

SUPPORTING BRAIN HEALTH IN OUR COMMUNITY

Join us for a program presented by the Alzheimer's Association®



Two-thirds of Americans have at least one major risk factor for dementia. Fortunately, we're at a turning point in our understanding of brain health and the science-backed actions we can take to protect it. Join us for a 15–20 minute presentation exploring the latest research and how building brain-healthy habits can help you live well now while supporting your memory and thinking for the future.

**Wednesday, July 15th
12:45pm**

**Grand Island Golden Age Center
3278 Whitehaven Rd.**

Registration requested! Call
800.272.3900, visit the link below or
call the Golden Age Center to register:
bit.ly/AlzGrandIslandJuly26

For 24/7 Alzheimer's care and support,
call **800.272.3900** or visit **alz.org**.

ALZHEIMER'S  **ASSOCIATION®**

This program is supported in part by a grant from the New York State Department of Health