



**FREE FOR
ALL AGES**

**WEDNESDAY, APRIL 19TH
5-7PM AT GI HIGH SCHOOL
PLEASE ENTER THROUGH FRONT DOORS ONLY**



**JOIN US FOR OUR 2023
GRAND ISLAND
HEALTH &
WELLNESS FAIR**

TO PROMOTE PHYSICAL, MENTAL AND EMOTIONAL HEALTH

**FUN FOR THE WHOLE FAMILY!
ACTIVITIES • FOOD • MINI CLASSES •
GIVEAWAYS**

**WEAR
SNEAKERS &
COMFORTABLE
CLOTHES!**

VENDORS INCLUDE:



CARDIO DRUMMING
GI SPORTS MINI-CLINICS
GI REC DEPT.
HYBRID DEFENSE
CHIROPRACTIC SERVICES
CHILDRESS PERFORMANCE
POWER FITNESS
GRAND ISLAND DANCE
HEAD2TOE BODY STRETCH
BIKERS AGAINST CHILD ABUSE

GI YOUTH LACROSSE
CHILD ADVOCACY CENTER
YOUTH PEER ADVOCACY
GI FIRE DEPARTMENT
SAAC
EAT RITE FOODS
GI ACT CLUB
GI CHESS CLUB
DJ MR. WOODS
...AND MORE!

SPONSORED BY THE GRAND ISLAND SCHOOL DISTRICT
HEALTH & WELLNESS COMMITTEE



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