Grand Island Central Schools Community Education Fall 2010**Class Listings**

GRAND ISLAND CENTRAL SCHOOL DISTRICT

Community Education Brochure 1100 Ransom Road Grand Island, New York 14072 773-8864 (Night Line-school nights only: 773-8820)



Welcome to the Fall 2010 Community Education Program. We hope you find a course you enjoy to help you develop a new skill, learn a new subject area or enhance your current fitness level. We have a variety of classes for the whole family and look forward to seeing you this fall. Sincerely, Jenepher Banker



Community Education Advisory Board

Peter Bellanca
Marion Fabiano
Kathleen Baker Hoppel

Mary Ellen Kipley Theadore Korkuc Mary Ann Kruk

Community Education Staff

Jenepher Banker	Director
Amy Nicolia	Clerical

HOW TO REGISTER:

1. Mail in registration: Mail in your registration by using the form in the back of this brochure and enclosing required fee(s). Registration forms can also be downloaded from the district Web Site, **www.k12.ginet.org.** All mail registrations must reach the school NO LATER THAN **September 14, 2010** and will be given priority according to the date received in the Community Education office.

2. NOTIFICATION WILL NOT BE SENT IF ACCEPTED INTO CLASS: You will be contacted only if we are unable to register you

for a course. Please write the course number on the registration form.

3. Walk it in: The Community Education office is located in the Grand Island High School, Room #145. We will also have one night of walk-in registration on Sept. 20th from 6:00-7:00 p.m. in the entrance of the Grand Island High School. Please register early as some classes may be filled or cancelled.

4. Age requirement: Students must be 18 years or older to enroll in an adult class.

GENERAL INFORMATION:

Fees: The fee for each class is listed with each course description. Make check payable to "Grand Island Schools." Certain classes include lab fees payable to the instructors on the first night of class. A \$20 fee will be charged for any checks returned by the bank. Some classes offer a senior citizens discount (SC). Senior age = 60+.

Cancellation information: If a class is filled or cancelled, the full fee will be refunded. Personal requests for cancellation must be made at least 2 business days prior to the start of the class to receive a refund.

TELEPHONE INQUIRIES:

Inquiries for information will be accepted between 11:45-3:45 Monday through Thursday and 8:00-11:00 on Friday at 773-8864. If you would like to teach a community education course or suggest a new course offering, contact the Director, Jenepher Banker at 773-8864 (days).

COMMUNITY EDUCATION SCHEDULE AND LOCATION:

The fall session begins the week of Sept. 20th. Most classes meet for 10 sessions. All classes are held at the Grand Island High School and Middle School on Ransom Road unless otherwise specified. Community Education activities will be cancelled when regular day school sessions are cancelled due to holidays, bad weather, or other emergencies. One week only, at the end of the ten-week semester, has been allotted for making up cancelled classes. Unless noted, a maximum of 25 students per class will be allowed. A minimum of 8 students will be required for most classes.

SCHOOL CLOSINGS: In the event the school is closed due to weather conditions or an emergency, all Community Education classes will be closed without further notification. We will announce it on the following radio stations: WBEN (930am), WKBW (1520 am), WGR (550 am), WHLD (1270 am), WJYE (96.1 fm), WYRK (106.5 fm), WHTT (104 fm), WBFO (1080), and TV Channels 2,4 & 7.

Community Education Classes will not meet on the following dates: Oct. 11, Nov. 11, Nov. 25, 26 & 27



QUILTING Course #FAC1 & FAC2 **Phyllis Hall**

Come join us to make either a lovely holiday quilt or a delightful garden quilt. Both patterns will be provided at the first class. These quilts look complicated, but are easy piecing. You will be amazed at your new skills! Or, if you wish, bring your own project and enjoy the expertise of everyone in class. Beginner to advanced levels welcome. Room # HS Senior Cafeteria Fee: \$60 SC: \$50

FAC1 Day: Monday (10 weeks) Time: 7:00-9:00 Class Begins: Sept. 20 or Fee: \$60 SC: \$50 FAC2 Day: Thursday (10 weeks) Class Begins: Sept. 23

Time: 7:00-9:00

KNITTING Course #FAC3

Sandy Burns

This course is designed for the beginner to experienced knitter. Each student will progress at their own pace. Beginners will learn to cast on, bind off, and learn the basic stitches in knitting. Students can leave the course having completed a simple knitted garment. Day: Wednesdays (8 weeks) Class Begins: Sept. 22

Time: 7:00-9:00 Fee: \$55 SC: \$40

Room #HS169



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OIL & ACRYLICS Course #FAC4

Larry Chirico

Geared towards beginning and advanced students, a variety of techniques, seascapes, still life and flowers. Students will provide their own materials. The instructor will assist beginners in the choice of equipment. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas along with reference material to be painted. Lab Fee: \$5 payable to instructor on the first night of class.

Day: Monday (10 weeks) Time: 6:30-9:00 Fee: \$60 SC: \$50

Class Begins: Sept. 20

Room #HS121B



WATERCOLOR Course #FAC5

Larry Chirico

Watercolor is not the difficult medium some perceive it to be. It lends itself to a free and spontaneous approach. Beginning and intermediate students are welcome. Instruction in drawing will be included. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas along with reference material to be painted. Lab Fee: \$5 payable to instructor on the first night of class.

Day: Tuesday (10 weeks) Time: 6:30-9:00 Fee: \$60 SC: \$50

Class Begins: Sept. 21 Room #HS121B

BEGINNER STAINED GLASS Course #FAC6 Mary Beth Lee

Beginners will learn the proper techniques in cutting, foiling and soldering glass. Students must purchase all tools, supplies and glass (approximate cost \$100). Information about purchasing supplies will be available at

the first class. <u>All students must attend the first</u> class and be 21 years of age or older. Day: Monday (10 weeks) Class Begins: Sept. 20

Time: 6:00-10:00 Fee: \$60

Room #MS190

CREATE BEAUTIFUL HANDMADE CARDS Course #FAC7a Melissa Gallo

You'll be introduced to the hobby of paper crafting using various methods, techniques and supplies. Learn how to make your own handmade cards for various occasions. Take this knowledge with you to make all of your own Christmas cards and other occasion cards. You'll never want to buy another card again! Lab Fee: \$10 payable to instructor at class. Day: Tuesday Class Date: Nov.

Day: Tuesday	Class Date: Nov. 9
Time: 7:00-9:30	
Fee: \$15	Room # HS121A

ADVANCED STAINED GLASS Course #FAC7

Mary Beth Lee

This class is for students who have completed the Beginning Stained Glass class. This is a workshop for students to get together and work on projects of their choice. The class will cover the following: edging techniques, how to put support in your project and different patinas to enhance your piece. Students must supply their own materials. Instructor will be on hand for guidance. Bring your project and join us! <u>All students</u>

must be 21 years of age or older. Day: Tuesday (10 weeks) Class Begins: Sept. 21

Day: Tuesday (10 weeks) Time: 6:00-10:00 Fee: \$60

Room #MS190



JEWELRY MAKING- BEADING I Course #FAC8 Christine Wittmann Learn the basics of beading high quality jewelry. All of the tools, semi-precious stone beads/Swarovski crystals and components are included in the lab fee to complete five professionally made sterling silver and pewter projects. Materials, tools and sources for beads will be discussed. The goal of this class is to set you up with everything you need to start making your own jewelry designs after the class has ended. Lab fee \$88 payable to the instructor at first class. Lab fee includes: practice wire and crimps, crimping tool, cutters, chain nose pliers, round nose pliers, beading board, spool of 49 strand beading wire, 100 sterling silver crimps, ten sterling crimp covers and all of the beads/ crystals to complete two necklaces, two bracelets and a pair of earrings. Retail value over \$200. Day: Monday (5 weeks) Class Begins: Sept. 20 Time: 6:00-8:30 Fees: \$30 (additional fees

listed above payable at class)

JEWELRY MAKING-BEADING II Course #FAC9 Christine Wittmann

Take your basic beading skills a step further with simple wrapping for earrings, linked chains and pendants. We will also experiment with multistrand designs. This course is for anyone who has taken Basic Beading or anyone who has already been beading on jewelry wire. Basic jewelry tools, jewelry wire and sterling crimps are needed for first class. All material and tools can be purchased at class if necessary. Lab fee \$60 payable to the instructor at first class. Lab fee includes: wire wrapping wire, findings and beads to complete three necklaces, one bracelet and a pair of earrings. Day: Mon. (5 weeks) Class Begins: November 1 Time: 6:00-8:30

Fees: \$30 (additional fees listed above payable at class)

Room #HS110

Room #HS110



HALL WALKING Course #FIF1

Rosemary Hajnos

Walk in the safe, monitored comfort of the school. Excellent exercise. Wear loose, comfortable clothing and good comfortable walking shoes or sneakers. This exercise is designed for all ages. Walk any time between the hours of 5:30 and 7:30. Day: Mon., Tues., Wed. & Thurs. (10 weeks) Class Begins: Sept. 20 Time: 5:30-7:30 Fee: \$15 Room #HS177/Halls

COUNTRY LINE DANCING PLUS Course #FIF2 Richard & Barbara Brzyski

Whether you have a little or a lot of Line Dance experience come join a really fun group to exercise and learn some of the classics and new dances. Leather or flat vinyl soles preferred. No sneakers or sandals.

Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 7:00-8:00

Fee: \$45 SC: \$35 Room #Sidway Fitness Room

SWING BASIC Course #FIF3 Richard & Barbara Brzyski

Learn East Coast Swing basics to get you on the dance floor. Feel comfortable dancing at parties or weddings. Have fun while getting exercise for the mind and body. Vinyl or leather-soled shoes are needed. Day: Monday (8 weeks) Class Begins: Sept. 20 Time: 8:15-9:15 Fee: Couples only fee \$60 Room # Sidway Fitness Room

BALLROOM BASIC

Course #FIF4 Richard and Barbara Brzyski

Improve your spirits through dancing. Come get the basics of social dancing. Develop self-confidence, get some exercise, and enjoy a feeling of new energy. We will deal with the fox trot, waltz, rumba and more. Flat, vinyl or leather soled shoes are necessary. Day: Thursday (8 weeks) Time: 7:00-8:00 Fee: Couples only fee of \$60 Room #

Sidway Fitness Room

LATIN RHYTHM DANCES-BASIC Course #FIF5 Richard & Barbara Brzyski

Move to the Latin beats of the Bolero, Mambo, Cha Cha and more. Learn the basic steps and expand your dancing. It's fun and great exercise for the body and mind. Flat, non-textured soled shoes preferred. Day: Thursday (8 weeks) Class Begins: Sept. 23 Time: 8:15-9:15 Fee: Couples only fee \$60 Room # Sidway Fitness Room

LARRY BIRD BASKETBALL Course #FIF6, FIF7, FIF8

Toni Alli

An opportunity for 35 years and older "Kobe Bryant's" to improve fitness by enjoying a friendly pick-up basketball game. **FIF6 Day: Monday (10 weeks)**

Class Begins: Sept. 20 Time: 7:00-9:00 Fee: \$60 Room #HS New Gym

or FIF7 Day: Wednesday (10 weeks) Class Begins: Sept. 22 Time: 7:00-9:00 Fee: \$60 Room #Huth Rd Gym or FIF8 (maximum 10 students) Day: Monday & Wednesday (10 weeks) Fee: \$90



SCUBA DIVING Course #FIF9

Patrick Wolfe

NAUI Scuba Diver Course- Earn your world recognized Scuba Certification from the National Association of Underwater Instructors while learning how to dive the safe and fun way. The course includes class room pool sessions, and two days of open water diving. Scuba equipment is included for the pool. In addition to the prepaid registration, there is a lab fee of \$194 paid to the instructor at the first class. Students will be required to provide their own snorkeling equipment by the second class and rent scuba equipment for the open water dives (\$99). For additional information and equipment requirements, contact the instructors at Dip 'n Dive Inc. at 837-3483.

Day: Wednesday (6 weeks) Class Begins: Sept. 22 Time: 7:00-9:30 Fees: \$35 (payable to Grand Island Schools) Room # Pool/HS121A

Additional fees listed above payable at class

PILATES Course #FIF10

Karen Warner

Pilates is a system of exercises created to elongate and strengthen muscles as well as improve posture and back health. Get the firm abs you want and strengthen your back. Bring a mat and wear loose, comfortable clothing. Mrs. Warner has taught Yoga and Pilates at Grand Island Community Education since 1996. She is a NYS certified Elementary School teacher, Yoga Alliance 500 level member, CYTA member and pilates instructor. Day: Wednesday (6 weeks) Class Begins: Sept. 22 Time: 6:30-7:30 Fee: \$35 SC: \$25 Room #Sidway Fitness Room

YOGA

Course #FIF11

Karen Warner

Hatha Yoga is the most widely practiced style in the U.S. Yoga has a host of benefits including increased flexibility, balance, strength, energy, breathing and calmness of the nervous system. Wear loose, comfortable clothing. Bring a mat and a sense of humor. Mrs. Warner has taught this course at Grand Island Community Education since 1996. She is a NYS Certified Elementary School Teacher, Yoga Alliance 500 level member, and a CYTA member. Day: Wednesday (6 weeks) Class Begins: Sept. 22 Time: 7:30-8:30 Fee: \$35 SC: \$25 Room #Sidway Fitness Room

YOGA I Course #FIF12

Peggy Margaret Rusert

Yoga practice helps to bring the body and mind into balance through postures and breathing techniques. This class will introduce you to the practice of yoga. The benefits of yoga practice include better health, flexibility, balance and strength. No experience necessary. Wear comfortable clothing. Bring a yoga mat or towel. Peg Rusert RN, RYT is a registered yoga teacher with Yoga Alliance, as well as a registered nurse. Day: Tuesday (8 weeks) Class Begins: Sept. 21

Day: Tuesday (8 weeks) Time: 6:30-7:30 Fee: \$40 SC: \$30

Room #Huth Gym

LAP SWIMMING Course #FIF13

Staff

Swim at your own pace or program of lap swimming.Monday Time: 8:00-9:00 & WednesdayTime: 7:00-8:00Class Begins: Sept. 20 (10 weeks)Fee: \$35Fee: \$35Room #HS Pool

SAT/ACT Preparation - Part 1 Course #COC1

This is an instructor facilitated online course offered by **ed2go**. This course will prepare you to take the verbal question types on both the ACT and the SAT. SAT/ACT Preparation Part I is designed to prepare you for the reading, English, and science sections of the ACT and the critical reading and writing sections of the SAT. You'll refresh your knowledge of verbal topics and learn techniques that can help you relieve test-taking anxiety. For additional information and for instructions on how to register please refer to page 9 in the brochure. Course fee \$84.

SAT/ACT Preparation - Part 2 Course #COC2

This is an instructor facilitated online course offered by **ed2go**. This course will prepare you to fly through the math questions on both the ACT and the SAT. You'll refresh your knowledge of math subjects and learn techniques to help you move through the tests more quickly. We'll review arithmetic, algebra, geometry, trigonometry, and statistics as well as the Student Produced Response questions on the SAT. We'll practice techniques and approaches using similar exam questions and fully explain and interpret the correct and incorrect answers. For additional information and for instructions on how to register please refer to page 9 in the brochure. Course fee \$84.

FIVE-HOUR PRE-LICENSING COURSE Course #COC3-COC6 Daniel Gietz

A state certified program that satisfies NYS requirements of five hours of classroom training as a pre-requisite for taking the road test or obtaining a driver's license. Driving experience is recommended. Examination must be passed for certification. Limit of 25 students per class. Students must pre-register. Students need permit copy to be admitted into the class.

Room #HS159	Time:	3:15-8:15	Cost: \$35
Dates available:			
Course #COC3		Date: Tue	sday, Sept. 14
Course #COC4		Date: Tue	sday, Oct. 12
Course #COC5		Date: Tue	sday, Nov. 9
Course #COC6		Date: Tue	sday, Dec. 14

SIX-HOUR DEFENSIVE DRIVING COURSE Course #COC7 Sam Leone, National Safety Council certified instructor

This course qualifies for a 10% reduction in insurance costs. Insurance premiums are reduced for 3 years. (Group rates available – call 822-0282 for details) Cost of \$30 is payable in cash or a money order on the evening of the course. Please make payable to the Buffalo/Niagara Frontier Safety Council **(personal checks are not accepted)**. Preregister by forwarding a registration fee of \$5 to Community Education made payable to Grand Island Schools. Day: Thursday (2 weeks) Class Begins: Oct.14 Time: 7:00-10:00 p.m. Room #Middle School Little Theatre Fee: See above (two separate fees)

Six-Hour Online Defensive Driving Course Course #COC8

National Safety Council

The National Safety Council, Defensive Driving online course is a 6 hour course that must be completed within 30 days of registration. Principal drivers who complete this course can decrease their insurance liability and collision premiums by 10% for three years, and reduce their violation points by 4 points on their driving record. Fee: \$44.95. (If you use Agency Code 101, you will receive a \$5.00 discount.)

Register at: www.ddcnsc.org/ny

CPR/AED Course #COC9-COC12 American Red Cross

Could you operate an Automated External Defibrillator if a friend, family member or someone nearby was suffering from cardiac arrest? Take CPR/AED – Adult and learn the skills needed to prevent, recognize, and provide basic care for cardiac arrest and the effective use of an Automated External Defibrillator. (All Independent Health members receive an additional \$10 discount. Participants must provide proof of insurance including group number and ID number to receive Independent Health discount.) Course Name Course# Fee: Date(s): Time: Room# Adult CPR/AED coc9 \$35 10/19 6:00-9:00 HS183 Adult, Infant, \$40 10/20 & 6:00-9:00 Child CPR/AED coc10 HS183 10/27 Adult, Infant, Child CPR/AED/ First Aid \$50 11/15 & 5:30-9:00 HS183 coc11 11/22 CPR/AED for the Professional Rescuer coc12 \$50 11/1 & 6:00-9:00 HS183

11/8

• Fees: Please forward two separate checks to Com. Ed. Course fee payable to the American Red Cross & \$10 registration fee payable to Grand Island Schools.

BASIC FIRST AID Course #COC13 American Red Cross

Do you know the most effective way to stop the bleeding of a serious cut? Could you help someone with a head or neck injury until medical personnel arrive? Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses in Standard First Aid. Featuring hands-on practice and real-life scenarios, this course is updated with the latest science for first aid and provides useful take-home materials to retain skills and use as reference tools once training is complete. Meets OSHA First Aid Guidlines. (All Independent Health members receive an additional \$10.00 discount. Participants must provide proof of insurance including group number and ID number to receive Independent Health discount.) Day: Wednesday Class Date: Dec. 1

Time: 6:00-9:00

Room #HS183

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• Fees: Please forward two separate checks to Com. Ed. \$35 payable to the American Red Cross & \$10 registration fee payable to Grand Island Schools.

WILDERNESS AND REMOTE FIRST AID Course #COC14 **American Red Cross**

This 16-hour course is for those who work, live or play in remote areas - away from the usual EMS service. This class covers assessment and urgent first aid techniques, but not in-depth CPR. Basic first aid skills are covered, making this course appropriate for anyone regardless of experience level. No prerequisites are required. The Wilderness and Remote First Aid certification is valid for three (3) years. The course awards 1.6 CEU's. A minimum age of 15 is recommended for participants due to the serious nature of the course and scenarios. American Red Cross Wilderness and Remote First Aid is recommended by the Boy Scouts of America, Girl Scouts of America, and the American Camping Association to meet accreditation standards. (All Independent Health members receive an additional \$10.00 discount. Participants must provide proof of insurance including group number and ID number to receive Independent Health discount.)

Day: Tuesday (4 weeks) Time: 6:00-10:00

Class Begins: Oct. 26 Room #HS183

• Fees: Please forward two separate checks to Com. Ed. \$85 payable to the American Red Cross & \$10 registration fee payable to Grand Island Schools.

EVERYWOMEN OPPORTUNITY CENTER INC (www.everywoman.org)

- Free Career Counseling
- Job Searching Workshops
- Career Readiness

Training workshops available. Locations in Amherst (837-2260) and Buffalo (847-1120)

TOUR OF ECO ISLAND Course #SIS1

Dianne Tiede

This tour will show you what the Eco Island Nature Center has to offer the students of Grand Island. Parents and interested adults will get to see and explore activities inside the building. There will also be a short walk to the Butterfly Garden and the pond (weather permitting.) Eco Island is the old Nike Base sit at 3325 Staley Road. Walk past the "Animal Fence" to enter the building. Adults only. Class Date: Sept. 22 Day: Wednesday Time: 7:00-9:00 Fee: \$10

Location: Eco Island

SMART MONEY STRATEGIES Course #SIS2

Kelly Clark

Are you frustrated at the end of the month wondering where all of your hard-earned money has gone? In this course, you will learn the little-known secrets of maximizing manufacturer coupons, internet savings and simple budget strategies. Ease your grocery bill with menu planning tips and discover ways to bring home extra cash. Get ready to change your life!

Class Begins: Sept. 22 Day: Wednesday (5 weeks) Time: 7:00-8:00 Fee: \$35 Room #HS182

NEW RULES FOR COLLEGE MONEY Course #SIS3 & #SIS4

James Trueman & David Malin, United Planners Corp. Your income, your home, your assets, your business, do not mean you can't get financial aid. You can get financial aid if you know how. Find out how many of our students are attending an expensive private college for the same out of pocket cost of a state school.

Course #SIS3 E	Day:	Wednesday	Class Date: Oct.6
Time: 7:00-8:30			
OR			
Course #SIS4 E	Day:	Tuesday	Class Date: Oct. 19
Time: 7:00-8:30			
Fee: \$15			Room #HS181

1-2-3 MAGIC.....EFFECTIVE DISCIPLINE FOR CHILDREN AGES 2-12 Course #SIS5

Barbara Condrell

This nationally recognized program is a humorous look at parenting and a serious look at discipline. When you leave this seminar you will have the tools to:

- 1) Discipline without arguing or yelling.
- 2) Control obnoxious behavior.
- 3) Handle 6 kinds of testing and manipulation.
- 4) Learn 5 tactics for encouraging good behavior.

5) Get your children to clean their room, stop lying and get tasks done. Parents are encouraged to attend together. Barbara Condrell is certified by psychologist Dr. Thomas Phelan, author of the highly respected 1-2-3 Magic Parenting Program.

Day: Tuesday Class Date: Sept. 28 Time: 7:00-9:30 Fees: \$30 Room #181

INTRODUCTION TO MS POWERPOINT Course #SIS6 Melissa Fabio MS PowerPoint is commonly used for meetings or reports

that include charts, drawings, pictures, boxes, lines etc. Each week we will explore a new area of MS PowerPoint. We will cover creating layouts, working with outlines, slides and more.

Day: Thursday (4 weeks) Class Begins: Oct. 7 Time: 7:00-8:30 Fee: \$35 Room #HS153

ADVANCED MS POWERPOINT Course #SIS7

Melissa Fabio

Do you use Microsoft PowerPoint? MS PowerPoint is commonly used for meetings or reports that include charts, drawings, pictures, boxes, lines etc. This class will review the basics of PowerPoint and show you parts of the PowerPoint that you may have never used such as action buttons, importing videos, pictures, music and so much more. If you are looking to review PowerPoint and learn new aspects of it than this is the class for you. Class Date: Oct. 19 Dav: Tuesdav Time: 7:00-9:00 Fee: \$15

Room #HS153

CURB APPEAL 1-on-1 Course #SIS8

Terry Thompson

Enjoy an individualized 90 minute work session with a seasoned landscape designer to create a working plan sketch from which you can create a beautiful, functional outdoor space with all the information you need to do-it -yourself with professional results. Bring photos and dimensions of the area involved. Instructor will contact each student to schedule a mutually convenient session time. No additional charge for spouse to attend. Fee: \$49 Room #HS121A

JUST ONCE PIANO FOR BUSY PEOPLE **Course #SIS9**

Innovative Keyboard Instruction Staff

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop.

(www.justonceclasses.com) Fee includes: workbook and practice CD. As seen on

the PBS television program - "Piano in a Flash!" Pl

Please bring keyboard to Class.	
Day: Tuesday	Class Date: Oct. 12
Time: 6-8:30	
Fees: \$10 registration fee	Room #HS Music Rm
\$44 payable to instructor a	at class

FRITTATA CANTATA Course #SIS10

Barbara Blackburn

Sing a song of a frittata! These culinary compositions are unfolded omelettes. You can compose them with whatever vegetables or cheese you have, and you can eat them hot, warm, or cold. We shall make a variety depending on class size. Come to cook and eat. A \$5 supply fee payable to the instructor at class. Day: Tuesday Class Date: Sept. 28 Time: 6:30-9:00 Fee: \$15 Room #MS172

INDIAN FARE WITH AN AMERICAN FLAIR Course #SIS11 Barbara Blackburn

Let's sit down to a table set with our dishes prepared in a hands-on class. We'll enjoy working together to create a flavorful feast. The recipes will combine Indian spices with American methods and accessible foods. A \$5 supply fee payable to the instructor at class. Class Date: Oct. 19 Day: Tuesday Time: 6:30-9:00 Fee: \$15 Room #MS172

LITERATURE YOU CAN EAT Course #SIS12

Barbara Blackburn

From the page of classic literature come references so artfully described. In this class we'll study such passages and you will then create matching recipes. The taste of literature will include Thomas Wolfe, Washington Irving, Charles Dickens, Jane Austin, and a surprise guest. We'll savor the flavor of the pages. A \$5 supply fee payable to the instructor at class.

Class Date: Nov. 9 Dav: Tuesdav Time: 6:30-9:00 Fee: \$15 Room #MS172

PHOTOGRAPHY WORKSHOPS BY CREATIVE CRAFTS

SIS13- SIS18

The following is a list of photography classes available at the Sweet Home High School. All classes will be held for 6 sessions.

Location: Sweet Home High School, Room #310 1901 Sweet Home Rd, Amherst, NY

Fees: Please send two separate checks to Grand Island Community Education. \$10 made payable to Grand Island Schools and \$60 or \$70 payable to Sweet Home Community Ed.

Class	Course#	Date	Cost	Time
PhotoShop I	SIS13	9/8 or 10/28	\$70	7:00-10:00 p.m.
		(6 weeks)		
PhotoShop II	SIS14	9/6 or 10/26 (6 weeks)	\$70	7:00-10:00 p.m.
Basic				
Photography	SIS15	9/9 or 10/27 (6 weeks)	\$60	7:00-10:00 p.m.
Autumn				
Photography	SIS16	9/12 (6 weeks)	\$60	1:00-4:00 p.m.
Night				
Photography	SIS17	9/11 (6 weeks)	\$60	7:00-10:00 p.m.
Architectural Photography	SIS18	10/31 (6 weeks)	\$60	1:00-4:00 p.m.



PAINTING & DRAWING CLASS Course #JFK1 **Cathy Bridgeman**

This class is for the beginner and intermediate student. Bring your imagination and join us! Please bring the following supplies to class: a sketch pad, drawing pencils, charcoal and an eraser. Ages 12 and up.

Day: Wednesday (10 weeks) Class Begins: Sept. 22 Time: 5:30-8:30 Fee: \$90 Room #MS190

GIRLS FAST PITCH PITCHING INSTRUCTION (BEGINNING) **Course #JFK2** Joe Henderson

This course is designed to teach girls the basic windmill pitching style through a series of drills, which will enforce the proper mechanics needed to learn this style of pitching. This course is designed for the girl who would like to pitch but has not had any formal instruction. Students must provide a catcher at each class. Ages 9-12 Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 6:30-7:30 Fee: \$55 Room #MS Upper Gym

GIRLS FAST PITCH PITCHING INSTRUCTION LEVEL II **Course #JFK3**

Joe Henderson This course is designed for the girl who has had some

previous pitching instruction and is looking to improve her pitching ability. Focus will be on proper mechanics, improving ball speed, and accuracy. Students must provide a catcher at each class. Ages 9-12

Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 7:30-8:30 Fee: \$55 Room #MS Upper Gym

FUNDAMENTAL AQUATIC SKILLS

Course #JFK4

Fee: \$35

Pat Kostenbauder

This class is for children who are fairly independent in the water, not those that need to adjust to the water. They must be able to stand steadily in the shallow end (3 ft. deep). We will work on submerging heads, floating, and encourage them to swim independently. Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 6:00-6:30

Room #HS Pool



LEVEL 3 STROKE DEVELOPMENT Course #JFK5 Pat Kostenbauder

This class is for deep end swimmers. We will learn the front and back crawl, and strengthen these strokes. Other strokes will be introduced. Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 6:30-7:15 Fee: \$35

Room #HS Pool

LEVEL 4 STROKE IMPROVEMENT Course #JFK6

Pat Kostenbauder

This class is more advanced than level 3. Students must be able to swim rather proficiently and fearlessly in the deep end. We will refine and strengthen the front and back crawl. Other strokes will be introduced and built upon from level 3. Day: Monday (10 weeks) Class Begins: Sept. 20 Time: 7:15 -8:00

Room #HS Pool

CHILD & BABYSITTING SAFETY COURSE Course #JFK7 & JFK8

The American Safety & Health Institute

The Child & Babysitting Safety (CABS) course from the American Safety & Health Institute (ASHI) will teach your students everything they need to be a great babysitter. This fun, interactive course teaches first aid and safety skills so they can prevent and respond to emergencies. Targeted for students 11-15 years old, the course is held over two 3 hour training sessions. Students who successfully complete the program will receive a babysitter's text, first aid kit, starter package and certification card. \$49 per student. Please send two separate checks to Community Education: \$10 registration fee payable to Grand Island Schools and \$49 payable to American Safety & Health Institute. Fee: See above, two separate checks required Room#HS 110

JFK7 Day: Wednesday (2 weeks) Class Begins: Oct. 6 Time: 6:00-9:00

or

Fee: \$35

JFK8 Day: Wednesday (2 weeks) Class Begins: Nov. 3 Time: 6:00-9:00

MATH REVIEW FOR 6TH GRADE Marlaine Kaniecki Course #JFK9

Do you need extra help in math? Here is where you can get it. We will be reviewing the 6th grade math curriculum and getting you ready for the State Math Assessment. We will be playing math games and solving logic puzzles. We will also be doing work on the SMART BOARD that parallels what is being taught in class. There will be reviews for tests and benchmarks. Bring your homework questions and get some answers.

Day: Wednesday (6 weeks) Time: 2:20-3:20 Fee: \$25

Class Begins: Oct. 6

Room #MS400

STUDY SKILLS Course #JFK10

Marlaine Kaniecki

Learn how to study. This class is for students in grades 6-8. Study skills can help students accomplish their goals in school. Organizational skill and problem solving will also be improved. Come and unlock the mystery.

Day: Monday (6 weeks) Class Begins: Oct. 4 Time: 2:20-3:20 Fee: \$25 Room #MS400

MOGkidz-**EXERCISE PROGRAM FOR CHILDREN** Course #JFK11

MOGkidz is a physical activity and nutritional educational program offered to children ages 6-12 and their families. Each week your child will participate in two classes and one nutritional counseling session. For no additional fee parents are encouraged to exercise at the same time as

their child's class. All children receive a pre and post family fitness assessment. Class will be held at the M.O.G. on Grand Island. (773-1600) Class fee may be covered with certain health insurance plans. Preregister by forwarding a registration fee of \$10 to Community Education made payable to Grand Island Schools.

Day: Wed. & Fri. (8 weeks) Class Begins: Sept. 22 Time: 4:30-5:30

Fees: \$180 payable to the M.O.G. on day of class \$10 payable to Community Ed. Location: The M.O.G., Grand Island

SPANISH FOR THE ELEMENTARY YEARS-CULTURE KIDS

Instructor: Culture Kids teaching team

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Culture Kids class previously, new vocabulary is introduced with each session - sessions are NOT a repeat. Join the fun! Classes will be held after school beginning in October. Program fee is \$60. Please call Culture Kids at 523-9538 or visit their Web site at www.CultureKidsClub.com if you have any questions. Registration forms will be sent home with the K-5 students in September.

The following online classes are offered through a partnership with ed2go! These online courses are completed in the privacy of your home at your convenience. The courses start once a month. Each course runs for 6 weeks and consists of 12 lessons. During the dates the classes are offered you can work as many hours and days as you want. The classes are taught by well-screened instructors and are self-paced.

Cost for each course: \$84. Session Start Date: Sept. 19, Oct. 10, Nov. 10 & Dec. 8

Registration Process:

- Mail in your registration along with payment to Community Education and specify your selection for class start date.
- Then go online to www.ed2go.com/gice and follow the class orientation for the course you have selected.
- Once you have completed your orientation, the Community Education office can verify that payment has been received and you can take the course you have selected.

For additional class offerings not listed or a more in-depth class description go to www.ed2go.com/gice

START YOUR OWN BUSINESS

Start Your Own eBay Drop Off Store Turn people's unwanted items into a lucrative source of income by starting an eBay drop off store.

Marketing Your Business on the Internet

E-commerce expert helps you develop an Internet marketing plan for your business.

Learn to Buy and Sell on eBay

Auction pros teach you how to work from home or earn extra income by buying and selling goods online.

Creating a Successful Business Plan

Turn your business ideas into a solid plan for financing and long-term success.

CAREER IDEAS

Become a Veterinary Assistant

A practicing veterinarian prepares you to work in a veterinary office or hospital.

Become an Optical Assistant

Learn what it takes to become an optical assistant and discover why it's one of today's most popular and fascinating career opportunities.

Become a Physical Therapy Aide

Prepare for a rewarding career as a valued member of the physical therapy team.

Medical Terminology: A Word Assoc. Approach Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

GRAND ISLAND YOUTH BASKETBALL

Grand Island Community Education is once again sponsoring a youth basketball league for boys and girls 6-12 years of age. The first 40 children to register in each age group will be accepted. Any registrations received after that will be placed on a waiting list. The age of your child on December 1, 2010 will determine the age group. <u>Due to limited space all children must play in their own age group.</u>

Children ages 6-8 will play games on Saturdays between 12:30 & 3:00 at G.I.H.S. Children ages 9-12 will play games on Fridays between 5:30 & 9:30 at Sidway.

<u>Age Groups</u>	PROGRAM START DATE (Evaluation Day)	Site
6 year olds	Saturday, Nov. 6 at 12:30-1:00	High School
7 year olds	Saturday, Nov. 6 at 1:00-1:30	High School
8 year olds	Saturday, Nov. 6 at 1:30-2:00	High School
9 year olds	Friday, Nov. 5 at 5:30-6:00	Sidway
10 year olds	Friday, Nov. 5 at 6:00-6:30	Sidway
11 year olds	Friday, Nov. 5 at 6:30-7:00	Sidway
12 year olds	Friday, Nov. 5 at 7:00-7:30	Sidway

PLEASE MAKE A NOTE OF THE EVALUATION DATE AND TIME FOR YOUR CHILD'S AGE GROUP. (you will not be contacted to remind you of evaluation dates or to confirm registration)

To register for the program, please return the registration form below with check payable to <u>Grand Island Schools</u> in the amount of \$65. Please call Community Education at 773-8864 with any questions.

Parent's Name		
Address	pio-age /	
Home Phone	Cell Phone	Email
Student's Name		Age as of Dec. 1, 2010
Student's Name		Age as of Dec. 1, 2010
Student's Name		Age as of Dec. 1, 2010
Grand Island Community Ed	vith check for \$65 paya ducation, 1100 Ransom Road vould be interested in coachi	d, Grand Island, NY 14072
		nt Coach/Name
NOTE: If your child will	not be able to attend on	the above program start date.

please indicate on registration form.

Grand Island Community Education Registration Form — Fall 2010

Sector Sector	(Please Print)		
Last Name	First		_Date
Mailing Address	() A 3	City	Zip
Home Phone	Cell Phone	Business Phone	2D
Check Box if Senior Citizen	E-mail Address		
List Below Courses For	Which You Are Registering:		(V) was
Course		Number	Day Fee
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3.	Ent S	AS N	
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(Payable to Grand Islar			Total \$
			Total \$
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	or future courses: and Island School District, At		ty Education Dat
	00 Ransom Road, Grand Islan		
Crowd Jalan	d Community Education De	-intuntion Form	5-11 2010
	d Community Education Reg (Please Print)	gistration Form —	
Last Name	(Please Print)First		_Date
	(Please Print)First	gistration Form —	
Last Name	(Please Print)First	_City	_Date
Last Name Mailing Address	(Please Print)FirstCell Phone	_City	_Date
Last Name Mailing Address Home Phone Check Box if Senior Citizen C List Below Courses For V	(Please Print)FirstCell Phone	City Business Phone	_Date Zip
Last Name Mailing Address Home Phone Check Box if Senior Citizen [(Please Print) First Cell Phone E-mail Address	_City	_Date
Last Name Mailing Address Home Phone Check Box if Senior Citizen List Below Courses For V Course 1	(Please Print) First Cell Phone E-mail Address	City Business Phone	_Date Zip
Last Name Mailing Address Home Phone Check Box if Senior Citizen C List Below Courses For V	(Please Print) First Cell Phone E-mail Address	City Business Phone	_Date Zip
Last Name Mailing Address Home Phone Check Box if Senior Citizen C List Below Courses For V Course 1 2 3	(Please Print) First Cell Phone E-mail Address	_City Business Phone Number	_Date Zip
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Last Name Mailing Address Home Phone Check Box if Senior Citizen C List Below Courses For V Course 1. 2. 3. PLEASE WRITE SEPARA (Payable to Grand Islar This form may be copied fo	(Please Print) First Cell Phone Cell Phone Cell Address Which You Are Registering: TE CHECKS FOR EACH COUR Schools) r use by other registrants or downlo	City Business Phone Number SE Check # Check # Check #	Date
Last Name Mailing Address Home Phone Check Box if Senior Citizen C List Below Courses For V Course 1 Course 1 2 3 PLEASE WRITE SEPARA (Payable to Grand Islar This form may be copied fo Please give us suggestions f	(Please Print) First Cell Phone Cell Phone Cell Address Which You Are Registering: TE CHECKS FOR EACH COUR Schools) r use by other registrants or downlo	City Business Phone Number SE Check # Check # Check # oaded at www.k12.gi	_Date Zip Day Fee Total \$ Total \$ Total \$ Total \$ Total \$ Total \$