



Grand Island Recreation Department



Sunday Family Swim 2022-2023

Open swim and lap swim for children and adults;
Supervised by Recreation Department Lifeguards

Please note the following regulations for all participants:

- Enter the school through door #21
- Enter the pool through the shallow end side and sign in with lifeguard at the door
- Swimmers only on deck – all others must sit in the upstairs bleacher area
- Diving board and starting blocks are not available for use
- One to two lap lanes will be put in as needed
- Only toys / equipment provided by the Recreation Department at the pool is allowed
- All participants must have a completed Recreation Department Medical Form which includes emergency contact information. Note: Anyone under the age of 18 must have a parent / guardian signature

Please note the following regulations for all minors:

- Any child under the age of 18 who wishes to be alone in the pool (*see guidelines below*) must take a swim test on their first visit to the pool
- Children under age 14 must be accompanied by an adult age 18 or over
- Children ages 14-17 must be able to swim 1 length of the pool without assistance or stopping to be left unaccompanied.
- Children who are still potty training must wear a swim diaper.

**Please note, rules and regulations may change without prior notice to ensure safety of all participants*

Dates: (Sundays)	November	December	January	February	March
	13	4	8	5	5
	20	11	22	12	12
	27	18	29	26	19
					26



Time: 11:00 am-2:45 pm



Location: High School Pool



Updates and cancellations will be posted online at:

<https://grandislandny.myrec.com>