



# Summer Senior Walking Club



Join Erin at these great locations for a one mile walk (sometimes longer), on the following dates:

**Wednesday, August 1st @ 9:45am**

**. Spaulding Trail**

(Meet in the Ferry Village Parking Lot)

**Wednesday, August 8th @ 9:45am**

**. River Lea Trail**

(Meet in the Ferry Village Parking Lot)

**Wednesday, August 15th @ 9:45am**

**. Beaver Island State Park**

(Meet in Sledding Hill Parking Lot)

**Wednesday, August 22nd @ 9:45am**

**. West River Trail**

(Meet at the GAC, and leave from here)

**Wednesday, August 29th @ 9:45am**

**. Buckhorn State Park**

(Meet in the Woods Creek Parking Lot)

***Please come dressed appropriately, sneakers are highly encouraged. They may get dirty depending on where we go. Also, bring water if it is hot out.***

***We will MEET at the above locations at 9:45am, and will begin our walk at 10:00am***

***If the weather is inclement***

***(severe rain/thunderstorms), we will not meet.***

**If you have any questions, please call Erin at  
(716) 773-9682.**