



# Senior Fall Walking Program



Join Erin at these great locations for a one mile walk (or longer)  
on the following dates:

**Wednesday, September 5th**

- No Walking Today!

**Wednesday, September 12th @ 9:45am**

- Beaver Island State Park
- (Meet in the parking lot next to the Clubhouse)

• **Wednesday, September 19th @ 9:45am**

- River Lea
- (Meet in River Lea Parking Lot)

• **Wednesday, September 26th @ 9:45am**

- Buckhorn State Park
- (Meet in Woods Creek Parking Lot)

Please come dressed appropriately, sneakers are highly encouraged.

Also, bring water if it is warm out.

We will **MEET** at the above locations at **9:45am**,  
unless specified otherwise.

If the weather  
(severe rain/  
storms), we  
meet.  
Should you  
questions,  
Erin at (716)



is inclement  
thunder-  
will not  
  
have any  
please call  
773-9682.