



**\*NEW\***



# Senior Summer Walking Program

Join Erin at these great Grand Island locations for a one mile walk (or longer) on the following dates:

**Wednesday, July 5th @ 10:00 am**

- *Spaulding Trail*

(Meet in Ferry Village Parking Lot)

**Wednesday, July 12th @ 9:30 am (Meet at the GAC)**

- *Niawanda Park (Meet at GAC & drive together). Bring money, we will stop at Mississippi Mudds for a treat after our walk!*

**Wednesday, July 19th @ 10:00 am**

- *Beaver Island (Meet at the Sledding Hill Parking Lot)*

**Wednesday, July 26th @ 9:30 am (Meet at the GAC)**

- *Delaware Park (We will meet at the GAC & drive together)*

Please come dressed appropriately, sneakers are highly encouraged.

Also, bring water if it is hot out.

We will **MEET** at the above locations at **10:00 am** on the dates listed. If the weather is inclement (severe rain/thunderstorms), we will not meet. Should you have any questions, please call Erin at (716) 773-9682.

