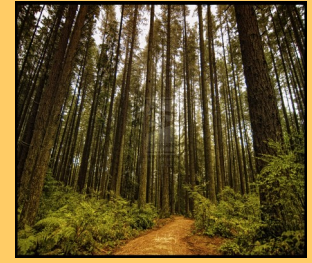


September Senior Walking Club



Join Golden Age staff members at these great locations for a one mile walk (sometimes longer), on the following dates:

Wednesday, September 6 @ 9:00am

. West River Bike Path Trail

(Meet at the Golden Age Center, and leave from here)

Wednesday, September 13 @ 9:00am

. Nike Base Trail

(Meet at the Golden Age Center, and leave from here)

Wednesday, September 20 @ 9:00am

. Veterans' Park

(Meet in the Grand Island Memorial Library Parking Lot)

Wednesday, September 27 @ 9:00am

. Scenic Woods

(Meet in the Scenic Woods Parking Lot)

Please come dressed appropriately; sneakers are highly encouraged. They may get dirty depending on where we go. Also, bring water if it is hot out.

We will MEET at the above locations at 9:00am, and will begin our walk at 9:05am.

If the weather is inclement, (severe rain/thunderstorms), we will not meet.

**If you have any questions, please call us at
(716) 773-9682.**