



# Grand Island Recreation Department



## Zumba Kids!

### w/ Certified Instructor Nichole Becker

**About Nichole:** Nichole Becker has been a certified Zumba, Zumba kids & Zumba kids jr. instructor since 2015. Nichole's experience includes instruction at Crunch Fitness, Island Fitness Center and for Girl Scout troops. Nichole is a mom of two children and an Island resident.

**What:** Zumba Kids is a series of movements to keep kids engaged and active through music and dance. Kids enjoy Zumba because it is a fun way to exercise and move to the music!

**Where:** Nike Base Community Center - 3278 Whitehaven Road

**When:** Tuesday Nights Starting October 20<sup>th</sup> – December 1<sup>st</sup>

**Age Groups**      Ages 5-6 runs 5:45pm - 6:30pm

**& Times:**      Ages 7-9 runs 6:45pm – 7:30pm

**Cost:** \$25.00

**Notes:** Be sure to check the website for complete program schedule and COVID guidelines.

**Age Groups Limited to 10 participants**

***Online Registration Available!***

Register at <https://grandislandny.myrec.com>

**Registrations will be accepted until the program is full  
at which time registrants can be added to the wait list**

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