm – 3:15pm in the Dining Area
Crafting with a Cause: 1:00pm in the Dining Area (1st, 2nd, and 3rd Fridays of the month)

October 2020 Special Events AND Virtual Recreation Opportunities via Zoom

You must call the Golden Age Center at (716) 773-9682 to register for any of these programs (EITHER IN PERSON & ZOOM in order to meet occupancy limits and technology needs) by giving us your name telephone number, and e-mail address so that you can be e-mailed the Zoom invitation information. The Zoom information will be e-mailed out the day before the program.

Thank you!

Friday, October 1 @ 10:00am in the Dining Area

International Coffee Day/National Homemade Cookie Day

Today, we are going to celebrate two special October events in one! Carrie will offer you some special coffee drink additions and our fantastic kitchen staff will create a homemade cookie for us to enjoy! We may have some trivia or the like so please, stop in and enjoy some relaxing time with us all.

Friday, October 1 @ 1:00pm in the Arts & Crafts Room

Crafting for a Cause

Please join us as we start to sort and organize our hats, headbands, scarves, mittens, and socks and get them ready for distribution to the many organizations around our community that have asked for our help, due to the generosity of AND due to the talents of those participating in our **Mitten Project!**

Monday, October 5 @ 9:30am in the Dining Area AND via Zoom

Members' Coffee

Join Jen for coffee, tea or a treat from the Coffee Corner as she discusses happenings around the Golden Age Center! Please bring your questions, feedback, concerns, etc. She looks forward to seeing you then and spending quality time with you all!

Monday, October 5 @ 10:30am in the Arts & Crafts Room

Crafting with Carrie- Halloween Ghosts

Please join Carrie as we make *Halloween Ghosts* for you to hang. Using cloth napkins and some extra supplies, these ghosts are more cute than scary! Class size is limited so register early; Cost is just \$2.00 per person.

Tuesday, October 6 from 9:30am—11:30am in the Arts & Crafts Room

Flu Clinic with Walgreens

Please be sure to join us for this year's flu clinic. This is the only one that will be available here at the Golden Age Center. You **must** sign up and be assigned an appointment time. Please call us at **(716) 773-9682** to make an appointment.

Tuesday, October 6 @ 10:00am Viewing Party in the Dining Area

University Express: Preventing Dehydration

In our first "Viewing party" for University Express this season is one of your favorite presenters, Jennifer Johnson, health promotion coordinator for Blue Cross/Blue Shield of WNY. Jennifer will discuss the importance of hydration and some tips and tricks to stay healthy. **This is limited AND you must REGISTER ahead for this class by calling 773-9682.**

Wednesday, October 7 @ 11:30am—12:45pm in the Dining Area

October Birthday Party

Join us for an Oktoberfest-themed, COVID-19 style and safe Birthday Party! Come and celebrate those celebrating birthdays this month. Join us for a fun-filled celebration, and wear your lederhosen, get ready for some great German music, great food, great socialization, and enjoy great company as we celebrate in a unique way!

Wednesday, October 7 @ 1:00pm in the Dining Area

Wednesday Afternoon Matinee

Today's movie event will be *Casablanca*. Please join us in the Dining Area for this feature film. Humphrey Bogart and Ingrid Bergman will entertain us today. For the cost of \$2.00 payable at the event, you will be provided with a **Movie Snack Pack**. As with all programing, you must register for this due to the limited occupancy.

Thursday, October 8 @ 10:45am in the Arts & Crafts Room

Art with Nancy Koch

Join Nancy as she teaches this 2 week session on watercolor painting. Nancy will walk you through an autumnal painting that you will be able to take home. This class is limited to 8 students and you must register AND pay ahead; cost is \$3.00 for the 2 weeks session.

Friday, October 9 @ 1:00pm in the Arts & Crafts Room

Crafting for a Cause

Please join us as we start to sort and organize our hats, headbands, scarves, mittens, and socks and get them ready for distribution to the many organizations around our community that have asked for our help, due to the generosity of AND due to the talents of those participating in our **Mitten Project!**

Monday, October 12

The Golden Age Center is **CLOSED** in observance of the Columbus Day holiday.

Thursday, October 15 from 9:30am—11:30am (presentation in the Dining Area and one —on—one appointments on the Stage)

Medicare/Insurance Help

October 15th is the first day that you can make Medicare enrollment changes to take effect for 2021. Today, we will have Kathleen Flynn from the Clarity Group, Longevity Financial and New York Life who will provide an overview of Medicare. ***If you are new to Medicare, this would be for you!*** After the presentation, there will be individual independent reviews (approximately 20-30 minutes) of your own situation where you can sit down with Kathleen to go over your Annual Notice of Change from your current carrier, and discuss benefits like dental, hearing, and vision and plans available to you, including Medicare Supplement plans and EPIC. It is recommended that you have a list of your prescriptions and physicians. Please register for both the overview session and the individual appointments by calling the Golden Age Center at **(716) 773-9682**.

Thursday, October 15 @ 2:00pm Viewing Party in the Dining Area

University Express: COVID 19, the Flu, and You

Today's University Express "Viewing party" will be presented by Pati Aine Guzinski, training coordinator, Public Health Emergency Preparedness Division, Erie County Department of Health. Pati will discuss the status of COVID-19 and the flu season. She will also cover the different signs and symptoms and practical tips for trying to stay healthy. **This is limited AND you must REGISTER ahead for this class by calling (716) 773-9682.**

Thursday, October 15 @ 10:45am in the Arts & Crafts Room

Art with Nancy Koch

Join Nancy as she teaches this 2nd week session on watercolor painting. Nancy will walk you through an autumnal painting that you will be able to take home. This class is limited to 8 students and you must register AND pay ahead; cost is \$3.00 for the 2 weeks session.

Friday, October 16 @ 1:00pm in the Arts & Crafts Room

Crafting for a Cause

Please join us as we start to sort and organize our hats, headbands, scarves, mittens, and socks and get them ready for distribution to the many organizations around our community that have asked for our help, due to the generosity of AND due to the talents of those participating in our ***Mitten Project!***

Wednesday, October 21 @ 10:00am Viewing Party in the Dining Area

University Express: "We Are All in This Together": The Shared Experiences of Loss, Grief and COVID-19

Today's University Express "Viewing party" will be presented by Deborah Waldrop, PhD, Professor for the University at Buffalo School of Social Work. Dr. Waldrop will discuss losses that result in disenfranchised, ambiguous, and complicated grief. This class will identify the numerous non-death losses that have accompanied the "new normal" including fears of becoming or actually being sick with the coronavirus; the isolation of quarantine, social distancing and closures of favorite places; the inability to visit loved ones in long term care facilities; financial challenges; and caregiving. Normal responses to loss and symptoms that may indicate the need to seek professional help will be identified along with ideas, suggestions and resources for self-care and wellness will be shared. **This is limited AND you must REGISTER ahead for this class by calling (716) 773-9682.**

Wednesday, October 21 @ 1:00pm in the Arts & Craft Room

Crafting with Carrie-Fall Tea light Centerpiece

Join Carrie today as we make a centerpiece that you can make and either give or keep! This would be a perfect hostess gift or something that you could use on your own dining table, as it's not too big or in the way. Class size is limited so register early; cost is just \$2.00 per person.

Thursday, October 22 @ 10:45am in the Arts & Crafts Room

Art with Nancy Koch

Join Nancy as today she teaches painting on a ceramic pumpkin. This will not need to be fired, but you can spray seal it once it dries. Due to the nature of the class, it is limited to 8 students and you must register/pay ahead. Cost for this class will be \$10 to cover the cost of the pumpkin.

Thursday, October 22 @ 12:30pm on the Stage AND on Zoom

Executive Board meeting

Join President Anna Vaccaro for this socially-distanced Executive Board meeting on the Stage. Come join us! RSVP with Anna Vaccaro, please, by Wednesday, 10/21/2020. Thank you!

Friday, October 23 @ 1:00pm in the Arts & Crafts Room

Cheerful Pen Pal Program

You can join us at the center or do at home! Spread cheer and some good will through the new pen pal program. At this time, while we await our list of pen pals, we are filling in reaching out to members as well as Meals on Wheels recipients.

Wednesday, October 28 @ 11:30am in the Dining Area

Sci-Fi Dinner Theatre

Today we will be having a special lunch and at the same time showing the classic film "Frankenstein". This 1931 version features Boris Karloff as the screen's most memorable monster in what many consider to be the greatest horror film ever made. Enjoy your meal alongside a film to coincide with the upcoming Halloween.

Thursday, October 29 @ 10:00am Viewing Party in the Dining Area

University Express: Overwhelmed by All Your Health Insurance Options?

Today's University Express "Viewing party" will be presented by the staff of the Insurance Resource Center of Erie County Department of Senior Services. In this class you will receive unbiased information on Medicare Advantage plans. They will discuss supplemental plans, options to pay for prescription drugs, and low-cost care options. **This is limited AND you must REGISTER ahead for this class by calling (716) 773-9682.**

Friday, October 30 @ various times throughout the Golden Age Center

Halloween Fun COVID-19 style!

Make no bones about it! Just bring yourself to the most happening place in town today and join in the fun for Halloween! This has been adapted in the safest way possible for us all to enjoy some past activities with some modifications and some new events!

Don't be a "scaredy cat" or spend your time at home "howling at the moon"; come to the Golden Age Center for Halloween FUN!

The activities and times are as follows:

9:30am Halloween Trivia with some frightful treats

10:30am Virtual Scavenger Hunt

11:15am Halloween Costume Contest begins

11:30am "Ghoul"ish Lunch (please call in the morning to register for this event between 8am-10:30am)

1:00pm Pumpkin Carving/Decorating

Croquet



Did you know? The Golden Age Center has a croquet set available for member use (*when the GAC reopens*) and ready for interested individuals to borrow to practice their croquet skills on the Nike Base!

Stop by the Office to sign out the Croquet set. The Croquet set must be returned by 3:30pm so that they can be properly cleaned and disinfected.

Nike Base Par 3, 9 Hole Golf Course



The Golden Age Center has four golf bags of clubs available for member use (*when the GAC reopens*) and ready for interested individuals to borrow to practice their golf swing and practice their golf skills on the Nike Base!

Stop by the Office to sign out a bag of golf clubs. Golf clubs must be returned by 3:30pm so that they can be properly cleaned and disinfected.

New Policies to Remember as we welcome you back to the Golden Age Center

PLEASE READ THIS: What to expect as the Golden Age Center reopens....

We know reopening under new guidelines and policies that is new and different is going to be a bit challenging and hard for all of us to get adjusted to. We are doing our best to offer what we can during these challenging time, in the safest way we possibly can. Your cooperation is most appreciated and will help us keep our facility safe, facility healthy for all to enjoy our programming, keep us all together having fun together, and will help us keep our doors open.

- All patrons must come in through the Front Door (West door) or the Back door (East door) and register with the Office, show that their mask is being worn, get their temperature checked, and sign the waiver, which patrons should confidently answer NO to OR they should NOT enter: (1) I am not experiencing any symptoms of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell. (2) I have not traveled to a highly impacted area within the last 14 days. A "highly impacted" area is a country or region for which the U.S. Centers for Disease Control and Prevention ("CDC") have issued a Level 3 travel health notice. (3) I have not been in a state or other jurisdiction in the United States, at any time in the last 14 days, from which individuals who travel to New York State are currently required by New York State to self-quarantine upon arriving in New York State. (4) I have not been diagnosed with Coronavirus/COVID-19, nor have I been exposed to someone with a confirmed or suspected case of the Coronavirus/COVID-19 within the last 14 days. (5) I am following state and local requirements and CDC recommended guidelines as much as possible to limit exposure to the Coronavirus/COVID-19 AND then sign the Contact Tracing Form.
- The Golden Age Center doors will be locked at 3:45pm to start the disinfecting process.
- Golden Age Center rooms, frequently-touched spots (door handles, windowsills, tables, chairs, etc.) will be disinfected throughout the day.

- Patrons **MUST** register to participate in any kind of program or activity at the Golden Age Center. Program space is **LIMITED** at the Golden Age Center and patrons must be respectful of space, social distancing and mandates.
- Hand sanitizer pumps and stations are located in the hallway outside the Pool Room/Lounge, outside the Office window, in every room at the Golden Age Center, on each Arts & Crafts Room table, outside the Storage Room door by the Kitchen, and inside each doorway of the Dining Area for people to sanitize their hands. Patrons are encouraged to sanitize **AND** wash their hands frequently in the Restroom too.
- Restrooms are set up for social distancing as well, accommodating one person in the restroom at a time. Please be as respectful as possible. We understand emergencies happen at times.
- Plexiglass has been installed over public interaction areas, such as the Office & Kitchen window.
- ***Please bring a water bottle with you when coming to the Golden Age Center; water fountain is NOT available for use.***
- Social distancing signage and floor signage has been posted for reminders to help control public interaction.
- ***There will be NO communal snacks, coffee stations OR fountains.*** You may go to the Coffee Corner, NOW located at Kitchen window, to ask for a cup of coffee or a homemade breakfast treat, or a breakfast treat, donated from our friends from Tops, given to patrons by Golden Age staff members. Coffee Corner will be open from 8:15am—11:00am daily.
- Each room has the “Room Policies” posted. Please **ask any questions** you may have if you need clarification.
- Prior to leaving, you **MUST** sign out at the Office so we know that you have safely left the building **AND** safely left our program.
- **YOU CAN NOT TAKE HOME FOOD AND YOU CAN NOT BRING IN FOOD TO SHARE...PERIOD!** You **MAY** brown bag your lunch though. This is to keep everyone **HEALTHY and SAFE during these times and this is a MANDATE. This is all to STAY OPEN SAFELY and HEALTHFULLY.**
- Masks **MUST** be worn when playing card games **OR** when talking in close proximity to friends **OR** when going to the restroom, **OR** moving throughout the building. Protect **yourself AND your friends AND Golden Age staff.**

How our reopening goes depends on how well everyone respects the policies and adheres to these policies. We If you're not comfortable, we ask that you do not come back to the Golden Age Center until we go to a more normal way of operating **OR** feel free to join us in our Outdoor Recreational Opportunities we'll be offering starting in September, **OR** join us for our Virtual Zoom Opportunities! Questions? Just ask! ***Welcome back! We missed you!*** *Stay well and be well, Golden Age Center staff*

A special thank you to Joy Mesmer for the donation of green peppers, Lynn Henschel for the olive oil, salt and pepper packets from Don & Evelyn Lewis, AND thank you to Kathy Higgins for the donation of tomatoes! All the above have been put to good use in our recipes in our home-cooked meals! Many thanks to all for your kindness and love!

Fun OCTOBER Holidays to Remember:

Thursday, October 1: International Day for the Elderly

Friday, October 2: World Smile Day

Sunday, October 4: Oktoberfest in Germany

Monday, October 5: Do Something Nice Day

Friday, October 16: Dictionary Day

Saturday, October 24: Make A Difference Day

Tuesday, October 27: National Tell A Story Day

Thursday, October 30: National Candy Corn Day

Will you do anything fun to celebrate these fun holidays? Share your ideas with Jen at jrmenter@grand-island.ny.us and enter your idea to win a great prize! Entries must be in by **FRIDAY, OCTOBER 30, 2020.**

Golden Age Center Lunch Calendar







Lunch is \$4.00.

Lunch is served at 11:45 am Monday-Thursday & 11:30 am on Friday. On Special Event days, lunch is served at 12 Noon.

NOTE: Due to MANDATES, CALL TO REGISTER for our Birthday Party, Members' Coffee, Executive Board Meeting AND General Meeting. It will ALSO be on ZOOM.

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert, with a choice of beverage **Our Souper Seniors Friday Lunch Includes:** Unlimited soup & sandwiches, beverage & a dessert

October 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|---|--|---|
| Update: You MUST call the DAY OF to register for lunch; calls will be accepted 8am until 10:30am. NO reservations for lunch will be allowed on the answering machine. Lunch spaces are LIMITED due to social distancing; reserve your spot today! Indoor AND outdoor seating at picnic tables will be offered. You will remove your mask when your lunch is served to you. <i>Bon appétit!</i> | | | | 1 Hobo Pack | 2 Souper Seniors  | 3 |
| 4 | 5 Members' Coffee 10:30am Lasagna | 6 Ham with Pineapple and Scalloped Potatoes | 7 Birthday Lunch <i>Oktoberfest!</i> German Sausage with German Potato Salad | 8 Brunch for Lunch (Please call for menu!) | 9 World Egg Day Souper Seniors  | 10 |
| 11 | 12 CLOSED  | 13 Spaghetti & Meatballs | 14 A Center favorite! Reuben with Chips & a Pickle | 15 Barry's Southwestern Taco Pot Pie | 16 Souper Seniors  | 17 |
| 18 | 19 Pizza | 20 Ham & Cheese Casserole | 21 Sirloin Tips & Pasta | 22 Breaded Chicken with Mashed Potatoes | 23 Souper Seniors  | 24 |
| 25 | 26 Bologna & Onions | 27 Chili & Cornbread | 28 Sci-Fi Lunch Theatre Mummy Hot Dogs with Carrot & Celery Slices with Green Goddess Dressing & MORE | 29 Grilled Cheese & Tomato Soup | 30 Join us for our Halloween tradition! "Ghoul"ash with Witches Brew | 31  |

Go GREEN with us and SAVE OUR EARTH! Fill out this form and return it to the Office to receive your monthly copy of the **Golden Voice** newsletter via e-mail AND to receive ANY Golden Age Center e-blasts AND phone calls WITH up-to-date information, as it becomes available.

Please print clearly. Thank you! Name: _____

Phone Number: _____

E-mail Address: _____

Unscramble these OCTOBER-THEMED WORDS:

- 1.) ECCSRRAOW _____
- 2.) MPNIPUK _____
- 3.) DROUG _____
- 4.) VEAESL _____
- 5.) TAMNUU _____
- 6.) AESVHRT _____
- 7.) YNACD _____



We hope that you all enjoyed the
**60th Anniversary of the
Golden Age Club and
the Golden Age Center!**

SAVE THE DATE!

**Our 65th Anniversary of the
Golden Age Club and the Golden
Age Center will be on
Monday, December 16, 2024!**

A warm welcome to all our new members of the

Golden Age Center, as of August 2020:

Gloria Slovick Russ Person

**We welcome new members to join us for our programs, on our many
Monthly Virtual Recreational opportunities we offer via Zoom, for
our individual activities, and home-cooked lunch program!**



Our Coffee for the Month program has been graciously donated by the
Table #6 Friends, for the month of October, in memory of Gail Sturm, and
we are grateful for their thoughtful generosity and support! *This program
will continue due to the generosity of our Golden Age Center friends!*



Gym equipment & piano

On the **Stage**, the **Golden Age Center** has a stationary bike, a rowing machine, resistance bands, small exercise balls & some light weights for our members to use, as well as stationary pedals & stationary steppers to use.

We also have a piano to play!

Members who use this equipment will **SIGN IN at the Office**, will sign a waiver & will be shown how to properly use the equipment.

The gym equipment and piano are available for use (and will be disinfected after each use):

**Mondays, Wednesdays, & Fridays: 8-10am;
1:30-4pm**

Tuesdays: 8-9am; 3-4pm

Thursdays: 8-9am; 12:30-4pm

Monthly Birthday

Drawing:



Each month, we will have a drawing for **two lunch**

tickets at the ***Golden Age Center***.

If your birthday falls during the current month, each day you participate in the lunch program, you may fill out a slip and put it in the **Birthday Drawing**.

The winner will be drawn the last day of the month. **Mike Owen is the WINNER for the month of AUGUST!**



Senior Discounts shared to us by Golden Age Center member to enjoy around the community:



Take advantage of these great discounts around the community:

- ♦ Walgreens: 15% off on the 1st Tuesday of the month; 25% off Walgreens brand items
 - ♦ Savers: 30% off on Tuesdays
- ♦ Rite Aid: 20% off *ALMOST EVERYTHING* the 1st Wednesday of the month
 - ♦ Tops: 6% off on the 1st Tuesday of the month
- ♦ Olympic Restaurant: Senior Dinner Discounts **EVERY NIGHT!**
- ♦ Fucillo Toyota: 10% discount on non-discounted services, such as oil change
 - ♦ Denny's: 15% off
 - ♦ Ted's: Veterans get a 10% discount

If you know of any other discounts, please let us know, so we can spread the news to our members!

****PLEASE REMEMBER TO SUPPORT YOUR LOCAL GRAND ISLAND BUSINESSES,
NOW AND ALWAYS!****

Members we lost in September 2020:

Please keep these members and their families and friends in your thoughts during this difficult time. Our Golden Age friends are dearly missed and they will be forever in our hearts.

If any Golden Age members have passed away and are not listed, please contact the Office at (716) 773-9682 so we can update our records. We sincerely appreciate your help.

Pat (Koo) Asarese Bertha Frank Tom Slaiman Margaret Stevens Ann Marie Chartrand

Members that were sick in September 2020:

John Blake Lynn Gottler Michelle Chassé Henry Lin Heidi Travagline Jill Travis

Neighbors Foundation of Grand Island



stands ready to help with food for families who find themselves temporarily in financial difficulty. Long-term or repeat help must come from government social services or staffed help agencies, but the Neighbors Foundation can provide emergency help. To start a request for help, phone: **(716) 773-1452 or (716) 773-4684**



Looking for VOLUNTEERS for the following endeavors:

- *Writing cards to isolated, lonely seniors*
- *Calling seniors through our Grand Island Dial-A-Senior Program*
 - *Volunteering through our Meals on Wheels program*

Looking for the following donations:

- *Coupons for us to cut out for our Coups for Troops program*
- *Individual flavored drink packets (to be put in as a gift for the homeless)*

Does this interest you? Call Jen at (716) 773-9682 to speak with her regarding these opportunities!

Look at these Golden Age Center UPDATES that were made for our Golden Age Members to ENJOY!



Golden Age Center foyer



Mobility-friendly hallway



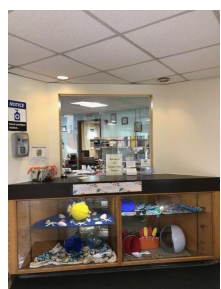
Organized Mitten Project items for the community



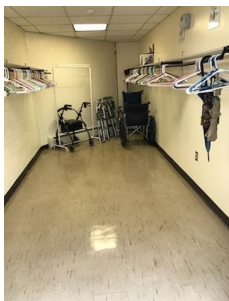
Florida Room in the Back Foyer



Memories Over the Years Scrapbook Area



Welcome Summer Foyer



Coat Room



Dining Area entrance/exit



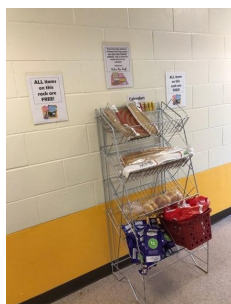
Ceramics and craft supplies for people to enjoy and craft with!



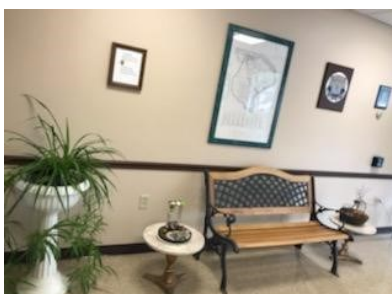
Sewing Area in the Arts & Crafts Room



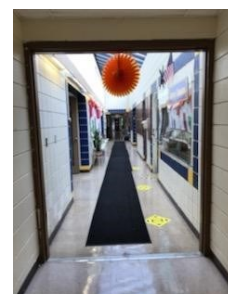
Entertainment Center



FREE Rack of Treats



Grand Island-themed Welcome Foyer



Painted Interior Hallway



NEW Library



NEW Social Sitting Area at South entrance



NEW Socially-Distanced Dining Area



NEW Coffee Corner



The NEW Country Store with fresh finds!