## **Golden Age Center Lunch Calendar**

Lunch is \$4.00 OR \$5.00 OR MORE on Special Event days.

Lunch is served at 11:45am Monday-Thursday & 11:30am on Friday.

\*Drive-Thru lunch is paid for Front Office of the Golden Age Center and picked up at the Kitchen with our talented chef.\*

<u>Lunch includes</u>: An entrée with a meat, starch, vegetable OR fruit, dessert, and beverage <u>Birthday Lunch includes</u>: An entrée with a meat, starch, vegetable OR fruit, Birthday Cake, ice cream, and dessert. <u>Each entrée includes</u>: *4oz. meat, 4oz. fruit OR 4oz. vegetables, & 4oz. starch* 

## September 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					Souper Seniors	2
3 KEEP CALM AND ENJOY THE LAST DAYS OF SUMMER	4 CLOSED  HAPPY LABOR DAY  ***	5 Swedish Meatballs & Rice	6 Birthday Lunch \$6 Chicken Fried Steaks with Mashed Potatoes, Gravy, Biscuit, Green Beans & MORE!	7 Chicken Tacos	8 Souper Seniors	9
10	11 Travel Club  Lasagna with Green Beans & Garlic Bread	12 Pulled Pork with Macaroni & Cheese	13 Chicken à la King with Biscuit	14 Ham & Swiss Melts with Onion Rings	Souper Seniors	16
17	18 Chicken & Broccoli Alfredo	19 Polish Sausage & Lazy Pierogi	20 "Rachel" with Chips and a Pickle	21Executive Board Meeting \$5 Pork Chops with Mashed Potatoes & Applesauce	Souper Seniors	23  HAPPY FALL
24	25 Greek Chicken Pita	26 Chili & Corn- bread	27 Autumn Chicken & Craisin Salad with Fruit Cup	28 General Meeting \$6  Beef Stroganoff	29 Pizza, Wings & Salad	30