

**Bally Total Fitness Fundraiser For
The American Cancer Society!**

**Take the Challenge
Calling all Members and NON-MEMBERS
Enlist to Eliminate!**

***In Honor of IAN Grand Island's Honorary Survivor and all our family
and friends who have fought or are fighting the good fight!***

Tricia's 2 hour Triathlon

**Sponsoring: the Grand Island Relay for Life Team
"The Record Breakers featuring The Polka Dot Chix"**

In memory of HIGGINS and all our pets that have fought or are fighting this horrible disease!

When: Saturday July 16, 2011
Where: Bally Total Fitness – 3880 East Robinson – Amherst
Time: 8:30 AM – 11:00 AM
Pilates: 8:30 AM – 9:15 AM with Tricia
Boot Camp: 9:30 AM – 11:00 AM with Tricia
Spin Class 1: 9:30 AM – 10:15 AM with Jen P
Spin Class 2: 10:15 AM – 11:00 AM with Jen P
(Spin Classes must be signed up and pre-paid to Tricia or Jen P)
Cost: \$15.00 Donation per person includes all classes
(Includes 1 sheet of tickets for basket raffle)
Who: All members and non-members invited!

Raffles: Basket Raffle (1 sheet of tickets \$5.00, 3 sheets \$10.00)
50/50 Split (3 tickets \$1.00, arm length for \$5.00)

Two Special Separate Raffle Prizes:

#1 – Kindle and Case

#2 – I POD Nano Touch

3 tickets \$1.00, arm length for \$5.00

Donated by Blue Ox Roofing – Michael Marinucci and Family

Door Prize: (FOR ALL PAID ADMISSIONS)

Gift Certificates:

Take-Home Whitening System

INSPIRE DENTAL GROUP – Donated by Dr. Gary Haraszthy

ADVANTAGE DENTISTRY – Donated by Dr. Rocco Oddo