

Grand Island Central Schools

Community Education

Fall 2017

Class Listings

New Online Registration





GRAND ISLAND CENTRAL SCHOOL DISTRICT

Community Education Brochure

1100 Ransom Road

Grand Island, New York 14072

773-8864 (Night Line-school nights only: 773-8820)



Community Education Staff

Amy Boutet..... Director

Lynn Ziehm Clerical

Registration Information: Registration is now available online, by mail, or in person. See below for complete registration instructions. For questions, please contact us at amyboutet@gicsd.org or by phone at 773-8864.

To Register & Pay Online	To Register & Pay by Mail	To Register & Pay In Person
<p>Registration online has never been easier. Just make your selection(s) and pay securely online with a credit card using RevTrak!</p>  <p>To visit our web store just click here where courses are listed.</p>	<p>Click here to view/print a Fall 2017 Community Education Brochure and Registration Form. Mail the Registration Form with your check or money order to:</p> <p>Grand Island High School Community Education 1100 Ransom Road Grand Island, NY 14072</p> <p>We do not confirm mail-in registrations. You will only be notified if there is a cancellation or change to the course(s) you have selected.</p>	<p>Visit the Community Education Office at:</p> <p>Grand Island High School 1100 Ransom Road Grand Island, NY 14072</p> <p>Office Hours: Monday - Friday 8:00 am -3:30 pm 773-8864</p> <p>Cash, check or money order only when paying in person.</p>

HOW TO REGISTER

1. Online Registration: To register online, go to the Grand Island School District Website at www.grandislandschools.org, click on Departments and Services, click on Community Education and follow the instructions for online registration. **Mail in registration:** Mail in your registration by using the form in the back of this brochure and enclosing required fee(s). Registration forms can also be downloaded from the district Web Site at www.grandislandschools.org.

2. NOTIFICATION WILL NOT BE SENT IF ACCEPTED INTO CLASS. You will be contacted **only** if we are unable to register you for a course. Please write the course number on the registration form.

3. Walk it in: The Community Education office is located in the High School Main Office of the Grand Island High School. Mrs. Ziehm's hours are 8:00-3:30 pm, Monday-Friday, if you need to register for a class in person. If you need to register for a class, please keep in mind classes may be full or cancelled by the first night. Register early, to save your spot.

4. Age Requirement: Students must be 18 years or older to enroll in an adult class.

GENERAL INFORMATION

FEES: The fee for each class is listed with each course description. **Make check payable to "Grand Island Schools."** Certain classes include lab fees payable to the instructors on the first night of class. A \$20 fee will be charged for any checks returned by the bank. Some classes offer a senior citizens discount (SC). Senior age = 60+

CANCELLATION INFORMATION: If a class is filled or cancelled, the full fee will be refunded. **Personal requests for cancellation must be made at least two business days prior to the start of the class to receive a refund.**

TELEPHONE INQUIRIES: Inquiries will be accepted between 8:00 and 3:30 at 773-8864. If you would like to teach a Community Education course or suggest a new course offering, contact the Director, Amy Boutet at 773-8864.

COMMUNITY EDUCATION SCHEDULE AND LOCATION: The Fall session begins the week of September 18, 2017. Community Education activities will be cancelled when regular day school sessions are cancelled due to holidays, bad weather, or other emergencies. Unless noted, a maximum of 25 students per class will be allowed.

SCHOOL CLOSINGS: In the event the school is closed due to weather conditions or an emergency, all Community Education classes will be closed without further notification. We will announce it on the following radio stations: WBEN (930 am), WKBW (1520 am), WGR (550 am), WHLD (1270 am), WJYE (96.1 fm), WYRK (106.5 fm), WHTT (104 fm), WBFO (1080), and TV Channels 2, 4 & 7.

Community Education Classes will not meet on the following dates: October 9, November 10, 22, 23, 24, December 25- January 1, 15

QUILTING

Course# Fall 17-01

Phyllis Hall

This semester we will learn how to make an optical illusion quilt. It's easy piecing with the trick being in your color choices. The pattern will be provided as well as tips and tricks to make this a fun project.

Day: Monday (9 weeks) Class Begins: September 25
Time: 7:00-9:30 pm

Fee: \$70 SC: \$60 Location: High School Senior Cafe

OIL & ACRYLICS, WATERCOLORS

Course# Fall 17-02

Larry Chirico

Oil & Acrylics geared towards beginning and advanced students, a variety of techniques, seascapes, still life and flowers. Students will provide their own materials. The instructor will assist beginners in the choice of equipment. Certified teacher in Art Education, Fine Arts and Exhibiting Artist in WNY for 30 years - judged art group exhibitions. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas along with reference material to be painted.



Watercolors is not the difficult medium some perceive it to be. It lends itself to a free and spontaneous approach. Beginning and intermediate students are welcome. Instruction in drawing will be included.

Certified teacher in Art Education, Fine Arts and Exhibiting Artist in WNY for 30 years - judged art group exhibitions. Please bring the following supplies to class: a sketch pad, drawing pencils, paints, brushes and a canvas along with reference material to be painted.

Day: Monday (10 weeks) Class Begins: September 25
Time: 6:00-9:00 pm

Fee: \$70 SC: \$60 Location: HS #121B

Lab Fee: \$5 payable to instructor on the first night of class.



STAINED GLASS

Course# Fall 17-03

Mary Beth Lee

Beginners will learn the proper techniques in cutting, foiling and soldering glass. Students must purchase all tools, supplies and glass (approximate cost \$100). Information about purchasing supplies will be available at the first class. All students must attend the first class and be 21 years of age or older. For the advanced students, please bring a project to class and the instructor will provide guidance.

Day: Mondays (10 weeks) Class Begins: September 25
Time: 6:00-10:00 pm

Fee: \$75 SC: \$65 Location: MS Room 190

TABLE OF CONTENTS

Fine Arts & Crafts	2
Fitness & Fun	3
Career Opportunities & Certification	4
Special Interest & Self-Improvement	4-6
Just For Kids	6-8
Online Courses	9
Registration Form	Back cover



BEGINNER BASKET WEAVING

Course# Fall 17-04

Maureen Quale

Create 2 pretty woven baskets in one night! 3 1/2" wide x 3 1/2" high. Comes complete with glass liner and candle!

Day: Thursday Class Date: September 28

Time: 6:00-9:00 pm Location: HS #122

Fee: \$15 Registration fee is payable to Grand Island Schools

\$20 Supply Fee payable to instructor at class.

INTERMEDIATE BASKETWEAVING

Course# Fall 17-05

Maureen Quale

You will create a lovely door hanger in this 2 night class. Fill with Fall Foliage or Winter Berries to create a stunning basket that fits on your door.

Date: Thursdays (2 weeks)

Class Begins: October 26

Time: 6:00-9:00 pm

Location: HS #122

Fee: \$15 Registration fee is payable to Grand Island Schools

\$25 Supply Fee payable to instructor at 1st night of class



MUSIC of the MASTERS

Course# Fall 17-06

Bruce Cramer

This course explores masterpieces of classical music from Bach to Beethoven to Brahms to Bernstein and beyond. No prior knowledge of music is necessary to appreciate these classics, just an eagerness to learn more about what makes great music and great performances - great!

The music of these and other master composers will be presented through carefully selected video clips with brief but illuminating commentary from a cellist/teacher who has played with the Buffalo Philharmonic numerous times in Kleinhans Music Hall, Carnegie Hall, and Symphony Hall in Boston.

Day: Mondays (10 weeks) Class Begins: September 25
Time: 7:00-9:00 pm

Fee: \$65 Location: HS General Music Room 87

HALL WALKING

Course# Fall 17-07

Walk in a safe, monitored comfort of the school. Excellent exercise. Wear loose, comfortable clothing and good comfortable walking shoes or sneakers. This exercise is designed for all ages. Walk any time between the hours of 6:00 and 8:00. Please check in with the front desk upon arrival. Mileage and suggested routes will be provided for you.

Days: Mon, Tues, Wed and Thurs (13 weeks)

Class Begins: September 25

Fee: \$15

Time: 6:00 - 8:00 pm

Location: High School*

*Check in will be located at High School Main

Entrance - Security Desk

Staff



LINE DANCING-PLUS

Course# Fall 17-08 Richard & Barbara Brzyski

Whether you have a little or a lot of Line Dance experience, come join a really fun group to exercise and learn some of the classics and new dances. Leather or flat vinyl soles preferred. No sneakers or sandals.

Day: Monday (10 weeks) Class Begins: September 25

Time: 7:00-8:00 pm

Fee: \$50 SC: \$40 Location: Sidway Fitness Room



SWING BASIC

Course# Fall 17-09 Richard & Barbara Brzyski

Learn East Coast Swing basics to get you on the dance floor. Feel comfortable dancing at parties or weddings. Have fun while getting exercise for the mind and body. Vinyl or leather-soled shoes are needed.

Day: Monday (8 weeks) Class Begins: September 25

Time: 8:15-9:15 pm

Fee: \$65 Couples Only Location: Sidway Fitness Room

BALLROOM BASIC

Course# Fall 17-10 Richard & Barbara Brzyski

Improve your spirits through dancing.

Come get the basics of social dancing.

Develop self-confidence, get some exercise, and enjoy a feeling of new energy. We will deal with the fox trot, waltz, rumba and more. Flat, vinyl or leather soled shoes are necessary.

Day: Thursday (8 weeks)

Class Begins: September 28

Time: 7:00-8:00 pm

Fee: \$65 Couples Only

Location: Sidway Fitness Room



LATIN RHYTHM DANCES BASIC

Course# Fall 17-11 Richard & Barbara Brzyski

Move to the Latin beats of the Bolero, Mambo, Cha Cha and more. Learn the basic steps and expand your dancing. It's fun and great exercise for the body and mind. Flat, non-textured soled shoes preferred.

Day: Thursday (8 weeks) Class Begins: September 28

Time: 8:15-9:15 pm

Fee: \$65 Couples Only Location: Sidway Fitness Room

WATER AEROBICS

Course# 17-12

Brooke Chamberlain

Pool aerobics are designed as a complete exercise program performed in the water for swimmers and non-swimmer alike. As for health benefits, water exercise is the safest and most beneficial overall total body workout. Utilize the resistance of the water to maximize mobility training, increase flexibility and sculpt your body at the same time! For all fitness levels.

Days Tuesday (6 weeks)

Class Begins: Sept. 19

Time: 7:00-8:00 pm

Fee: \$30

Location: HS Pool



LAP SWIMMING

Course# Fall 17-13

Staff

Swim at your own pace or program of lap swimming.

Day: Tues. (12 weeks)

Class Begins: Sept 19

Time: 7:00-8:00 pm

Fee: \$55

Location: HS Pool



LARRY BIRD BASKETBALL

Tony Alli

An opportunity for 35 years and older "Kobe Bryant's" to improve fitness by enjoying a friendly pick-up basketball game.

Course# Fall 17-14

Day: Monday (10 weeks)

Class Begins: Oct 2 - Dec 11

Time: 7:00-9:00 pm

Fee: \$65

Location: HS Back Gym

Course# Fall 17-15

Day: Wednesday (10 weeks)

Class Begins: Oct 4 - Dec 13

Time: 7:00-9:00 pm

Fee: \$65

Location: Huth Road Elem. Gym

-OR-

Course# Fall 17-16 (maximum 10 students)

Day: Mons. & Weds. (10 weeks)

Time: 7:00-9:00 pm

Fee: \$95

PICKLEBALL

Course# Fall 17-17

Eileen M. Angelini

Pickleball is a quick-paced racquet sport for all ages.

Played on a court that is the size of a badminton court with a net that is flush to the ground like a tennis net, pickleball is played with paddles and a whiffle ball. This class will introduce participants to the rules of play, best techniques for form, strategic play and pattern drills.

Day: Tuesday (8 weeks)

Class Begins: Sept 26

Time: 7:30-9:30 pm

Fee: \$50 SC: \$40

Location: HS Upper Gym



5 HOUR PRE-LICENSING COURSE

Daniel Gietz

A state certified program that satisfies NYS requirements of five hours of classroom training as a pre-requisite for taking the road test or obtaining a driver's license. Driving experience is recommended. Limit of 25 students per class. Students must pre-register. Students need permit or copy of permit to be admitted into the class.

Course# 17-18

Class Date: Thursday, October 12 Time: 2:45-7:45 pm

Course# 17-19

Class Date: Thursday, December 7 Time: 2:45-7:45 pm
Fee: \$40 Location: HS Room 159

ADULT, CHILD AND INFANT CPR/AED TRAINING

Course# Fall 17-20

isafety co.

This course gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing, cardiac emergencies, injuries and sudden illnesses, including how to use an automated external defibrillator (AED) for victims of sudden cardiac arrest, until advanced medical personnel arrive and take over. The course is held over one 3 hour training session. Students who complete the program will receive a text and 2 year certification card.



Day: Tuesday Class Date: October 10
Time: 6:00-9:00 pm Location: HS #181
Fee: \$10 Registration Fee Payable to Grand Island Schools

\$40 Fee Payable to isafety co. at class

REIKI LEVEL I CERTIFICATION CLASS

Course# Fall 17-21

Jesse Wicher

Become a certified Reiki healer. During this in-depth session, you will delve deeply into the ancient Japanese art of hands-on energy healing. Learn to channel and direct Universal Life Force Energy to help reduce stress, increase vitality and correct physical, mental and emotional imbalances. This level provides training, course materials, attunement and hands-on experience of advanced techniques useful for healing yourself, family and friends or for establishing your own Reiki practice. Come experience the life-transforming power of Reiki!

Day: Monday Class Date: September 25
Time: 6:00-10:00 pm Location: HS #187

Fee: \$10 Registration Fee Payable to Grand Island Schools

\$149 Payable to instructor the day of class

SPECIAL INTEREST & SELF-IMPROVEMENT

EATING FOR ENERGY & SUGAR BLUES

Kim Kemsley

Kim is a Certified teacher in Home Economics and Health in WNY for 33 years and Certified Health Coach for 2 years.

Eating for Energy - What would your life be like with an abundance of energy and vitality? What foods are best to eat to increase your energy? What decreases your energy and vitality? The many factors that contribute to energy and vitality. Be energized! 5 Tips to Get More Energy when you attend this course.

Sugar Blues - Do you constantly crave sweets? Want to gain control without deprivation? This course is an informative, fun and successful method to look at sugar. You will see positive changes in energy, sleep, mood, weight, skin and brain function. Learn 6 tips to Curb Sugar Cravings when you attend this course.

Course# Fall 17-22 Sugar Blues

Day: Tuesday Class Date: September 26
Time: 6:00 - 7:00 pm
Fee: \$15 Location: HS Senior Cafe

Course# Fall 17-23 Eating For Energy

Day: Tuesday Class Date: October 10
Time: 6:00 - 7:00 pm
Fee: \$15 Location: HS Senior Cafe

Course# Fall 17-24 Sugar Blues

Day: Tuesday Class Date: October 24
Time 6:00 - 7:00 pm
Fee: \$15 Location: HS Senior Cafe

HERBAL TEA SANDWICHES

Course# Fall 17-25

Barbara Blackburn

Enjoy sipping tea with party sandwich made by you. Concoct and design the following sandwiches: cucumber and smoked Salmon, deviled egg, tearoom chicken salad, Watercress and Nasturtium, celery with pimiento-olive cream cheese and vegetable mosaic.



Day: Tuesday Class Date: October 3
Time: 6:30-9:00 pm

Fee: \$15 Location: MS Room 172
Supply Fee: \$10 payable to instructor at class

AN EVENING IN POLYNESIA

Course# Fall 17-26

Barbara Blackburn

Visit some places in Polynesia with a Hawaiian focus - recipes include Coconut Pineapple Island pie, chicken curry with Polynesia rice, Spam Teriyaki, baked pureed tropical fruits and Lamb in orange sauce. These recipes are from New Zealand, Tahiti and Hawaii.

Day: Monday Class Date: November 13
Time: 6:30-9:00 pm

Fee: \$15 Location: MS Room 172
Supply Fee: \$10 payable to instructor at class

CHRISTMAS COOKIE EXCHANGE

Course# Fall 17-27

Barbara Blackburn

Bring three dozen of your favorite cookies to share with and a container for taking home other cookies being shared. In class we shall make more cookies to eat with a cup of coffee as you socialize with your classmates. Cookies include regional specialties from the Smithsonian Folklife Cookbook: Native American anise sugar cookies, upper Great Lakes currant cookies, Southern old-fashioned molasses cookies. New England ricotta cookies and Great Plains New Year's cookies. Bring copies of your recipe with you.

Day: Monday

Class Date: December 4

Time: 6:30-9:00 pm

Fee: \$15

Location: MS Room 172

Supply Fee: \$8 payable to instructor at class

INTRO to WORD

Course# Fall 17-28

Cheryl Chamberlain

This Introduction to Microsoft Word training class is designed for adults new to working with Microsoft Word on windows, or just looking for a refresher. Participants will learn to create, edit, format, and print Microsoft Word documents. The instructor will be using the 2013 version of the software. He will point out the minor differences between versions where they exist.

Day: Wednesday

Class Date: October 25

Time: 6:30-8:00 pm

Fee: \$15

Location: HS Room 179

INTRO to EXCEL

Course# Fall 17-29

Cheryl Chamberlain

This Introduction to Microsoft Excel training class is designed for adults new to working with Microsoft Excel on Windows, or just looking for a refresher. Participants will learn to create worksheets, edit and format cells, save and print Microsoft Excel documents. You will also learn how to use the formulas, cut and paste cells, grasp a greater understanding of the AutoSum Function. The instructor will be using the 2013 version of the software. He will point out the minor differences between versions where they exist.

Day: Wednesday

Class Date: November 1

Time: 6:30-8:00 pm

Fee: \$15

Location: HS Room 179

Introduction to Google Mail and Calendar

Course# Fall 17-30

Amy Boutet

This introductory course designed to help the beginning level user the boost needed to utilize the many resources Google has to offer. Participants will be taken through Google Chrome, Google Mail and Google Calendar.

Day: Wednesday

Class Date: November 8

Time: 6:30-8:00 pm

Fee: \$15

Location: HS Room 179

Introduction to Google Drive

Course# Fall 17-31

Amy Boutet

This introductory course designed to help the beginning level user the boost needed to utilize the many resources Google has to offer. Participants will be taken through Google suite and understand how to use Google Drive's applications (Docs, Slides, Sheets and Forms).

Day: Wednesday

Class Date: November 15

Time: 6:30-8:30 pm

Fee: \$15

Location: HS Room 179

GETTING PAID TO TALK

Course# Fall 17-32

Voice Coaches

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer!

Day: Tuesday

Class Date: November 7

Time: 6:30-9:00 pm

Fee: \$20

Location: HS Room 182

Helping You Find Your "Home Sweet Home" Dana D'Angelo

Come learn the steps to buying a home. Whether it's your first home or tenth, if you are thinking of buying, this class is for you. Licensed Real Estate Agent will walk you through the home buying process, give you tips and be available for a Q & A at the end.

Course# Fall 17-33

Day: Tuesday

Class Date: September 26

Time: 6:30-8:30 pm

Fee: \$15

Location: HS Room 186

Course# Fall 17-34

Day: Wednesday

Class Date: November 15

Time: 6:30-8:30 pm

Fee: \$15

Location: HS Room 186

ADDRESSING LONG TERM CARE PLANNING

Course# Fall 17-35

James Fox, AXA Advisors

This workshop covers what is currently happening in long term care planning, what options are available to stay in your home when possible and to protect your assets. A lot has changed in this field and we will go over those changes so you can make informed decisions for yourself.

Day: Thursday

Class Date: September 21

Time: 6:00-7:30 pm

Fee: \$15

Location: HS Room 183

PLANNING FOR YOUR RETIREMENT

Course# Fall 17-36

James Fox, AXA Advisors

There are a variety of factors known and unknown that will impact your retirement. This workshop will cover what you can do to ensure you're prepared correctly for your retirement. This way you'll be able to retire once and have that retirement be a successful one!

Day: Tuesday

Class Date: September 26

Time: 6:00-7:30 pm

Fee: \$15

Location: HS Room 183

WORKING WITH A FINANCIAL ADVISOR?

Course# Fall 17-37

James Fox, AXA Advisors

Have you thought about working with a financial planner but don't know where to start or what questions to ask? Do you have a financial planner but don't know if they are doing all they should for you... or they just manage an investment but don't help you plan towards anything? This workshop is set up to address those situations. We will give you a strong understanding of how to identify a credible financial planner that helps you accomplish your goals, avoid pitfalls and bring to your attention things you or the person you have worked with may have missed.

Day: Thursday

Class Date: October 19

Time: 6:00-7:30 pm

Fee: \$15

Location: HS Room 183

PLANNING for LONGEVITY

Course# Fall 17-38

Lester Robinson

Long Term Care Insurance Options-Does it make sense? Nursing Home and Medicaid issues are now the biggest threat to your retirement money. Get objective answers about the pros and cons of a variety of long-term care issues.

Local Author Les Robinson CLTC on Long Term Care Planning will show you how to protect your retirement from a nursing and Medicaid Spend Down. Because of today's medical science, we're all living longer lives.

Long-Term Care (LTC): Questions Answered in this class:

- Protecting your money from Medicaid and a Nursing Home
- Reducing your financial and emotional burden to your family
- Do I really need long-term care insurance? Why or why not?
- What are some reasons TO BUY & NOT TO BUY LTC insurance
- How can I compare policies on an "apples to apples" basis?
- Where are the hidden "gotchas" / pitfalls lurking in the fine print?
- Understand your Long Term Health Care Options

Day: Monday

Class Date: November 6

Time: 6:00 - 8:00 pm

Fee: \$15

Location: HS #183

JUST FOR KIDS

YOGA FOR KIDS & TEENS

Course# Fall 17-39

Tammi VonWryeza-Ras

Yoga is great for kids, too! Learn yoga poses, find a new way to breathe and improve posture and take the time to stretch and relax. Research shows that Yoga helps children improve overall health and self-esteem. Come get your yoga on!

Day: Tuesdays (5 weeks)

Class Begins: September 26

Time: 5:00-5:50 pm

Fee: \$35

Location: Middle School Room 124



Youth Swimming

Age restrictions apply to children's swim level as listed below. Children MUST BE the minimum age listed by the start of the first class. Child's birth date must be included on the registration form.

We use the American Red Cross Level 1-6 and the Pre-School program.

Instructors are Red Cross Certified to teach at all levels. Lifeguard is on deck at all classes.

- All children who are not toilet-trained must wear snug fitting pants while using the pool - No regular diapers. Please dispose of soiled diapers in receptacle appropriately.
- Please change your children's clothes in the locker room, NOT on the pool deck.
- District swimming pool is electronically maintained at 78-82 °F.
- Please no eating at least 30 minutes prior to class!

No Classes October 10th and October 31st

Pre-School Beginning Swim

For 3-5 year old, working with a parent in the water. Swimmers will learn songs and games, develop motor skills, and learn important water safety and rules. Comfort in the pool is stressed.

Course# 17-40

Days: Tuesday (6 weeks)

Class Begins: Sept. 19

Time: 5:00-5:30 pm

Fee: \$20

Location: HS Pool

Level 1: Introduction to Water Skills

For ages 5-7; basic personal water safety information and skills as well as learning to feel comfortable in the water. Begin developing good swimming habits and safe practices in and around the water.

Course# 17-41

Days: Tuesday (6 weeks)

Class Begins: Sept. 19

Time: 5:30-6:15 pm

Fee: \$35

Location: HS Pool

Course# 17-42

Days: Tuesday (6 weeks)

Class Begins: Nov. 14

Time: 5:00-5:45 pm

Fee: \$35

Location: HS Pool

Level 2: Fundamental Aquatic Skills

Ages 6+ expands on fundamental aquatic locomotion and safety skills. Learn to float without support and continue to explore simultaneous and alternating arm and leg actions on the front and back to lay the foundation for future strokes.

Course# 17-43

Days: Tuesday (6 weeks)

Class Begins: Sep. 19

Time: 6:15-7:00 pm

Fee: \$35

Location: HS Pool

Course# 17-44

Days: Tuesday (6 weeks)

Class Begins: Nov. 14

Time: 5:45-6:30 pm

Fee: \$35

Location: HS Pool



Level 3 & 4: Stroke Development and Improvement

Learn the survival float, elementary backstroke, and how to coordinate the front crawl. This course covers introduction to scissors kick, dolphin kick, treading water and headfirst entry into the pool. Swimmers will continue to develop confidence in strokes and safety skills.

Course# 17-45

Days: Tuesday (6 weeks)

Class Begins: Nov. 14

Time: 6:30-7:15 pm

Fee: \$35

Location: HS Pool

Level 5 & 6: Stroke Refinement and Swimming/Skill Proficiency

Swimmers will work on refinement of previous strokes. Participants will increase their distances with each stroke and learn flip turns on their front and back. Class will also cover water safety preparation for more advanced courses. This is also a great course for those planning on becoming a lifeguard. (To age 16)

Course# 17-46

Days: Tuesday (6 weeks)

Class Begins: Nov. 14

Time: 7:15-8:00 pm

Fee: \$35

Location: HS Pool

CHILD & BABYSITTING SAFETY (CABS) Course# Fall 17-47 isafety co.

The American Safety & Health Institute will teach students everything they need to be a great babysitter. This fun, interactive course teaches first aid and safety skills so they can prevent and respond to emergencies. As an American Safety & Health Institute trained babysitter, they'll gain confidence and valuable employment skills to impress parents. Targeted for students 11-15 years old. Students who successfully complete the program will receive a babysitter's text, first aid kit, and starter package and certification card.
Day: Wednesday (2 weeks) Class Dates: Nov 8 & 15
Time: 6:00-8:30 pm Location: HS #187
Fee: \$10 registration fee payable to Grand Island Schools

\$49 fee payable to isafety co. at first class

JR. MARINE ENGINEERING (Ages 5-7) STEM Based Classes for Creative Kids! Engineering for Kids

What causes something to sink or float? How can engineers help explore and protect the ocean below? These questions and more are all explored in Junior Marine. In this class, students explore the concepts of marine engineering and mechanics, harnessing the power of water, and discovering designs that help us make the impossible, possible. Children will make a Cartesian diver, paddle boat, sail boat and more!
Day: Thursdays (6 weeks) Class Begins: October 5
Time: 5:00-5:50 pm Location: High School Room 121A
Fee: \$100 Register online at www.efkbuffalo.com

APPRENTICE MARINE ENGINEERING (Ages 8-11) STEM Based Classes for Creative Kids! Engineering for Kids

During the Marine engineering classes, students use the Engineering Design Process to design, create, test, and refine several types of marine based devices and vehicles. Students construct working prototypes that teach and reinforce the concepts of above water transportation, underwater exploration, and harnessing the power of water. Students will create and make Cartesian divers, paddle boats, power boats, and more.
Day: Thursdays (6 weeks) Class Begins: October 5
Time: 6:00-7:00 pm Location: High School Room 121A
Fee: \$100 Register online at www.efkbuffalo.com

KIDSPRAY PC SOCCER (AGES 3 AND 4 + PARENT) Course# Fall 17-48

Whether you are a 3 year old who has an early interest in soccer or a 34 year old looking for a fun way to introduce your child to organized sports, PC Soccer is a perfect fit for you. KidsPlay coaches work in partnership with parents to give young players 1:1 instruction during their initial exposure to the game. Each class begins with 10-15 minutes of individual instruction followed by fun instructional games that parents and children can play together. Class concludes each week with a parent vs child or child vs child scrimmage. Two KidsPlay coaches teach a maximum of 18 children in each class. A KidsPlay T-Shirt is included in the program fee. Please note that PC Soccer is a parent-child activity. An active parent or guardian 18 years or older must accompany a child in each session.
Day: Fridays (7 weeks) Class Begins: September 29
Time: 6:00-6:45 pm
Fee: \$70 Location: Huth Road Gym

KIDSPRAY SOCCER LEVEL I (AGES 4, 5 and 6) Course# Fall 17-49

Soccer is an ideal sport for young players. The game is easy to learn, contains constant activity, and provides plenty of opportunity for players to run and learn skills. Soccer Level I hosts small-sided games and scrimmages allowing for plenty of touches on the ball. Even at introductory levels, our coaches are adamant about teaching basic support and teamwork. No Blob Soccer is allowed! The philosophy of Level I Soccer stresses skill development and learning in a fun and friendly atmosphere. Half of each class is devoted to fun instructional training and games with the remaining half devoted to scrimmage. A KidsPlay T-Shirt is included in the program fee.
Day: Fridays (7 weeks) Class Begins: September 29
Time: 6:45-7:45 pm
Fee: \$70 Location: Huth Road Gym



KIDSPRAY SABRETOOTH HOCKEY (AGES 4-6)

If you have a future Jack Eichel currently hitting a hockey ball around out in the driveway, KidsPlay Floor Hockey is a fun and interesting introduction to hockey during a player's formative years. A safe and fun alternative to traditional ice hockey, KidsPlay Hockey stresses the development of basic stick handling, passing and shooting skills as well as understanding how hockey works. Game rules are modified to heighten skill development and ensure equal playing time for all players. Players use the same equipment as used in school gym class. A mouth guard is the only required equipment needed.

Course# Fall 17-50
Day: Fridays (7 weeks) Class Begins: December 8
Time: 6:00-7:00 pm
Fees: \$70 Location: Huth Road Gym

Course# Fall 17-51
Day: Fridays (7 weeks) Class Begins: December 8
Time: 7:00-8:00 pm
Fees: \$70 Location: Huth Road Gym

KIDSPRAY MONDAY NIGHT NFL FLAG FOOTBALL (AGES 7-10) Course# Fall 17-52

NFL Flag is an excellent alternative to full-contact, full equipment, "6 nights a week" youth football leagues. The game is non-contact football with primary emphasis placed on the development of passing, receiving, running and coverage skills. Games are played 5 on 5 with modified rules to heighten skill development and assure equal playing time for all players. NFL FLAG is not a highly competitive program. Skill development, learning and having fun playing football are our major goals each week. Players meet for 75 minutes each week - a 30 minute training session followed by a 45 minute game against another KidsPlay team. KidsPlay coaches coordinate all practices and games with 4-8 parent coaches providing assistance during training sessions. A NFL team-oriented reversible football jersey and flag belt are included in the fee.

Day: Mondays (6 weeks) Class Begins: September 18
Time: 5:15-6:45 pm
Fee: \$99 Location: Hamilton Elem. Field,
44 Westfall Drive, Tonawanda 14150

SPANISH FOR THE ELEMENTARY YEARS- CULTURE KIDS

Instructor: Culture Kids Teaching Team

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Culture Kids class previously, new vocabulary is introduced with each session - sessions are NOT a repeat. Join the fun! Classes will be held after school at your child's school.

Program fee is \$70.

Register directly through CultureKids, mail-in or online registration at www.culturekidsclub.com. Contact Culture Kids with any questions at 716-523-9538.

Classes start:

Huth Rd. Elementary (Library)

3:05-3:45

Mondays 10/16, 10/23, 10/30, 11/06, 11/13, & 11/20

Kaegebein Elementary (Media Center Room 46)

3:05-3:45

Wednesdays 10/18, 10/25, 11/01, 11/08, 11/15 & 11/29 (no class 11/22)

Sidway Elementary (Computer Lab Room 217)

3:05-3:45

Thursdays 10/19, 10/26, 11/02, 11/9, 11/16 & 11/30 (no class 11/23)



GRADES 10-12

4-Hour SAT BOOT CAMP

Course# Fall 17-53 All-Pro Tutoring & Test Prep.

Get a jump start on your SAT test preparation! This comprehensive course introduces students to the SAT test with emphasis on the new format as well as test-taking strategies, testing information, how to best prepare for the SAT test and practice questions in each subject. 2017 SAT test dates: October 7, November 4 and December 2. Only \$65! Students are welcome to bring a snack or lunch to class.

Day: Tues & Thurs Class Dates: Oct 24 & Oct 26

Time: 6:00-8:00 pm

Fee: \$65

Location: HS Room 187

4-Hour ACT BOOT CAMP

Course# Fall 17-54 All-Pro Tutoring & Test Prep.

Get a jump start on your ACT test preparation! The ACT Test is held in equal esteem as the SAT test by most colleges and universities. This Comprehensive review course introduces students to the ACT test and includes: test-taking strategies, testing information, practice test questions and study materials. 2017 ACT test dates: October 28 and December 9, 2017. Only \$65! Students are welcome to bring a snack or lunch to class.

Day: Mon. & Wed. Class Dates: Nov. 27 & Nov. 29

Time: 6:00-8:00 pm

Fee: \$65

Location: HS Room 187



9-Hour ACT TEST PREPARATION COURSE

Course# Fall 17-55 All-Pro Tutoring & Test Prep.

Did you know that the ACT test is held in equal esteem as the SAT test by most colleges and universities?

This 9-hour review course offers an in depth study of the ACT test. Includes: classroom instruction, test-taking strategies, testing information, practice test, and workbook/study materials including the new writing format. 2017 ACT test dates: October 28, and December 9, 2017. Only \$125! Students are welcome to bring a snack or lunch to class.

Day: Tues. & Thurs.

Class Dates: Oct. 5, 10 & 12

Time: 5:30-8:30 pm

Fee: \$125

Location: HS #187

9-Hour SAT TEST PREPARATION COURSE

Course# Fall 17-56 All-Pro Tutoring & Test Prep.

Are you ready for the SAT test? This 9-hour course offers an in depth study of the SAT test. Includes: classroom instruction, test-taking strategies, testing information, practice test questions, and workbook/study materials. 2017 SAT test dates: October 7, November 4, December 2, 2017. Only \$125! Students are welcome to bring a snack or lunch to class.

Day: Tues. & Thurs. Class Dates: Sept 26, 28 & Oct 3

Time: 5:30-8:30 pm

Fee: \$125

Location: HS Room 187

WRITING the COLLEGE APPLICATION ESSAY

Course# Fall 17-57 All-Pro Tutoring & Test Prep.

Do you want to submit a college application essay that will really hit home with the Admission Office at the college of your choice?

Learn all the fundamentals of a winning essay as well as proven strategies. You will begin to write the college application essay during the class and leave with the confidence and knowledge to complete the process on your own. Summertime is a great time to get started on your college app essay! Only \$55! Students are welcome to bring a snack or lunch to class.

Day: Wednesday

Class Date: October 4

Time: 6:00-8:30 pm

Fee: \$55

Location: HS #187



GRAND ISLAND YOUTH BASKETBALL

- The age of your child on December 1, 2017 will determine the age group
- Due to limited space - the first 40 children to register in each age group will be accepted.
- All children must play at their own age group
- You will not be contacted to remind you of the evaluation date or to confirm your registration - please make note of the date and time for your child.
- Practices will begin on the following dates: Ages 6-8, November 18 (Saturday); Ages 9-10, November 14 (Tuesday); Ages 11-12, November 16 (Thursday)

Ages 6-8 Division

*Games will be played on Saturdays between 12:30 & 2:30 at GIHS

Program Start Date (Evaluation Day)

6 year olds	Saturday, November 4 from 12:30-1:00	High School
7 year olds	Saturday, November 4 from 1:00-1:30	High School
8 year olds	Saturday, November 4 from 1:30-2:00	High School

Cost = \$50

Ages 9-12 Division

*Games will be played on Fridays between 5:30 & 9:30 at Sidway

Program Start Date (Evaluation Day)

9 year olds	Friday, November 3 from 5:30-6:00	Sidway
10 year olds	Friday, November 3 from 6:00-6:30	Sidway
11 year olds	Friday, November 3 from 6:30-7:00	Sidway
12 year olds	Friday, November 3 from 7:00-7:30	Sidway

Cost = \$85

To Register:

Register online at www.grandislandschools.org under Community Education or
Complete and return this form with check payable to Grand Island Schools and mail to:
Grand Island Community Education, 1100 Ransom Road, Grand Island, New York 14072

Parent's Name _____ Address _____

Phone Number _____ Email _____

Student's Name _____ DOB _____ Gender _____

Student's Name _____ DOB _____ Gender _____

Please check below if you would be interested in coaching a team this year.

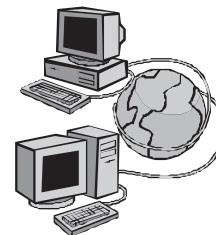
___ Head Coach ___ Asst. Coach

Name _____ Email _____

Phone # _____ Cell # _____

ONLINE COURSES

The following online classes are offered through a partnership with ed2go! These online courses are completed in the privacy of your home at your convenience. The courses start once a month. Each course runs for 6 weeks and consists of 12 lessons. During the dates the classes are offered you can work as many hours and days as you want. The classes are taught by well-screened instructors and are self-paced.



Cost For Each Course: \$84.

Registration Process:

- Mail in your registration along with payment to Community Education and specify your selection for class start date.
- Go online to **www.ed2go.com/gice** and follow the class orientation for the course you have selected.
- Once you have completed your orientation, the Community Education office can verify that payment has been received and you can take the course you have selected.

For additional class offerings not listed below or a more in-depth class description go to **www.ed2go.com/gice**

Medical Terminology Series

Explore a Career in Medical Coding

Introduction to XML

Intermediate Microsoft Word 2013

SAT/ACT Preparation - Part 1

SAT/ACT Preparation - Part 2 Introduction to Journaling

Introduction to Microsoft Excel 2007

Accounting Fundamentals

Creating Web Pages

A to Z Grant Writing

Speed Spanish

Grammar Refresher

Intermediate Microsoft Excel 2007

Introduction to QuickBooks 2010

Beginning Writer's Workshop

Introduction to SQL

Project Management Fundamentals

Computer Skills for the Workplace

Human Anatomy and Physiology

Secrets of Better Photography

Introduction to Microsoft Access 2007

Explore a Career as an Administrative Medical Assistant

Introduction to Java Programming

Introduction to Microsoft Word 2007

Discover Digital Photography

Effective Business Writing

Become a Veterinary Assistant

Accounting Fundamentals II

GED Preparation

Introduction to QuickBooks 2009

Become a Physical Therapy Aide

Photographing People With Your Digital Camera

Introduction to PC Troubleshooting

Advanced Microsoft Excel 2007

Introduction to Networking

Speed Spanish II

Introduction to Natural Health and Healing

Introduction to Visual Basic 2008

Explore a Career in Medical Transcription

Learn to Buy and Sell on eBay

Writeriffic: Creativity Training for Writers

Response to Intervention: Reading Strategies That Work

Introduction to Microsoft Project 2007

Start Your Own Small Business

Achieving Top Search Engine Positions

Explore a Career as a Pharmacy Technician

Introduction to PC Security

Certificate in Gerontology

Grand Island Community Education Registration Form - Fall 2017 (Please Print)

CHILD INFORMATION:

First Name _____ Last Name _____ Date _____
Mailing Address _____ City _____ Zip _____
Home Phone _____ DOB _____ M/F _____

PARENT INFORMATION:

Name _____ Cell Number _____ Work Number _____
Email Address _____
Emergency Contact _____ Relationship _____ Phone Number _____

List Below Courses For Which You Are Registering:

Course	Number	Day	Fee
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

Please Make Check Payable to Grand Island Schools Check # _____ Total \$ _____

This form may be copied for use by other registrants or downloaded at www.grandislandschools.org.

Please give us suggestions for future courses: _____

**Return Form to: Grand Island High School, Attention Community Education Department
1100 Ransom Road, Grand Island, New York 14072**

Grand Island Community Education Registration Form - Fall 2017 (Please Print)

CHILD INFORMATION:

First Name _____ Last Name _____ Date _____
Mailing Address _____ City _____ Zip _____
Home Phone _____ DOB _____ M/F _____

PARENT INFORMATION:

Name _____ Cell Number _____ Work Number _____
Email Address _____
Emergency Contact _____ Relationship _____ Phone Number _____

List Below Courses For Which You Are Registering:

Course	Number	Day	Fee
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

Please Make Check Payable to Grand Island Schools Check # _____ Total \$ _____

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1100 Ransom Road, Grand Island, New York 14072**